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www.terwillegar.org

Issue 75 February 2019

Next submission deadline:

March 15, 2019

Next issue: April 1, 2019

Board Changes & AGM Highlights

By Kathleen Mountford

President, Terwillegar Community League Monte Weber received two awards for his service to the community at the Annual General Meeting. The first was presented by Ricardo Casanova on behalf of the province. Tim Cartmell presented the second award on behalf of City Council. Monte has been a great asset to the community in helping build projects such as the playgrounds and spray park. Monte will be staying on as Treasurer while I have taken over as President. Darlene Reid has stepped in as the Programs person, which is very exciting as she will be a great asset in running our events. Monte has done a lot of work for our community but has been in the President role for his full four years allowed by the bylaws. He encouraged me to take on the President role, which I am grateful for. I have lived in the community for three and a half years and this is my third term on the board. My family and I love the running and walking paths, the many playgrounds available to us, and how friendly our



neighbours are. I think it is important to help in the community as much as you can so that was one of my initial reasons for joining the board. The board is still looking for someone to act as Secretary now that Darlene has switched positions. In addition, there are other



roles available such as Fundraising Aide, Programs Aide, Volunteer Coordinator and we are always looking for people to volunteers for our events.

If any of this interesting please email me at tclpresident@terwillegar.org.





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Community

Make Tax Time Pay

Sharon Gritter

Brander Gardens ROCKS is partnering with E4C to give FREE tax services. The times are Fridays, March 22 and April 26 at 6-8PM, or Saturdays, March 23, April 27 at 10-3PM. Riverbend United Church has kindly donated space for the tax clinic. To make an appointment email, bgrockstone@live.com or call 211 after March 1. You are eligible if: your income is equal to or below the following: 1 person, \$30,000, 2 persons, \$37,000 and each additional person \$3,000. We provide you with information on:

Registered Education Savings Plan (government money for your child), Registered Disability Savings Plan, Leisure Access Card, Bus Passes and Benefits for Seniors. The web-site <https://youcanbenefit.edmonton.ca> is designed to search for social benefits with data from 28 government and nonprofit programs. Volunteers are welcome, although they need to be screened and registered, please contact Sharon. Who is not eligible: MTTP does not do taxes for people who are: Self-Employed, Bankrupt, Deceased and anyone with: Employment expenses, capital gains or losses, Business or

Rental income or expenses, Interest income over \$1,000 and other complex returns.

Brander Gardens ROCKS is a growing collaboration of kids and families, neighbours, community organizations and institutional partners committed to building community capacities and resilience to create a neighbourhood where diversity is celebrated, neighbours know one another, and all kids and families flourish. For more information contact Sharon Gritter at bgrockstone@live.com

Have you renewed your
Community League
Membership?
www.terwillegar.org

ETS

Effective February 1, 2019,
a single cash fare will be
\$3.50.

Prices remain the same for ticket booklets, monthly passes, senior annual passes, subsidized Ride Transit monthly passes, Route 747 monthly passes and the U-Pass for eligible post-secondary students. This ensures ETS passengers receive a larger discount per trip and better value when purchasing ticket booklets or passes.

Children (0 - 12)

Free when accompanied by a fare-paying adult. Children not accompanied by an adult must pay cash fare or a youth ticket.

Youth (13 - 17)

Cash \$3.50
Ticket (book of 10) \$23
Monthly Pass \$75

Adult (18 - 64)

Cash \$3.50
Ticket (book of 10) \$26.25
Monthly Pass \$97

Senior (65+)

Cash \$3.50
Ticket (book of 10) \$23
Monthly Pass \$15.50
2019/2020 Annual Pass
(effective April 1, 2019) \$136.50
2019/2020 Annual Pass - Low Income
(effective April 1, 2019) \$59.25



Other Fare Information

Day Pass \$9.75
Post-Secondary Monthly Pass \$88.50
CNIB Free when displaying CNIB ID when boarding

Fare Programs

ETS has many programs that provide reduced fare for groups of Edmontonians.

Ride Transit - The Ride Transit Program offers a monthly transit pass to eligible low-income Edmontonians at a subsidized rate of \$35/month.

PATH - Providing Accessible Transit Here (PATH) provides free monthly transit passes to individuals who are homeless or are at high risk of homelessness.

Senior Annual Pass - Residents of Edmonton, 65 years of age and older qualify for an Annual Pass.

U-Pass - U-Pass provides eligible students at participating institutions unlimited travel on ETS and participating regional providers.

Edmonton International Airport (Route 747) - Route 747 is Edmonton Transit's direct service to the Edmonton International Airport.

All transit users must pay a cash fare or be in possession of a valid transfer, ticket or pass as proof of payment to ride ETS. Failure to do so can result in a fine of \$250.

February Service Changes
Starting Sunday February 10, there will be minor schedule adjustments on more than 30 bus routes to improve service efficiency, reliability and connections. Plan ahead by double checking your arrival and departure times.

Community

An Update From Your Member of Parliament

Matt Jeneroux

Happy New Year. I wish everyone a healthy and prosperous 2019.

I'm excited to announce that once again we'll be accepting nominations for our annual MP Youth Leadership Awards. I launched these awards in 2016 as a way to recognize the work and leadership of our youth in Edmonton Riverbend in response to the tremendous outpouring of support during the Fort McMurray wildfires. There are two age categories for the awards: Grades 7-9 and Grades 10-12. If you know a young person who has shown leadership in our schools or our community, I ask that you nominate them for an award. The deadline for nominations is March 31, 2019 and you can submit the nomination using the electronic form on my website at www.mattjeneroux.ca.

We're also starting the year with many uncertainties, which will be an immediate area of focus for Parliament, the biggest one being pipelines and the Trans Mountain Expansion Project. The government, which bought the pipeline for \$4.5 billion more than six months ago, still has not indicated a specific construction timeline with consultations with First Nations communities along the pipeline route expected to wrap up in the spring. In the meantime, and as many of us are aware, Alberta is losing millions of dollars a day because of our inability to get oil to new markets. In December, Western Canadian Select sunk to record low prices. I've prepared a more in-depth analysis of the energy sector situation on my website at www.mattjeneroux.ca/oil-prices.

Thank you to everyone who completed our recent survey on the impact of Statistics Canada decisions regarding our privacy. I appreciate all the responses. I recently circulated a survey on the deficit, which is estimated to be more than \$30 billion by 2020. I am always interested in our

community's opinions on these important issues so I can ensure I'm best representing our community in Parliament. Please feel free to send your thoughts back. I have also recently created a more detailed analysis of ongoing issues at www.mattjeneroux.ca/issues-tracker.


As always, if you have any comments or require assistance with a federal matter, please contact my Edmonton office at 780-495-4351 or matt.jeneroux.c1@parl.gc.ca. We would be pleased to assist you.

MP YOUTH LEADERSHIP AWARD

The MP Youth Leadership Award for 2019 is open to outstanding young leaders in your schools in one of two categories: Grades 7-9 and Grades 10-12.

The MP Youth Leadership Award is an opportunity to recognize students in Edmonton Riverbend who have shown outstanding leadership in their school or community, and to award their achievement.

To nominate an outstanding young leader in your school, please visit my website or contact my office.






JENEROUX MP


EDMONTON RIVERBEND

Suite 204 596 Riverbend Square
Edmonton, Alberta T6R 2E3

Matt.Jeneroux.C1@parl.gc.ca
www.mattjeneroux.ca

PH: 780-495-4351
FX: 780-495-4485





Looking for a LOW-KEY way to volunteer?

Your community newspaper is looking for:

For only a *few* hours every *few* months you can be in the know, network in your community, or practice your hobby.

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Please contact editor@terwillegar.org

Community

SWEFM Update



By Christie Anderson, Market Manager

The 2019 outdoor farmers’ market season is just over three months away, and we on the SWEFM team are super excited to get rolling with the 9th season of our fabulous community market. We have a ton of special events and theme days for you this year, including Seniors’ Day, bouncy castle days, a Corn-fest, Bee Day, and monthly “Artisan Alley” days where we will have additional crafters & non-food vendors set up in a special row. The request for more crafts, art, and handmade products was heard loud and clear, and we hope that you will come out to support & enjoy the creativity of our wonderful artisans. The calendar for all events will be posted in May, so stay tuned!

If you are looking to start your own small business (and you make, bake, or grow your own products), consider joining our market full-time or part-time this season! We are accepting Vendor Applications up until March 31st for our main market schedule. Although we do accept applications on a wait-list basis all season, we highly encourage all potential vendors to apply by the cut-off date, as many categories fill up very quickly. We have an online application process this year, to make the process even simpler. More information & the application form can be found at: www.swefm.ca/become-a-vendor

We are pleased to be hosting year two of our Young Vendors’ program. This no-cost program allows young entrepreneurs aged 13-17 to have a chance to sell their self-made products at the SWEFM. Depending on demand, would-be Young Vendors can book one or several dates throughout the regular season. Check www.swefm.ca and click on the “Young Vendors” tab for all the details!

The Southwest Edmonton Farmers’ Market is located at the Terwillegar Recreation Centre parking lot, and will run from 4-7:30pm every Wednesday from May 15th – Oct. 2nd , rain or shine. See you in a few months!



OUTDOOR GAMES
& ACTIVITIES 3-5PM



FAMILY FRIENDLY MOVIE
& PIZZA 5-7:30PM

FAMILY DAY

Monday, February 18 | 3 – 7:30 PM

Behind Terwillegar Community Church
(Outdoor activities may be limited or cancelled if temperature drops below -15°C)



www.terwillegar.org
group: terwillegar community league
event page: tclevents



TCL Family Day

February 18, 2019

Movie: Ralph Breaks the Internet

Dinner: Panago Pizza

Outdoor Activities to include:
Tug of War
Soccer with a Giant Soccer Ball

And Much More!



Community

Riverbend Public Library

Find Family Day fun, Spring Break specials, and learn about a secret New York subway this month at the library!

Family Day

Monday, February 18 is Family Day, and the library is open for fun. Join us for our first Family Day Film-making Festival!

Whether you want to rock the red carpet in your "haute" creation, trash the runway in a DIY creation or learn all about what goes into creating a movie, there's so much fun in store this Family Day!

Library locations will be open from 1:00 pm - 5:00 pm. Here are some of the free activities you can enjoy at the Riverbend Branch Library (460 Riverbend Square).



Drop-In Activities
1:00 p.m. – 5:00 p.m.

Embrace your cinematic creativity with all our awesome film-themed activities. Explore all of our unique and exciting activities - like movie making and screenwriting - that the whole family can enjoy.

Puppet Adventures
3:00 p.m. – 4:00 p.m.

Puppets were used in theatre way before there was film. Join our master puppeteers as they share stories of family, tricksters and spring! Then, create your own shadow puppet to tell your personal family story.

Contact the friendly staff at the Riverbend Library (780-944-5311) with any questions.



Have a contest idea?
Terwillegar Community League would love to hear it.
Email: tclpresident@terwillegar.org
or
editor@terwillegar.org

School Open Houses

Edmonton Catholic Schools Open Houses
For more open houses please check www.ecsd.net

Elementary School:
MONSIGNOR WILLIAM IRWIN
2629 Taylor Green NW • ph: 780 430-1121
Open House: February 21 at 6:30 pm

Elementary/Junior High School:
ARCHBISHOP JOSEPH MACNEIL
750 Leger Way NW • ph: 780 471-4218
Open House: (K) January 31 at 6:30 pm & (Gr. 7-9) February 20 at 7 pm

Junior/Senior High School:
LOUIS ST. LAURENT
11230 - 43 Avenue NW • ph: 780 435-3964
Open House: February 21 at 7 pm & (MYP IB) March 13 at 7 pm

Senior High School :
MOTHER MARGARET MARY
2010 Leger Rd NW • ph: 780 988-2279
Open House: March 6 at 7 pm

Edmonton Public Schools Open Houses
For more open houses please check: www.epsb.ca

ESTHER STARKMAN SCHOOL (K-9)
2717 Terwillegar Way NW
Open Houses:
•General Open House
Thu. Mar. 21: 6:30 - 8PM
•Kindergarten Open House
Wed. Mar. 20: 6 - 7PM

HARRY AINLAY SCHOOL (10-12)
4350 111 St NW
Open Houses:
•General Open House
Thu. Mar. 7: 6 - 8PM
•French Immersion Program Open House
Tue. Feb. 5: 6 - 7PM
•International Baccalaureate Program Open House
Tue. Feb. 5: 7:30 - 8:30PM

LILLIAN OSBORNE SCHOOL (10-12)
2019 Leger Road NW
Open Houses:
•General Open House
Thu. Feb. 21: 7 - 9PM
•International Baccalaureate Program Open House
Thu. Feb. 21: 7 - 9PM

NELLIE CARLSON SCHOOL (K-9)
4110 MacTaggart Drive NW
Open Houses:
•Kindergarten Open House
Tue. Mar. 5: 6:30 - 7:30PM
The classroom will be open from 6:30-6:50 p.m. The presentation will be in the library from 7:00-7:30 p.m.

STRATHCONA SCHOOL (10-12)
10450 – 72 Ave. NW
Open Houses:
•General Open House
Tue. Mar. 5: 7 - 9PM
•Advanced Placement Program Open House
Thu. Feb. 7: 7 - 9PM
•German Bilingual Parent Information Evening
Tue. Feb. 12: 7 - 9PM

VERNON BARFORD SCHOOL (7-9)
32 Fairway Drive NW
Open Houses:
•General Open House
Thu. Mar. 14: 7:15 - 8:45PM

Community

TRAC Update



Karin Shott

The Terwillegar Riverbend Advisory Council had their last meeting on Wednesday, January 16th, at Lillian Osborne High School with updates from the Southwest Edmonton Farmers' Market (SWEFM), the EFCL Area H Rep, the Brander Gardens ROCKS Program, our Riverbend Librarian, our Neighbourhood Resource Coordinator (NRC), our Ward 9 City Councillor, as well as the community representatives.

Community league memberships for all 8 community leagues in Area H are available at the TRAC Community Office which is conveniently located in the Terwillegar Community Recreation Centre. The office hours are:

- Tuesdays & Wednesdays: 9:00 am – 3:00 pm
- Thursdays: 4:00 – 9:00 pm
- 1st Saturday of the Month: 10:00 am – 2:00 pm

Please note: Cash or Cheque are the accepted method of payment.

Membership applications and cheques made payable to the applicable community league may also be dropped off in the mailbox beside the TRAC Office. Your membership card and skate tags (if requested) will be mailed out the next business day.

Outdoor Soccer Registration/ Payment sessions will be held Saturday, February 9th, 16th, & 23rd, 2019. For more information, please check www.trsa.ca. A current community league membership is required to play soccer. Check your membership card to see if it is still valid. All community league memberships expire August 31st.

Fees collected from membership sales provide much needed funds for community leagues to accomplish their mandate of improving the community and the quality of life for all residents.

"The best way to create the type of community you want to live in, is to get active and get engaged with your neighbours and with your league. When we all work together, we create safer, healthier and more enjoyable neighbourhoods – ones we are proud to call ours." – Edmonton Federation of Community Leagues

"The TRAC Messaging System is a part of a network of email groups in the Terwillegar/ Riverbend/ Windermere area that reaches over 1600 residents, announcing community events and bringing crime alerts and updates to the attention of all of us! This significantly improves our awareness and our sense of community and with the help of Sgt. Larry Langley of the EPS, we are able to utilize this network to reduce crime and bring justice to those that choose to do harm to our area".

It's easy to sign up – just go to www.tracspirit.ca, click on "To become a TRAC VIP Member and receive important e-mails

from TRAC, click here". If you are legitimate, you will be registered and receive a confirmation email.

The date has been set for the 2019 TRAC Community Run! Mark your calendars for Sunday, May 26th, 2019. We are always in need of volunteers to make this annual community event such a successful event. Please contact the TRAC Community Office at tracmail@tracspirit.ca or by calling 780-439-9394 if you are interested in being part of the event or would like more information.

Mark Your Calendar For These Upcoming Events:

- Wednesday, March 20th, 2019: TRAC Meeting
- Wednesday, April 24th, 2019: *TRAC AGM
- Wednesday, May 15th, 2019: Opening day for SWEFM
- Sunday, May 26th, 2019: 14th Annual TRAC Community Run

Save the Date!



14th Annual TRAC Community Run Sunday, May 26, 2019 www.tracspirit.ca



COMMUNITY LEAGUE MEMBERSHIP HAS ITS BENEFITS

By becoming a member of your Community League, you have demonstrated your commitment to your community. To honour your commitment and support your families' health and well-being, the Edmonton Federation of Community Leagues has teamed up with the City of Edmonton to form the Community League Wellness Program. Current Community League members receive admission incentives to enjoy the City's world-class sports and recreation facilities.

All current members of an Edmonton Community League with a valid membership card are eligible to participate in this program.

HOW THE PROGRAM WORKS

Present your valid Edmonton Community League membership card, showing expiry date (payment receipts will not be accepted) at any one of the City of Edmonton's sports and fitness facilities. Choose from the following Community League Wellness Products:

- **Annual Pass – Community League members receive a 20% discount on Adult, Family, Child, Youth and Senior Annual Passes.**
- **Continuous Monthly Pass* – Community League members enjoy a 20% discount off the Continuous Monthly Membership Program using our convenient Pre-Authorized Debit Program.**
- **Multi Admission Pass – Community League members receive a 15% discount on our already discounted multi admission pass (starting at 5 visits).**

Community League members who purchase the above passes will be issued a photo access card which is to be swiped at each admission.

*Members will be asked to verify their eligibility for the discounted membership on an annual basis.
Failure to do so may result in a suspension of the discounted membership rate until valid documentation is presented.

WHY CHOOSE THE CITY OF EDMONTON?

Attractive admission discounts, convenient locations across the City, flexible payment plans, and professional staff combined with our world class facilities, equipment and programs are why many Edmonton employers choose the City of Edmonton as their fitness provider.

FACILITIES AND AMENITIES

Swimming pools, whirlpools, fitness studios, cardio areas, weight rooms, racquetball, squash and tennis courts, indoor running tracks, gymnasiums, cafeterias and pro-shops. Hours of operation from 5:30 am to midnight (hours vary according to facility). For more information please call 311 (if outside of Edmonton 780-442-5311).

- | | |
|---|---|
| ■ ACT Aquatic and Recreation Centre 2909 – 113 Avenue | ■ Mill Woods Recreation Centre 7207 – 28 Avenue |
| ■ Bonnie Doon Leisure Centre 8648 – 81 Street | ■ Commonwealth Community Recreation Centre 1100 Stadium Road |
| ■ Central Lions Seniors Centre 11113 – 113 Street | ■ O'Leary Fitness and Leisure Centre 8804 – 132 Avenue |
| ■ Confederation Leisure Centre 11204 – 43 Avenue | ■ Outdoor Pools (open during summer months) |
| ■ Clareview Community Recreation Centre 3804 – 139 Avenue | ■ Peter Hemingway Fitness and Leisure Centre 13808 – 111 Avenue |
| ■ Eastglen Leisure Centre 11410 – 68 Street | ■ St. Francis Xavier Sports Centre 9240 – 163 Street |
| ■ Grand Trunk Fitness and Leisure Centre 13025 – 112 Street | ■ Terwillegar Community Recreation Centre 2051 Leger Road |
| ■ Hardisty Fitness and Leisure Centre 10535 – 65 Street | ■ The Meadows Community Recreation Centre 2704 17 Street |
| ■ Jasper Place Fitness and Leisure Centre 9200 – 163 Street | ■ Scona Pool 10450 – 72 Avenue |
| ■ Kinsmen Sport Centre 9100 Walterdale Hill | |
| ■ Londonderry Fitness and Leisure Centre 14528 – 66 Street | |

More Informtaion at 780-944-7572 or CorpSales@edmonton.ca



I'm Too Big For It Sale

Terwillegar Community League's Semi Annual Sale

When: Saturday, April 6th 10:00 a.m. - 1:00 p.m.

Where: Terwillegar Community Church
1751 Towne Centre Boulevard

Vendor Tables are now available!

Additional information and vendor application available at www.terwillegar.org

Check us out on Facebook!



Search:
“Terwillegar Community” League” under groups

Community

How Does The Terwillegar Towne Homeowners Association Benefit You As A Homeowner?



It’s that time of year again when your HOA fees are due. What is a Homeowners Association you may ask? The TTHOA is a not for profit organization integral in maintaining the beauty and splendor of Terwillegar Towne. Your HOA membership is compulsory upon ownership of a property within our boundaries. We ensure that architectural controls are upheld, all common property is maintained year round and the necessity for additional amenities is surveyed. Should City owned property require attention, we communicate with our contacts at the City of Edmonton to address problem areas.

Terwillegar Towne is a unique neighborhood that attempts to replicate a distinct period in time with specific architectural design. Similar homes are found in Fort Edmonton Park, each complete with detail, whether that may be decorative mailboxes, craftsman style doors or other intricate details reflecting the style from that specific era. The TTHOA is critical in maintaining Terwillegar Towne’s beautiful architecture – a modern glass house concept while lovely, is perhaps not a suitable addition to our charming Towne.

Take a stroll through a community that does not have a HOA and you will likely discover that fences are falling apart, the neighborhood looks neglected and property values diminish as a result. HOA’s ensure that your wonderful community looks uniform, fresh and vibrant.

We work diligently to help complete projects that enhance the neighborhood & often partner with the Terwillegar Community League to ensure that we address the need for desired facilities such as playgrounds, skate parks, rinks and additional features.

We are in love with our community & hope to maintain the integrity & style of Terwillegar Towne for years to come.

Please visit us at www.terwillegartowne.org for more information.

The logo for "The Swimming Specialist" features a stylized swimmer in a blue silhouette, with the text "The Swimming Specialist" in a bold, sans-serif font below it.

The Swimming Specialist
Private Swimming Lessons – All ages and skill level
Terwillegar Community Recreation Center
Text - **Susan Hawke** – 780-819-8835
E-mail – ttownemom@shaw.ca
Facebook – Messenger

Looking for a LOW-KEY way to volunteer?

Your community newspaper is looking for:
writers, photographers, area representatives

For only a *few* hours every *few* months you can be in the know, network, or practice your hobby.

No prior experience required
JUST ENTHUSIASM!

Please contact editor@terwillegar.org

The logo for Snow Valley Edmonton features a stylized blue mountain range with a snow-covered peak and the text "snowvalley EDMONTON" in a blue, sans-serif font.

Snow Valley offer to Community League Members

Snow Valley is offering 15% off a family day pass (\$119.00) and day rentals (\$50.00 if required) to any valid EFCL **Family Members only**.

This year the benefit would equate to a maximum of \$25.35 + GST for a family day pass and rentals.

The offer will be valid from opening day in mid-November to closing day after mid-March (weather dependant).

Members must produce their physical EFCL “**Family Membership**” card with photo ID. No cash value.

Cannot be combined with any other offer or coupon.

A colorful illustration of a ski resort. It shows a blue sky, snow-covered mountains, and a winding ski run. Several people are depicted skiing and snowboarding down the slope. There are also small evergreen trees and a ski lift visible in the background.

Food Bank Fridays

Bring an item for the Food Bank, and get to ski for \$10 from 3 pm – 9 pm.

Community

Community League Membership Benefits



A new benefit of having a Terwillegar Community League membership is free access to the Edmonton Tool Library! Starting January 2019, Terwillegar Community League has purchased a community membership to the Edmonton Tool Library. Terwillegar members who show their Terwillegar Community League membership card can rent tools without paying the annual Tool Library membership fee! Visit Edmontontoollibrary.ca for location, hours and inventory.



Acclaimed! offers community league members a 10% discount on furnace and duct cleaning services (with the exception of the \$19.95 Material and Waste Handling Fee, which is not discounted). Must mention discount at time of booking and CL membership card must be shown to the technician at the time of the cleaning. Discount cannot be combined with any other offers or discounts.



Reduced rates to City of Edmonton recreational facilities through the Community League Wellness Program which offers the following discounts:

Annual Membership - 20% discount on Adult, Family, Child, and Youth/Senior Annual Memberships.

Multi Admission Pass* - 15% discount on already discounted multi admission pass (5+ visits) *Applies to new purchases only.

Continuous Monthly Membership - 20% discount on an on-going monthly membership.



Show your Community League membership card, mention Edmonton Federation of Community Leagues (code 057EFCL) and receive wholesale pricing at any Cloverdale Paint location.



House of Wheels is Alberta's largest indoor skatepark for scootering, skateboarding, BMXing, etc. They are dedicated to ensuring anyone can find and enjoy the world of action sports in a fun and supervised indoor site. Perfect for our city's long, cold winters. Located on 88th street, just off the Whitemud.

Show your Community League membership card for a 10% discount on pass prices. Check houseofwheels.ca or [Facebook.com/houseofwheelsab](https://www.facebook.com/houseofwheelsab) for extended holiday hours for December 2018.



Orbis Sports has a number of offers available. Click, book or call for more information.



Promo code: EFCL18

Receive up to a 35% discount when you purchase urban poles through our annual membership supplies order.

Urban poles can be rented from the EFCL office starting at \$30 per pair plus a damage deposit. For more information on rentals, visit the League Walking page.



The University of Alberta's Academic Ancillary Services, Learning Services supports Edmonton community leagues.

Software application training at the Technology Training Centre

Receive a 25% discount off Microsoft and Adobe courses. Learn to use MS Excel, create great designs in Adobe Indesign, or learn to work smarter with Outlook or Google Apps. The Technology Training Centre has amazing instructors to help you learn to be more efficient in all your computer work. See our course listings at ualberta.ca/technology-training. When you register select Edmonton Community League Member as the registration type. The discount will be applied. You will be asked to show a valid community league membership when you attend the training.

Email training@ualberta.ca or call 780-492-1397 to learn more about the training options available or to discuss group training.

Poster and Banner printing at Campus Design and Print Solutions

We are offering community league members a 10% discount on the large format printing. Services include:

- Research and advertising Posters
- Retail Displays Banners
- Flex Faces & Building Wraps
- Decals, Window Graphics & Wall Murals
- Vehicle Decals & Vehicle Wraps
- Outdoor Advertising
- Trade Show Displays
- Print & Cut Adhesive Vinyl
- Dry Mounting and Lamination

Email print@ualberta.ca or call 780-492-1397 for a consultation and to learn more about the services we offer.

U of A crested clothing, and branded promotions from the U of A Bookstore

Visit the U of A Bookstore and show your community league membership to receive a 10% discount on clothing and giftware, or visit our website and let us ship the product right to your door. Add the code EFCL10 to the special offers codes during checkout and receive your discount.

Contact the Bookstore special orders for preferred pricing to community league members on promotional products,


your pet • your store

PRESENT THIS COUPON AND

SAVE
\$5

on your next purchase of \$25 or more
at Pet Valu Windermere Crossing*


your pet • your store

1141 Windermere Way SW, Edmonton
780-989-9926

*Valid at Pet Valu Windermere Crossing (1141 Windermere Way SW, Edmonton). Based on regular priced merchandise. Cannot be combined with any other coupon or offer. Basket total must be equal or greater than \$25.00 before taxes to redeem. Must be presented to receive discount. One discount per customer. Not valid for donations or on purchase of gift cards. Valid until April 1, 2019.

1 Albertan Is Diagnosed With
Radon-Induced Lung Cancer
Every Day.

HAVE YOU TESTED YOUR HOME
FOR RADON GAS?


RADON GAS
REMOVAL SYSTEMS INC.
780-962-0436

FREE TESTING



Thank you
to our volunteers!

Want to learn more?
www.terwillegar.org

Interested in trying your hand at writing?

Are you an artist and want to share your
creations with the community?

The Terwillegar Tribune is circulated to 8000+ homes
as well as local businesses in the area & we are always
looking for local content to feature. Contact the Editor
by email at editor@terwillegar.org to learn more
about how you can get involved with your community
paper.

YOU GOT A
   GUY
SERVICES

For all your plumbing, heating and
air conditioning needs, call or text
587-400-9749
or email
admin@yougotaguy.ca

YOUR #1 LOCAL
MECHANICAL
COMPANY

Community

Healthy Eating Recommendations

Healthy eating is more than the foods you eat. It is also about where, when, why and how you eat.

- Be mindful of your eating habits
 - Take time to eat
 - Notice when you are hungry and when you are full
 - Cook more often
 - Plan what you eat
 - Involve others in planning and preparing meals
 - Enjoy your food
 - Culture and food traditions can be a part of healthy eating
 - Eat meals with others
- Make it a habit to eat a variety of healthy foods each day.
- Eat plenty of vegetables and fruits, whole grain foods and protein foods. Choose protein foods that come from plants more often.
 - Choose foods with healthy fats

- instead of saturated fat
- Limit highly processed foods. If you choose these foods, eat them less often and in small amounts.
 - Prepare meals and snacks using ingredients that have little to no added sodium, sugars or saturated fat
 - Choose healthier menu options when eating out
 - Make water your drink of choice
 - Replace sugary drinks with water
 - Use food labels
 - Be aware that food marketing can influence your choices

For more information about the new food guide go to....

<https://globalnews.ca/news/4873598/new-canada->



Fitness And Nutrition - Making Changes That Last

By Rachel Hallett, AFLCA/
YMCA Group Fitness Instructor,
200 hr Yoga Teacher and Food
Nutrition Manager

Most of us want to make changes to be healthier but the information can be overwhelming. The fitness and nutrition industry is a multi-million dollar one and there seems to be new fads created all the time. How do you wade through the information and find a way to be healthier that will stick?
Here is a list of questions to ponder when setting goals

1. Talk to your doctor and have a medical to make sure no health concerns
2. Ask why and how it benefits you
3. Think about what you enjoy and if there is some way to tie it in (nature walks, Zumba or a dance class if you like music, Pilates if you want to strengthen your core)
4. Find a time and location that is convenient, on the way to or



from work or close to home (or even at home)

5. Set a tiny goal. Many of us have go big or go home personalities which ends up leaving us exhausted or injured. You do not have to do everything at once. Try to do one thing once a week to get started. Stick with it for 8 weeks then consider adding a 2nd thing.
6. It takes about 8 weeks to make a habit so commit to the 8 weeks
7. If you have a set back, know that you can keep going and your fitness will not disappear in 2 weeks or a month, the sooner you get back, the sooner it becomes a habit

8. If you are new to exercise, and especially if you plan to attend group fitness classes (bootcamps, Zumba, strength classes etc.) consider booking a few sessions with a personal trainer. Ask them to go over popular exercises such as squats with and without dumbbells, Lunges, Rows (upright and regular) Flys (bench and reverse), overhead press, plank and dead lifts.
9. If you do attend classes, the first couple can be overwhelming and it may seem like everyone else knows what they are doing and you do not belong. You do belong and every person in the class started with the same feelings. Arriving early and letting the instructor know is a good idea and they can help support you.

10. Walking has many benefits so starting with a simple goal of walking 5 min a day is a great place to start. Add a couple minutes to 3 walks a week and eventually you will be walking for 30 min 3 times a week.

11. For nutrition, most of us know what foods are healthy. Make a point to add more healthy foods (anything in a natural state). Start by just adding one healthy food each day. Focusing on what you can eat and how it will help your body will be met with more success than cutting out foods you enjoy!
12. Drink Water. Our body is 80 percent water and our thirst signal is very similar to hunger signal. Water can be flavored with cucumber or lemon or in tea or soup.
I hope these tips/questions to ask help with wading through the mass of information out there!

Kids Zone - Coloring Contest



Valentines Coloring Contest

Name: _____	All entries must be received by March 10th. Please note: one entry per child. The contest is open to residents of the following areas: Terwillegar, Magrath, South Terwillegar, and MacTaggart.
Age: _____	
Address: _____	Age categories are: 2-4; 5-7; and 8-11. Prizes awarded to first place & runner up of \$25.00 & \$10.00 gift certificates for Toys R Us
_____	Entries should be mailed to:
Phone: _____	Terwillegar Community League
_____	PO Box 36508
Email _____	RPO MacTaggart Edmonton, AB T6R 0T4

Kids Zone - Word Search



ST. PATRICK'S DAY CROSSWORD PUZZLE



The crossword puzzle grid consists of white squares for letters and empty spaces. The numbered starting points are: 1 (top right, vertical), 2 (top center, vertical), 3 (top center, vertical), 4 (top center, horizontal), 5 (middle left, horizontal), 6 (middle left, horizontal), 7 (middle right, horizontal), 8 (middle, vertical), 9 (middle left, horizontal), 10 (middle right, vertical), 11 (bottom center, horizontal), 12 (bottom left, horizontal), and 13 (bottom center, horizontal).

Across

- 4. capital of Ireland
- 5. a type of Irish dance
- 7. if you do not wear green on March 17 this will happen
- 9. the day St. Patrick's Day falls on
- 11. the national emblem of Ireland
- 12. yellow and blue make _____
- 13. from Ireland

Down

- 1. the 3rd month of the year
- 2. good fortune
- 3. nonsense or misleading talk
- 6. called the Emerald Isle
- 7. a starchy vegetable
- 8. a sprite
- 10. 4 leaf _____

MYUNENTITLEDLIFE.COM



Community



You love 'em in the summer, but did you know that there are Winter Green Shack Programs too? They're run just the same as the summer green shack activities, with a qualified and enthusiastic leader helping kids have lots of active and creative fun. Kids are encouraged to participate by suggesting games and activities they love.

The program is designed for kids 6-12, but younger kids can join in as long as an adult sticks around to supervise. Green shack programs will run during inclement weather, but may be cancelled if weather turns severe. Winter Green Shack Programs run from January 5 to March 29. Programming is offered Mondays through Thursdays from 3:30 pm to 6 pm and Saturdays from 1 pm to 5 pm. Use the link below to find out where and when the program runs in your community.

Winter Green Shack Programs:

When: January 5 to March 29, 2019

Time: Mondays to Thursdays 3:30 pm – 6 pm; Saturdays 1 pm – 5 pm

Where: various sites throughout the city

Phone: 311

Website: www.edmonton.ca



TRSA OUTDOOR REGISTRATION 2019

Saturday, February 9th 10:30 am - 2:30 pm
Riverbend Community League /Hall
(258 Rhatigan Road East)

Saturday, February 16th 10:30 am - 2:30 pm
Constable Daniel Woodall School
(315 Windermere Road)

Saturday, February 23rd 10:30 am - 2:30 pm
Nellie Carlson School
(4110 MacTaggart Drive)

Phone: 780-437-1331
www.trsa.ca



chiu/agostinis media © 2018



YEGYouth Drop-In Program at the Terwillegar Community Recreation Centre



Come hang out with our YEGYouth staff at the Terwillegar Recreation Centre Wednesdays afternoons. We will be offering a hang out space, gym time, board games, arts and crafts and more. This is a free drop-in program for youth ages 13-17.

Programs begin the week of September 10, 2018 and continue till mid June 2019

Wednesdays, 4:15-7:15pm - Terwillegar Recreation Centre

Little Aspen Playschool

Accepting registrations for the 2019/2020 school year
Starting Feb 19-22 @ 6am



Our two experienced and dedicated teachers create a safe learning environment for 3-4yr olds with familiar routines, songs, crafts, stories and free play indoors and out. We offer involvement without in-class duty days and no obligatory fundraising. Find out why families keep choosing Little Aspen Playschool.

Visit www.littleaspenplayschool.com for more information
or contact registrar@littleaspenplayschool.com

Community

TCL Holiday Sale

On Saturday, December 8, Terwillegar Community League had our second annual TCL Holiday Sale at the Terwillegar Community Church. This year we had over fifty local vendors and businesses come showcase their craft and goods in our community. This community and this city is exceptionally talented; Terwillegar saw a wide range of gorgeous handmade ornaments, jewellery, and other festive home decor. Festive goods aside, we also had adorable baby and children clothes, as well as art and homemade beauty products. A huge thank you to all the vendors that participated and made the event a success, this fundraiser would not have happened without you. Gratitude is also due to the volunteers who braved the cold and wind to spend the whole day at the sale, the donation of your time and hard work is greatly appreciated. Most importantly, thank you to everyone who came to check out the sale and support the community. The money raised from the event will be put directly towards our many community projects. If you didn't catch the sale this time around, we will see you at next year's sale! Hope everyone had a lovely holiday season, and a smooth start to the new year.



Registration

for the 2019 - 2020 school year opens online on


Monday, February 25, at 9:00 a.m.

Terwillegar Community Preschool (TCP) offers provincially licensed preschool programs for 3 & 4 year old children at Terwillegar Community Church on Towne Centre Boulevard, right in the heart of the community.



To find a list of days and times that classes run or for more information please visit:

www.tcchurch.ca

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for details

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Seniors

News for 55+

SWESA stands for SouthWest Edmonton Seniors Association. SWESA was formed to reflect the needs of people 55 and older in southwest Edmonton. Their goal is to provide social, cultural, and recreational programs and services that enhance your enjoyment of life.

www.swedmontonseniors.ca

By Carol Vaage

SouthWest Seniors Association (SWESA) Offering Peace of Mind and Convenience to Southwest Seniors

Clack, clack, clack. I read a book the other day that described the sound of the typewriter and it brought back the memory of typing classes in high school. That old manual Remington had such a satisfying sound when you returned the carriage. We used carbon paper for copies. Then came the electric typewriter with whiteout. The first computer I had used a split screen and I had to have my file card with instructions nearby in order to operate it. Now we have the fastest, lightest and smallest computers. Many of us will remember the phones from our childhood. My Granny had a big wooden wall phone that had a crank on the side, which connected to the operator. On the farm where I grew up, we had a party line and knew our own ring, but could also hear the 'rubbernecks' who could also pick up their phones and listen to our conversations. From single line rotary dial phones, to push button phones, to portable land lines, to cell phones, to smart phones. I watched a video the other day of two young men given a rotary phone to try to figure out how it worked. It seemed to take them forever to figure out that you couldn't just press the num-bers, but actually had to insert your finger and pull the number all the way around.

Our generation has seen a huge change with technologies - from tube radios, to transistor radios, to Alexa or Apple Music, or Satellite radio.

"The only thing that is constant is change."
-Heraclitus

What a joy it was to be able to search for information with the ease of typing in a word or two compared to hours of searching in the card catalogue or walking between the shelves in the library to find what you wanted. Now we just ask Alexa or Siri and answers are instantaneous. The movie theatre used to cost 15 cents for admission and 10 cents for a bag of popcorn. The Lone Ranger and Roy Rogers were the hits of the day. Now we can view thousands of movies anywhere on our phones, tablets, iPads, computers or big screen TVs. Some of us have tried to keep up with the accelerated progress of technology and others of us have thrown up our hands choosing a more simplified way to live. One thing is true though, 15 years ago, the Internet was a way to escape from the real world. Today the real world is an es-cape from the Internet. (Anonymous)

SWESA is moving into a new phase using technology to ease the load on our volunteers.

The MySeniorCenter is a complete system that will safely monitor our members and the classes they've enrolled in or whether they are just visiting. The statistics generated by this computer system will help us apply for grants. Our front desk volunteers will be there to assist any of our members on how to use the system and it is very user friendly.

SWESA has also partnered with Edmonton Public Library to assist older adults with their electronic de-vices, like smart phones and tablets. One-on-one coaching is possible as well. Please check out our Winter Program Guide for the dates of these sessions. Upcoming sessions in February include All About Cell Phones and General Tech Help.

SWESA welcomes all newcomers to join us for any

of our social events – coffee, lunches, book club, games (cribbage, hand and foot canasta, American mahjong, and contract bridge). Wonderful opportunities are available for those interested in the arts – a favorite is the Friday morning art group, where you bring your own art supplies and create art in a social and supportive environment. Our fitness programs are also a place to participate with a group to keep ourselves active and energized.

For more details, please check our website for the 2019 Winter Program Guide for talks, classes, and photos. Our motto is to be very welcoming to all who join us!

We hope to see you soon!
<http://swedmontonseniors.ca/>
Don't forget that we have a dynamic Home Supports Program operated by Barbara Newell co-ordinating the services for our community – including yardwork, housekeeping and minor repairs. Contact her at Hs@swedmontonseniors.ca or 780-860-2931



SouthWest Edmonton Seniors Association

SWESA Seniors' Centre - Yellowbird East Community Centre (YECC), 10710-19 Avenue
SWESA Seniors' Lounge - Terwillegar Community Recreation Centre (TCRC), 2051 Leger Road
Telephone: 587-987-3200
swedmontonseniors@gmail.com

Community

West LRT

Tim Cartmell, P. Eng.
City Councillor - Ward 9

On January 22, City Council voted to expropriate land for construction of the West LRT line, a project not yet approved for construction.

Make no mistake, I am a strong believer and supporter of public transit. I want to build a better transportation system for Edmonton. But there are issues with this project.

Last November I stated that I thought that proceeding with the West LRT project was not a prudent decision at this time and in this economy. I have concerns about the route, its impact on traffic, the lack of immediate ridership, and the need for high density developments at each new station to increase ridership. I was concerned that we have not solved the challenges on the Metro Line, or those that may come on the SE Valley Line to Mill Woods.

Most critically, I am concerned about the cost.

During the 2017 election, I suggested that Edmonton should consider BRT instead of LRT. BRT is far less capital cost intensive than LRT, and I firmly believe BRT can deliver our transportation goals. Critics of BRT point to the capacity of buses compared to LRT vehicles, suggesting that it takes too many buses to replace an LRT train. I believe that using several BRT routes in place of one LRT line not only addresses this criticism, but results in higher speed service to more areas of the city.

During the January 22 Council Meeting, I brought forward a motion to evaluate BRT options in place of the proposed LRT extensions. Council voted against my motion with 2 in favour and 8 opposed.

We have recently talked about the Transit Network Strategy, a plan to reconfigure all the bus

routes. Some neighborhoods will lose service. Others won't get it anytime soon. ETS is talking about first km / last km strategies, but those are years away.

Part of the problem is that all these plans assume no increase to transit budgets. Migrating to a BRT approach would allow us to save money and transfer dollars to the Transit Network Strategy, to give us one, comprehensive transit system that serves all neighborhoods equitably.

I think we need a discussion about what to spend money on: a better bus system or more LRT.

But before that, I think we should have a discussion about what we are spending money on: a better transit system, other spending priorities, or spending less money overall?

This is the prioritization discussion we need to have




before making any more major spending decisions.

And that's why, among other reasons, we need to defer the West LRT.

More information about my position on this and other important issues can be found on Facebook and my website, www.timcartmell.ca. If you have any thoughts or questions you'd like to share, please contact me at tim.cartmell@edmonton.ca.

Do you have an article you'd like to see in the Terwillegar Tribune?
Email us at editor@terwillegar.org



Christie Anderson
Massage Therapy

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Now offering RMT massages in a private Riverbend home-based treatment room, as well as mobile massage in your home.

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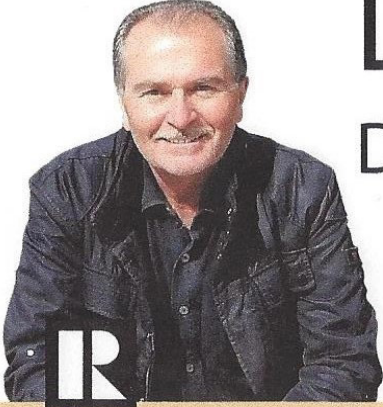


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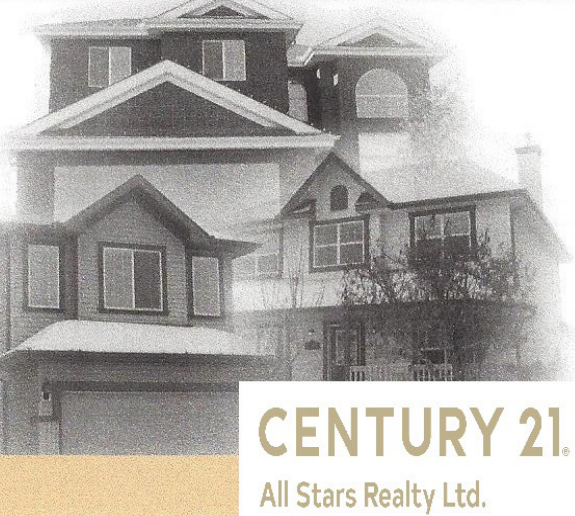
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Contests

Holiday Lights





Christmas
Colouring Contest Winners!

Ages 2-4
1st Place: Ryan
Runner Up: Madeline

Ages 5-7
1st Place: Lily.
Runner Up: Olivia

Ages 8-11
1st Place: Kalyna
Runner Up: Owen

Thank you to everyone
who participated.

On December 22nd, two cars filled with volunteers headed out into the community to pick five houses that had a little something extra in the decoration department this holiday season.

After a couple hours of combing through the neighborhoods, five winners were chosen. Each winning house received a \$25 Panago gift card.

Thank you to everyone who made the neighborhood a little more festive and thank you to all the people who gave suggestions on Facebook for some houses to check out.



Rec Centre
Discounts

Use your Terwillegar Community League membership card to get fit with discounts at City of Edmonton recreation facilities, including the new Terwillegar Community Recreation Centre!

With your league membership, you can receive:
20% off on annual passes
or
15% off on multi-admission passes

Community

Fort Edmonton Park

Harold Hornig

I have been involved in volunteering in the Riverbend Terwillegar area for over 19 years, being one of the founding fathers of the Terwillegar Riverbend Advisory Council (TRAC), heavily involved in the Brookview Homeowners' Association as well as working on the building committee for the Maclab Theatre at Osborne. I run several Community Websites and an email callout system that reaches over 1600 residents in the area spreading information about crime and community news happenings.

I am involved in yet another project, the 50th Anniversary Homecoming event for the Fort Edmonton Foundation happening on Saturday, May 25. Fort Edmonton Park - was developed under the leadership of the Fort Edmonton Foundation. It was founded in 1969 and is now celebrating its 50th year of operation. 50th Anniversary Celebrations are planned and the whole community is invited to join the festivities.

In the 1960s a few special Edmontonians had a dream to rebuild Edmonton's last fur trading post. The group that was formed in 1969 became the Fort Edmonton Foundation. 50 years later Fort Edmonton Park has become one of the world's foremost living history

museums. Despite its worldwide recognition, Fort Edmonton Park is still somewhat of a secret jewel in our own city. This year that is certain to change.

2019 marks 50 years since the Fort Edmonton Foundation began its ambitious mission. As such we will be spending the year looking back and celebrating the accomplishments of the many donors, volunteers and partners of the Foundation. There are many captivating stories to be told about the history of the Foundation and its work to embody the history of Edmonton in Fort Edmonton Park. Many of those intriguing stories are told in a soon to be published 50th anniversary book. Including the tale of how the Foundation came to acquire and relocate the iconic steam engine from the United States and across the boarder to Alberta. The book will be launched on May 25th, along with a special edition Foundation Wine, at a public event during the Fort Edmonton Foundation's Homecoming Weekend. And you are invited!

Join the Foundation for this family-friendly day celebrating Fort Edmonton Foundation's History. Back when the Fort first began construction, a time capsule was buried! This capsule's contents will be officially revealed. How cool is that? In addition, guests will be treated to:

- a sneak preview of the new park with special tours of the Park's construction progress.

- special guest speakers from the past 50 years ready to tell first hand stories that will keep you spellbound.

- the launch of the 50th Anniversary Book

- the launch and tasting of the inaugural Foundation Wine

- and of course, what would a homecoming at Fort Edmonton be without a traditional barbeque feast, live entertainment and activities for the whole family.

The Fort Edmonton Foundation's 50th Anniversary History Book, will be launched at the homecoming event and you can buy your very own copy signed by the author. Another official launching is for Fort Edmonton Foundation's 50th Anniversary's red wine that will be a pleasure to drink as well as a wonderful collector's item. Proceeds from the event and sales of the book and wine will be used to help fund the expansion of Fort Edmonton Park as they are currently engaged in a \$160,000,000+ capital improvement and expansion project. Funded in part by three levels of government, the Foundation is also committed to raising \$11,000,000 in support of this project.

This project creates an exciting opportunity for Edmontonians to become a part of the Foundation's legacy. There are many opportunities for you and your family to play an historic role in this world class facility, Fort Edmonton Park. There are volunteer opportunities, donations are always welcome and always valuable sponsorship opportunities for the Homecoming Event itself. Your sponsorship will not only make this homecoming weekend happen, it will sustain and enhance the legacy of the Fort Edmonton Foundation, and the Park that its many volunteers built to preserve our history. Visit www.forted.ca to learn more about Fort Edmonton Foundation's four Capital Projects. If you want to volunteer at the park you can email Janet Tryhuba, the executive director at Fort Edmonton Foundation at jtryhuba@fortedmontonfoundation.org or visit www.fortedmontonpark.ca website which can link to more volunteer opportunities.

So, keep May 25 circled and plan to attend a bit of history that belongs to you and the City of Edmonton. I am really honoured in being part of this historic event and I hope that you will share in the excitement.



Community

Fort Edmonton



Community

TCL Holiday Spectacular

Our holiday event on December 15th was a huge success with a marshmallow “snowball” fight, cookie decorating, gift/cookie bag and tree ornament decorating. We had a surprise visit from Santa and one of his elves and he brought gifts for all the boys and girls. Special thanks to Councillor Tim Cartmell for donating the cookies to decorate and Worry Free Plumbing and Heating Experts for providing hot chocolate!



Community

Bottom's Up!

Darlene Reid

Some people have asked me whether the bottom is falling out of the real estate market here in Edmonton. There are plenty of stories out there with all kinds of statistics to show how things are bad all around. It makes for some good headlines (after all, good news rarely sells), and it makes you want to go and “spark some joy” at your wine rack by downing a bottle of red. But what exactly is going on right now, right here?

First the bad news. Yes, things definitely slowed down in 2018. Forget about sectors and month-over-month this and that, let’s look at the one big number that matters: the total number of sales. According to the REALTORS® Association of Edmonton, in 2018 “residential year-to-date unit sales were down 5.57%, to a total of 15,519 residential units sold, compared to 16,435 in 2017”. There were plenty of reasons for this, including higher interest rates and new mortgage “stress test” rules. Although Alberta led the nation in economic growth in 2017, that slowed somewhat in 2018 (from 4.5% to around 2.5%- see www.alberta.ca/budget-economic-outlook). So there is the bad news: the number of real estate sales dropped by 5.5%.

Now the good news. The number of sales only dropped 5.5%. There were still over 15,500 sales in a “slow” year. Okay, so real estate still sold, but what about prices? Again, from the REALTORS® Association of Edmonton:

“Year-to-date average prices remained relatively stable throughout 2018. The residential average sale price was \$369,607, a decrease of 1.28% compared to 2017. In the specific categories, average single family home prices decreased 0.85% to \$434,028, condominium average prices decreased 4.9% to \$236,008 and duplex/rowhouse average prices decreased 1.75% to \$342,150.”

So the average single family home price only dropped 0.85% and it is still WELL over \$400,000! While things are far from “booming”, they aren’t falling apart like Oilers management this year either (sorry, I’m calling spades where I see them). I’ve seen some nasty bottoms drop but I don’t think that’s what is happening to our real estate market; not even close.

Yes, homes take longer to sell on average now (62 days on market in 2018 versus 59 in 2017). But overall, prices are steady and the market is still humming along. Remember:

People are always downsizing (empty nesters) Family circumstances change all the time (marriage, divorce, death) Investors are realizing Edmonton is a pretty safe bet Buyers are realizing now is a great time to upsize and upscale The population is still growing, as is the economy

So the message is: don’t be afraid of this market. Homes sell, and prices are fairly stable. Like a person on a Tinder binge at 1:00 in the morning, raise a glass to the positive and say it with me: “meh...could be worse”.

We would love to hear what is going on in the community.
Email: editor@terwillegar.org

Is Family Day A Public Holiday?



Family Day is a public holiday in 5 provinces and territories, where it is a day off for the general population, and schools and most businesses are closed.

What Do People Do?

On Family Day, many people plan and take part in activities aimed at the whole family. These include visiting art exhibitions, watching movies, skating on outdoor ice rinks, playing board games, and taking part in craft activities. Some communities plan special public events, and art galleries and museums may have reduced price or free entry. As the weather is usually very cold in February, hot chocolate and freshly baked cookies are popular snacks. Other people

use the long weekend as an opportunity for a short winter break or to travel to visit family members or friends. As Family Day falls on the same date as National Heritage Day (except in British Columbia), some people use the day to explore their personal heritage and family history.

Public Life

In the provinces of Alberta, Ontario, Saskatchewan, British Columbia, and New Brunswick many people have a day off work and schools are generally closed on Family Day. Many businesses and organizations are closed, but post offices may be open. Public transport services may run to their usual or reduced timetables. In the province of Manitoba, the third Monday of February is a general holiday, known as Louis Riel Day. Many people have a day off work. Schools and many businesses, organizations, and stores are closed. In some communities, stores are open after noon. Public transport services may run on Sunday or holiday timetables. In rural areas, there may be no services. In the other provinces and territories of

Canada, Family Day is not observed, and there are no other holidays falling on the second Monday in February. Businesses, organizations, schools, and post offices are open as usual, and public transport services run to their normal timetables.

Background

First held in Alberta in 1990, Family Day was proposed by the province's former premier, Don Getty, after his son was arrested for dealing drugs. Although Getty denied any connection, it is believed that this episode motivated him to establish an occasion to counteract what he saw as the erosion of family values in Canadian society. Family Day is supposed to reflect the values of family and home that were important to the pioneers who founded Alberta, and to give workers the opportunity to spend more time with their families. It was introduced in Saskatchewan in 2007 and in Ontario in 2008. British Columbia observed Family Day as a statutory holiday for the first time in 2013, New Brunswick in 2018. Holidays to celebrate families are also held in other places around the globe.

JOIN THE TCL LEAGUE

Adult #1: _____	Date: _____	Mail completed form, along with payment to:
Adult #2: _____	Membership Type:	
Address: _____	\$35.00 <input type="checkbox"/> Adult Single <input type="checkbox"/> Adult Couple	TRAC #5, 2051 Leger Road NW Edmonton, AB T6R 0R9
Postal Code: _____	\$35.00 <input type="checkbox"/> Senior Single or Couple (65+)	
Phone Number: _____	\$45.00 <input type="checkbox"/> Family	Please make sure the boxes are checked for email news, and if you are able to volunteer.
Email: _____	May we send you news by email?	
Childrens Name(s) Y/M/D M/F	<input type="checkbox"/> Yes <input type="checkbox"/> No	You CAN make a difference by helping out in this dynamic community of ours!
_____	Are you willing to volunteer?	
_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
_____	Fee Paid : _____ Donation: _____	
_____	Total Paid _____	
_____	<input type="checkbox"/> Cash <input type="checkbox"/> Cheque #	
_____	Cheque payable to Terwillegar Community League	
_____	# of Skate Tags required _____	

••••• Terwillegar Community League memberships are •••••
••••• available online at www.terwillegar.org •••••

Membership Fees:

Family, \$45
Senior/Single/Couple, \$35

It's Time to RENEW!

Memberships expire
annually on August 31





Free Access!

With a Terwillegar Community League membership, you get access to the Terwillegar Community Recreation Centre's swimming pool, indoor playground or workout area.

Saturday's from 5-7pm

Please bring your membership card; admission may be declined otherwise.

Terwillegar Community League mailing address:
PO Box 36508 MacTaggart RPO
Edmonton, AB T6R 0T4

How to contact the Terwillegar Community League

www.terwillegar.org

Board Contacts

President - Kathleen Mountford, tcldpresident@terwillegar.org
Vice-President - Marc Lachance, vicepresident@terwillegar.org
Treasurer - Monte Weber, treasurer@terwillegar.org
Secretary - vacant, secretary@terwillegar.org
Community Advocate - Sue Trigg, advocate@terwillegar.org
Memberships - Felicia Truong, memberships@terwillegar.org
Programs - Darlene Reid, programs@terwillegar.org
Communications - Heather Maitner, communication@terwillegar.org
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