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www.terwillegar.org

Issue 88 Dec 2021

Next submission deadline:

Jan 28, 2022

Next issue: Feb 14, 2022

Lighting Up Our Community

Darlene Reid
TCL Vice President

Community (noun):

A social group of any size whose members reside in a specific locality, share government, and often have a common cultural and historical heritage.

I couldn't help but think about that word when I was touring around our neighborhoods to judge the Halloween decorations. There were so many wonderful displays; from the bright and cheery to the downright spooky! There were even some people who sat outside to be part of the fun for the trick or treaters going door to door! And every year it is the same, with people going out of their way to make Halloween memorable for our little ones.

And that is what makes our community of Terwillegar Towne such a wonderful place to live and play. We come from all over, with different backgrounds and interests. We all have other communities to which we belong, whether it is through family, sports, cultural groups, gaming, cuisine, hobbies, etc. Yet we all share this space and it was so much fun to see so many households lighting up our late October and bringing joy (and endless treats!) to our kids. Yes, we have other communities, but we all share this one too.

Then I thought about the holiday season coming up and I couldn't help but look forward to the time when people swap out the skeletons, ghosts and zombies for Santa, elves and reindeer. There might even be some creative types out there who find new and fun ways to combine them all! Our winters can be long, dark and cold, but that same community spirit that made Halloween so much fun will come alive and light up our neighborhood once again.

So this is both a thank you and a reminder. Thank you, residents of Terwillegar Towne, for making Halloween such an exciting and fun night. We needed it, especially since the Covid era has made community events almost impossible to hold. And thank you, for continuing to make our neighborhood such a fantastic, family-friendly place for all of us. And yes, just a gentle reminder, when we are driving, jogging or walking around with our kids and pets, to enjoy the efforts of those who put up lights and displays as a way to make our community brighter and better.

TERWILLEGAR COMMUNITY LEAGUE'S 2021 HOLIDAY LIGHTS CONTEST

The best lights in the neighbourhood
will receive a prize. Watch Facebook
For details. send nominations to:
tclpresident@terwillegar.org.

A note from Terwillegar Tribune Editorial Team;
We would like to thank our loyal contributors and advertisers
for your continued support. Your contributions help to make our
community a better place!
Wishing you all a very happy and healthy holiday season!
Karin, Shannen & Casey



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Community

Councillor Update

Tim Cartmell
Councillor Ward pihêsiwin

For those I have not met yet, my name is Tim Cartmell and I am your City Councillor for Ward pihêsiwin. I am humbled and honoured to have been re-elected to serve the residents of Southwest Edmonton at the City Council table.

For those I have not met, giving back to the community has always been very important to me. I have more than three decades of community volunteer experience, including various community league roles, coaching minor hockey, and various roles on discipline and practice standards committees with APEGA.

Professionally, I have been a professional engineer for over three decades, and have had the opportunity to own and operate my own company. I am excited to continue to bring the perspectives of a small business owner and community member to City Hall.

During my first term as Councillor, I advocated for investments in Southwest Edmonton’s road network. As a result, we have seen construction of the Terwillegar Drive Expansion, Rabbit Hill Road twinning, Anthony Hendy widening and countless other road projects in those new neighbourhoods south of Anthony Henday Drive.

I also strongly supported the new City Plan, which includes the goal of 15 minute communities - neighborhoods where you can find education, entertainment, employment, health support and recreation all within a 15 minute walk of your front door.

While those road projects provide the connectivity and mobility improvements we so badly needed, now we need those local



amenities that enhance the livability of our communities. Amenities like libraries. Small scale recreation infrastructure like splash pads and skateboard parks, and perhaps arenas and pools. Amenities like green space, park space and play space.

Adding the amenities that result in those 15 minute communities will be my focus over the next four years, along with ensuring that we continue to build our city in a sustainable and financially responsible way.

Winter weather is near, so it is important to touch on snow removal. In the coming months, many will have snow clearing concerns. While I hope to help as many constituents as possible, the quickest way for City Administration to respond to snow and ice inquiries is by contacting 311. They are equipped to triage the hundreds of inquiries they receive daily and will then deploy teams (contractors or City staff) as needed.

Between now and the end of the year, Council’s primary focus will be our budget discussions and potential property tax increases. I encourage you to share your feedback with me ahead of these important conversations. Please contact my office at tim.cartmell@edmonton.ca or by phone at 780-496-8130. I appreciate your feedback regarding budget discussions or any other City-related matter you may have.

Community engagement will continue to be a key focus of mine over the next four years, and I look forward to connecting! Thank you again for giving me the privilege to represent ward pihêsiwin.

South Edmonton Arts and Theatre Society SEATS



Officially named the **Maclab Theatre at Lillian Osborne**, the two-story facility with 300 retractable theatre style seats, a stage, theatre style lighting and curtains. It is accessible through a vestibule/gathering area with access directly from the parking lot. It is adjacent to a music room which serves as a “green room” for performances.

The idea of a community theatre was presented on June 12, 2014, at a Lillian Osborne school council meeting. The community raised \$1.7 million to convert a shell into the theatre. Prior to the Covid-19 pandemic we were set to open the theatre to the community. We are now ready to open the doors to community groups to rent the theatre for a wide variety of events such as school performances, productions and recitals, art exhibits, meetings, corporate events, receptions, indoor markets, movie nights, community festivals, graduation ceremonies and talent shows.

Sound exciting? It is!! We are looking for people with a passion for the arts and theatre to help take the reins of this fantastic organization. We are looking for board members and volunteers for a large variety of positions. Our current members are made up of the original fundraising committee members and the theatre is run by three groups: Lillian Osborne High School, the Edmonton Public School Board and SEATS. SEATS is the community side of the group and requires an enthusiastic group to govern it. Commitment is four meetings per year and attendance of monthly status meetings for the directors with the school and EPSB members.

Interested? Email Sue Trigg @ smtrigg@shaw.ca or phone 780- 991-5272

Community

Terwillegar Community League Update

Community Update
Kathleen Mountford
TCL President

It is getting colder in the community and I want to wish everyone an early Happy Holidays!

Since the last paper was published, there was the Lemonade Stand Day in the community. Several of our board members drove around to donate money to some of the stands and snap some photos for the paper. We thank everyone who helped out the Stollery!

Halloween was a great day for the kids in the community. A big thank you to everyone who decorated their home. The neighborhood was definitely spookier this year. We hope everyone will go all-out for Christmas as well, as we will be offering Gift cards again this year for the best Holiday decorations.

As far a Holiday events go, the Community League is working to secure a partnership with Snow Valley for a potential ski night in December and plans to acquire tickets to Zoominescence if you want updates on these events please follow @tclevents page on Facebook or visit our website at terwillegar.org.

Sometime in January or February, we will be hosting our Annual General Meeting for the Community League. We ask that if you wish to come forward as a board member that you contact tclpresident@terwillegar.org. We need the most assistance in our Fundraising and Program Director roles.

We hope everyone has a great Holiday Season. Stay warm everyone!

Neighbourhood Response

You see someone who is experiencing a psychosis or mental health crisis.

You see someone threatening or attempting suicide.

- 780-342-7777 — Community Urgent Services and Stabilization Team (24 hours)
- 1-877-303-2642 — Mental Health Helpline (24 hours)
- 780-482-HELP (4357) — Distress line (24 hours)
- 211 press 1 — Community information and referral

Take action. Call 911 if you or someone else is in danger.

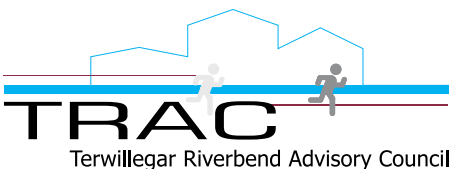
TRAC Update

Karin Shott
TRAC Community Office

A reminder that your community league needs your support now more than ever. Community league memberships are available through a variety of ways:

- by mailing the membership form (which can be found near the back of the paper) & payment to the mailing address on the form. Once received you will receive an email confirmation and your membership card and requested skate tags will be mailed out to you
- online via www.terwillegar.org
- online via www.efcl.org
- contacting the TRAC Community Office by telephone: 780-439-9394 (messages are checked regularly), or email yegtrac@gmail.com

The TRAC Community Office, located in the Terwillegar Recreation



Centre, is open Tuesdays: 9 am – 12 noon; and Thursdays: 4 – 7 pm. Membership forms and payment may also be left in the mailbox beside the door and will be processed the following business day. (the office is located beside M-P Room #6, past the Gymnasiums)

The Ridge Vines, which is the latest of the TRAC Community Wines in celebration of the community leagues in Area H is still available at Vines Wine Merchants (2331 Rabbit Hill Road). Hurry in to pick up a bottle(s) before this limited edition is gone!

As we are nearing the end of 2021, the Terwillegar Riverbend Advisory Council would like to wish everyone a safe, healthy & happy holiday season and best wishes for 2022!

The logo for Rolling Tales features the words "ROLLING TALES" in a bold, stylized font inside a speech bubble shape. Below it, the words "POP CULTURE" are written in a similar bold font.

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Report From The Legislature

Rakhi Pancholi
MLA Edmonton - Whitemud

The holiday season is upon us! So many of us are busy this time of year planning celebrations and festivities with family and friends. We also take this time to reflect on the challenges we’ve overcome this past year and offer gratitude to those who have been working so hard to keep us safe and healthy.

I am particularly grateful to the frontline healthcare workers who have endured through an extraordinarily difficult time and to all of those who have reached out to support our neighbours and businesses. Our community continues to prove our compassion and deep sense of connection to each other through high vaccination rates, creative community celebrations, and charitable acts of kindness.

And while this is a time of reflection, I am also thinking a great deal about Alberta’s future.

Alberta’s future economic growth will be built on the creativity of Albertans, their ideas and their ability to adapt to a changing world. More than ever, post-secondary education will be the key for success. If governments want to play a constructive role in building Alberta’s economic future, they need to invest in post-secondary education.

Right here in Edmonton, we see that our post-secondary institutions are where we can find the ideas, innovation and creativity we need to diversify our economy. The University of Alberta is home to experts in fields like nanotechnology, food safety and security, energy and natural resources, the environment, and health including a world-leading virology lab and Michael Houghton, who last year won a Nobel Prize for discovering the Hepatitis C virus.

The value of world-leading research to our province has been proven over many decades. In 1956, Canada’s first successful open-heart surgery was performed at the U of A Hospital. In the 1990’s, a plant scientist at the U of A used biotechnology to create blackleg-resistant canola. Today, that gene is in most canola varieties and of course, canola is a significant part of Western Canada’s agricultural sector.

Commercialization of research at the U of A has led to more than 120 spin-off companies, with 6 new companies and 83 reports of

invention during the height of the pandemic between April 2020 and April 2021. It is exciting to imagine what future economic prosperity and social development could be in store.

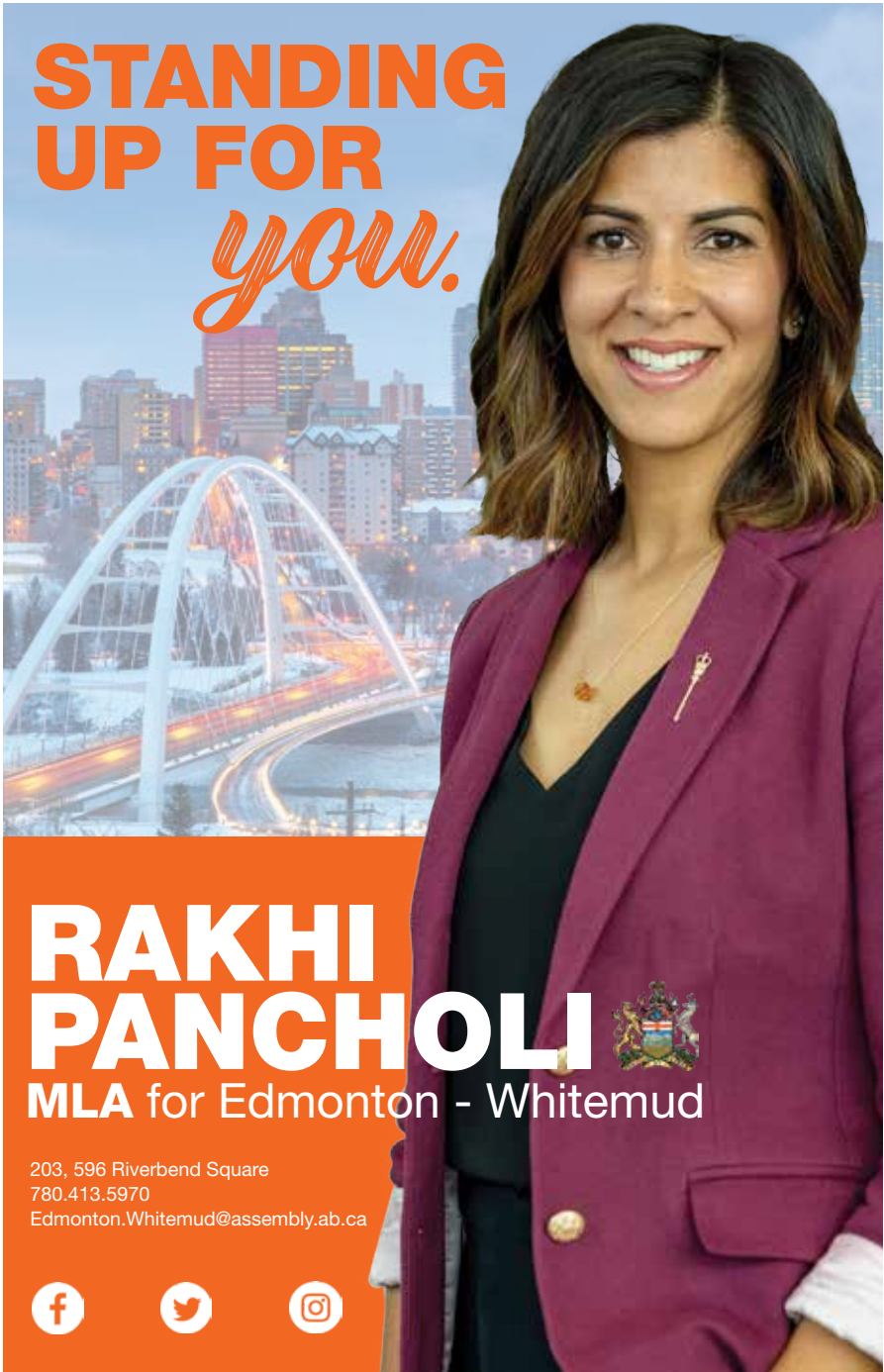
But over the last two years, I’ve had many discouraging conversations with young Albertans and their parents. Increasingly, many young people don’t see their future here in Alberta. Student enrollment has already decreased by 3 percent under the UCP government, and many more students are struggling with increasing costs and debt load. Tuition increases will likely accelerate that trend of enrollment decline.

If young people decide to pursue their post-secondary studies out of province, Alberta will miss out on the contributions these students might have made to our province if their education was more affordable. That includes the kind of world-leading innovation that could sow the seeds for future economic growth.

I believe we need to reverse this trend. We need to make Alberta’s post-secondary institutions places where young Albertans can study, plan rewarding careers and begin to build their lives. Over the last several months, my NDP colleagues and I have been reaching out to Albertans to develop policies to build a new economic strategy for Alberta. That work includes the role that post-secondary institutions can play in Alberta’s Future. To learn more and to be part of that conversation, check out AlbertasFuture.ca.


As always, you can reach out to me with your thoughts at Edmonton. whitemud@assembly.ab.ca. From my family to you and yours, happy holidays!

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Edmonton - Riverbend

An Update From Your Member Of Parliament

Matt Jeneroux
MP Edmonton - Riverbend

We're over a month past the federal election and as your elected Member of Parliament, I wanted to thank you for your continued support. I have been meeting with members of our community to discuss important topics and concerns and I look forward to addressing them when I return to Ottawa on November 22.



Swearing In Ceremony, Photo Courtesy of MP Office

economic position. There is no doubt that these are important topics, especially with Covid-19 still impacting the world. I have already begun to share many of our community's concerns with my colleague and will continue to push for clear answers and concrete actions to overcome these challenges.

I wanted to update residents and businesses of new Covid-19 support programs and some of the changes that have already been made. The Canada Worker Lockdown Benefit will replace the Canada Response Benefit, the Tourism and Hospitality Recovery Program and the Hardest-Hit Business Recovery Program will now be available to businesses who qualify, and the Canada Recovery Caregiving Benefit and the Sickness Benefit have been extended for individuals. As always, you can find more information on these programs on my website: www.MattJeneroux.ca.

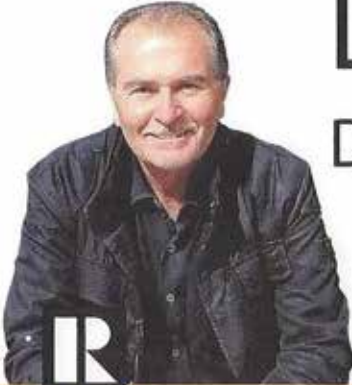
On October 27, I was officially sworn in as your Member of Parliament. This is an important time for Canada but also an extremely important time for Alberta. We're facing pressures to the livelihoods of so many in our community and this must be the priority as we head back to Parliament. I will continue to raise the voice of the thousands in our community who have been significantly impacted by the decisions of the federal government.

As always, if you have any comments or require assistance with a federal matter, please contact my Edmonton constituency office at 780-495-4351 or Matt.Jeneroux.C1@parl.gc.ca. We would be pleased to assist you.



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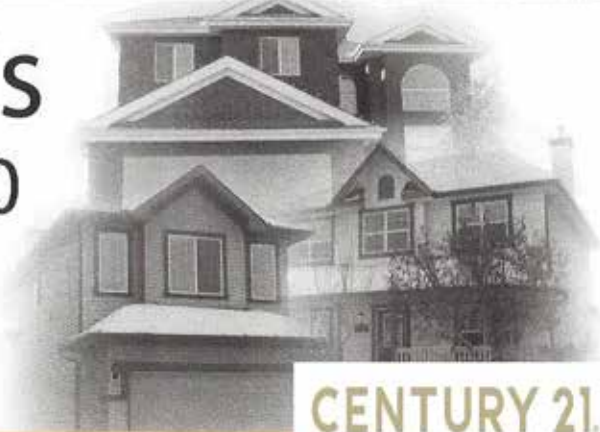


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Transit

ETS Returns To Full Service Starting November 28

edmonton.ca

On Sunday, November 28, ETS will return to full service and implement its annual winter service changes that reflect typical changes in ridership, including the holiday period in late December. These service changes further support a vibrant and safe city, along with the City’s commitment to delivering safe, convenient and reliable transportation that connects Edmontonians to the places they need and want to go.

Return to Full Service

As part of the regular winter service changes this year, ETS will resume full service on all routes. ETS is thankful for transit riders’ patience as bus schedules were temporarily adjusted in early November due to workforce availability and vaccine policy requirements. The health and safety of staff and riders are a top priority and ETS continues to take the steps necessary to keep riders safe and the services they rely on running as smoothly and safely as possible.

Notable Route Adjustments

Several routes and schedules are adjusted to meet typical ridership changes throughout the year, as well as feedback gathered from transit riders since the implementation of the bus network redesign in April. A portion of Route 519 is being adjusted to better serve residents in communities adjacent to Ellerslie Road and 66 Street. This change will provide better coverage and reduce walking distances for those accessing neighbourhoods along these roads. Route 111 is also being adjusted to provide improved access to the Kingsway Mall entrance from both directions.



Riders can expect a return to regular routings for several bus routes traveling on Jasper Avenue now that construction detours have ended. Route 701, which connects the Kingsway/Royal Alex and Southgate transit centres, also returns to its regular routing with work on the Duggan Bridge on Saskatchewan Drive completed.

Transit riders plan their trips using the third-party Transit app, Google Maps, edmonton.ca/transit or by calling 311.

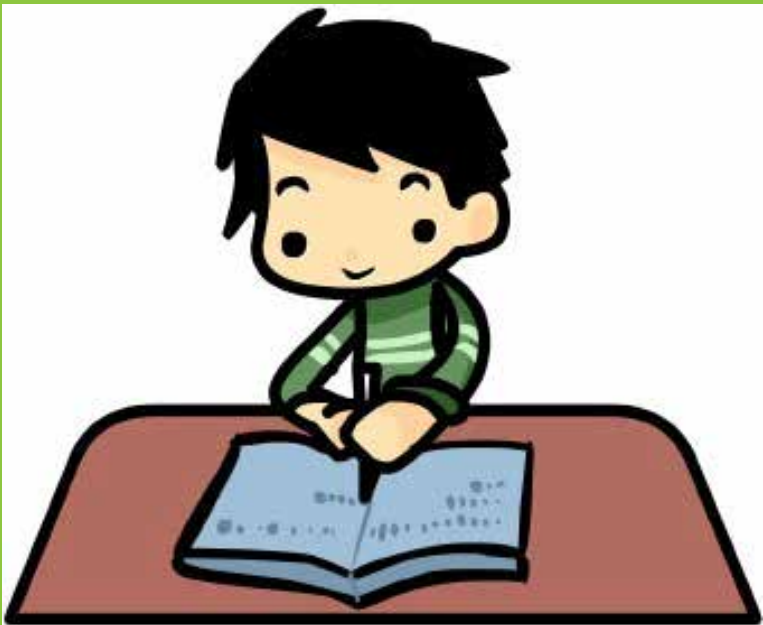
Stony Plain Road Shuttle Service

Starting November 29, ETS will provide bus service on Stony Plain Road between Jasper Place Transit Centre and Unity Square at 116 Street and 104 Avenue. To start, a shuttle (a DATS vehicle with DATS markings removed) will run every 60 minutes, seven days a week and provide consistent, reliable temporary service for riders during Valley Line West construction. Due to limited seating on the shuttle, transit riders, who are able, are asked to use routes on 102 Avenue, 107 Avenue, 116 Street and 142 Street so that seniors and those with mobility needs can access the shuttle.

Transit riders are appreciated for their patience and understanding, and can share their thoughts about what is working and what can be improved at edmonton.ca/BusNetworkFeedback.

Want Your Short Story Here?

Any aspiring writers that are eager to share are encouraged to email their stories to editor@terwillegar.org!



A red string of lights and a white snowflake are in the top left corner of the green background.

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TICKETS TO TCL
MEMBERS IN THE MONTH
OF DECEMBER!

TICKETS WILL BE GIVEN OUT ON A FIRST
COME FIRST SERVED BASIS.

Silhouettes of a dog, a wolf, and a deer are at the bottom of the green background.

See terwillegar.org for details!

School Update

Trustee - Ward F

Julie Kusiek
Trustee, Ward F

Thank you for electing me as Trustee for Ward F with Edmonton Public Schools. I'd like to provide some information on the top three topics hitting my inbox: COVID, curriculum and yellow bus service.

In regard to COVID here are a few key points:

- Vaccinations - Edmonton Public Schools will continue to expect staff to be vaccinated against COVID 19, with some exceptions. Many of you have asked if we will consider mandating vaccinations for students. At this time, EPSB does not have the authority to mandate vaccinations for students. The division will continue to support communication with parents around COVID and the importance of vaccinations.
- Rapid testing - This is available from the province to K-6 schools on outbreak status. It is not available to all K-6 students.
- Parent Choice - Parents will be offered a choice for their children to continue learning online or in person for the second half of the year. Please watch for communications via School Zone.
- Contact notification - AHS is now taking this on. Families can continue to expect to be notified when a positive case of COVID has been identified in their child's school.

I was elected with a promise to affirm EPSB's stance to delay and re-write the proposed K-6 curriculum. At the November 9 board meeting, I put forward a notice of motion to this effect. The motion will be debated at the November 30 public board meeting. You can tune in live at 2 pm, or check my website for updates.

Yellow bus service has been a challenge this year due to a bus



Edmonton Public Schools

Trustee | Ward F

Julie Kusiek

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 @JulieKusiek

driver shortage. Board Chair Trisha Estabrooks has requested information from division staff on:

- What impact has a bus driver shortage had on our division?
- How does this year's bus driver shortage compare to previous years?
- What are the bus contractors doing to rectify the bus driver shortage?
- How can we as a division help contractors find solutions to the bus driver shortage problem?

The board expects a report back on this information "in the coming weeks. I will continue to follow this issue and work with my colleagues towards a solution that works better for families.

Looking ahead, you can continue to stay on top of what's happening in Ward F and public education by signing up for my Ward F newsletter. Please also feel free to get in touch via phone (780-429-8087) or email (trustee.julie.kusiek@epsb.ca).

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Community

Squid Game And The Growth Mindset.

Preparing Our Children To Face Adversity

Manuel Iligan

Squid Game is a popular Netflix series that portrays a grim scenario of how cash-strapped people are led to react in their given situation. It also shows how the eccentric rich can derive pleasure by subjecting people to children’s games and treating them as game horses. While it is relieving to know that Squid Game is just a TV series for suspenseful entertainment, it is also important for us to realize that this can happen (if not yet happening) in real life, and hopefully not in that extreme manner. Main character Seong Gi-Hun showed a strong character with sound moral values that I would like our children to develop. With what’s happening in the world now due to the coronavirus pandemic, there is a real possibility that other crazy things may happen in the future. And whether this actually happens or not in their lifetime, our children must be prepared to sail through tough times and to thrive in the world they live in.

I came across a parenting website that features an article about Carol Dweck’s Theory of the Growth Mindset and the Fixed Mindset. According to the article, we can influence our children to develop either mindset depending on how we bring them up. A growth mindset is viewing intelligence and personality as qualities that can grow and develop overtime. Children with a growth mindset are open to learning, thus, are most likely to overcome challenges and later succeed. On the other hand, a fixed mindset is seeing both human traits as static and finite. Children with a fixed mindset are led to believe that they can only achieve a certain level of intelligence, thus, are most likely to easily give up on a struggle to avoid failure or mistakes. Take a look at the comparative table of the Growth and Fixed Mindsets.

The same article also talks about different ways of how we, parents, can help mold our children to have a growth mindset. If you like to read more about this parenting article, here is the link: <https://biglifejournal.com/blogs/blog/growth-mindset-vs-fixed-mindset-differences-and-how-to-shift-your-childs-mindset>



While we do not have any control of the future, we can at least prepare our children to face their challenges and struggles with a growth mindset. Every time we help them face mini “battles” on every stage of their development to adulthood, they will come out as a stronger person and consequently build their character and moral values. It’s also important for us parents to embrace a growth mindset ourselves. We become their role model while we are bringing them up. With a growth mindset, we can transform our own challenges and struggles into life-long learning investments which our children will eventually inherit.

Top Holiday Plants

That May be Pose a Danger to Household Pets

Mistletoe
Toxic to: dogs, cats & horses
Signs to watch for: Gastrointestinal distress, erratic behavior, vomiting or diarrhea.

Holly
Toxic to: dogs, cats & horses
Signs to watch for: Vomiting, diarrhea and depression.

Poinsettia
Toxic to: dogs & cats
Signs to watch for: Irritated mouth & stomach or vomiting.

Pine Needles
An irritant to: dogs & cats
Signs to watch for: gastrointestinal distress, lethargy, irritated mouth & stomach.

Amaryllis
Toxic to: dogs & cats
Signs to watch for: Vomiting, depression, diarrhea, abdominal pain, excess salivation, anorexia, & tremors.

If your pets have ingested any plant that may be poisonous, call your veterinarian or the ASPCA's Animal Poison Control Center at 1-888-426-4435 (a fee may apply) immediately.

Have a safe holiday season!

Source information from ASPCA
<http://www.aspc.org/pet-care/animal-poison-control/toxic-and-non-toxic-plants>

thatpetplace.com

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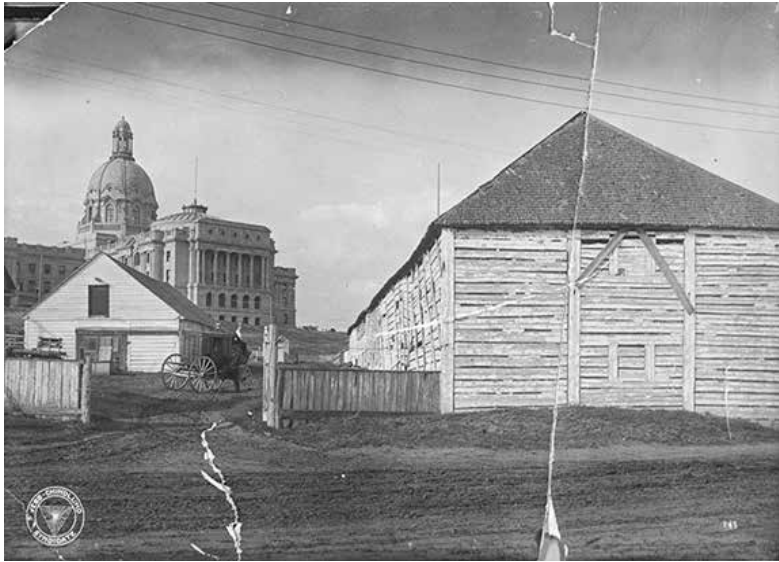
Holiday Shopping Safety Tips

- 1.Be alert and aware! It’s easy to be distracted by the crowds, selecting the right gift or being preoccupied with holiday activities.
- 2.Keep watch of your personal belongings at all times - don't leave your purse un-attended
3. Shop in familiar places: Shop at stores and locations you frequent
4. Recognize that there is safety in numbers. Shop with friends and relatives in-stead of going alone.
5. Place any valuables in the trunk before you go shopping. Criminals are in the parking lots watching what you put in your car. If you must store your purchases in your car, make sure they're in the trunk and that your trunk opener inside your car is deactivated
6. Do not be distracted when walking to your vehicle (talking on phone, or texting) and watch out for loiterers near your vehicle.
7. Park in a well-lit, well-trafficked area of the parking lot at stores and malls.
8. Have your keys in your free hand well before approaching the car. Lock the door immediately after getting in.
9. Avoid carrying large amounts of cash: pay with a debit or credit card whenever possible.
10. Watch out for friendly strangers. They may ask a question or offer to assist you with your bags to distract you or put you in a compromising situation.
11. Shop on-line with care: Only share your credit card and payment information online on trusted websites.
12. After opening gifts, don't advertise to criminals of your big ticket item with your trash. Tear down and cut up product boxes into small pieces to fit into garbage and recycling cans.

Community

Why Is Our City Called Edmonton

People have lived in this area for thousands of years. The Cree called the area Beaver Hills or Amiskwaciy. The North Saskatchewan River was called Omaka-ty by the Blackfoot meaning Big River, and French maps from the 1790s called it Rivière Bourbon after the French royal family. We now call it the North Saskatchewan, based on the Cree word kis-is-ska-tche-wan meaning swift current.



The name Edmonton was first given to Fort Edmonton, a Hudson Bay Company fur trading post on the North Saskatchewan River, in 1795. It was named after Edmonton, England, the birthplace of Sir James Winter Lake, who was at the meeting of the governors of the HBC when the fort was established.

Even after it was officially named, the fort continued to be called other things by the people who came to trade. The Cree called it amiskwaciwâskahikan or Beaver Hills House; the Nakota Sioux called it ti oda or Many Houses; and the Niitsitapi called it Amakowsis, or omahkoyis, or Big Lodge.

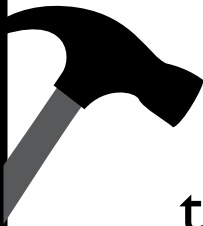
Other names relate to colonial resource development. Whitemud Creek was first used by Dr. James Hector of the Palliser Expedition in 1858, who noted the white-coloured mud on the banks of the creek used to whitewash the HBC buildings. Fort Road was part of a fur trade trail system that stretched to Lower Fort Garry or Winnipeg. Learn more at https://www.edmonton.ca/city_government/edmonton_archives/origins-of-naming-in-edmonton

Check us out on Facebook!

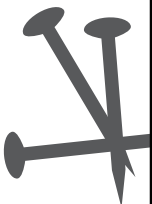
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“Terwillegar Community League” under groups

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These are the people in our neighbourhood:

Residents’ Association: Responsible for the maintenance of specific plots of designated land. It is also responsible for the regulation of neighbourhood architecture. (Do you have a mailbox on your property? Two bushes and a tree?) Annual fees are required and residents are contacted directly if payment has been missed. Different areas have different residents’ associations. Please ensure you are contacting the correct association.

Community League: Responsible for the personality factor and all the extras. This includes all of those fun events you get to attend, our website (www.terwillegar.org), the Terwillegar Tribune, neighbourhood watch, and more. Membership fees are optional (but well worth it!). The Terwillegar Community League is a single organization for all of Terwillegar. E-mail memberships@terwillegar.org to join. Or check out our website www.terwillegar.org.

Fees for one organization do not cover fees required for the other.
Please ensure your fees are up-to-date.

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Community

Journey To The Other Side Of The Road

Marni Mrazik
Director of Community Life at Terwillegar Community Church

What do you think of when you hear the word, “journey?” I think about adventures having unexpected twists and turns, some good and welcome, some difficult and unwanted, but always better shoulder to shoulder with others and adding to the stories of our lives. Life itself has often been described as a journey.

Lately, I have been contemplating the journey of a certain man we read about in one of the parables Jesus told of, “a man (who) was going down from Jerusalem to Jericho, when he was attacked by robbers (who) stripped him of his clothes, beat him and went away, leaving him half dead.” (Luke 10:30) Definitely not a welcome twist. We are told that two others came down the road and after seeing the man, walked right by. Talk about losing all hope, I’m sure the beaten man thought for sure this was the end for him. But wait, in the distance there came another traveler, perhaps he would stop, maybe, just maybe there’s still some hope! Until the beaten man realized the traveler was a Samaritan! Oh no! Not a Samaritan, a hated enemy! No way would he stop. But he did! We are told the Samaritan, “came where the man was; and when he saw him, he took pity on him. He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him. (Luke 1:33b-34)

Well that was unexpected, and compelling, and convicting. I’m sure the first two guys who passed by weren’t causing trouble or doing bad things, they may have even felt pity for the beaten man but they seemed to be too busy or too focused on themselves and what they wanted to accomplish to take time to cross the road to join the man

in his pain and aid in his recovery.

Jesus told this parable in response to the question, “Who is my neighbour?” We understand him to have taught that we are all neighbours and called to love one another regardless of any excuse not to. Certainly, the Samaritan could have come up with reasons and excuses not to help, but he didn’t. It cost him time, supplies and money to help the beaten man, but he did it! That is what I have been considering much lately. This almost certainly busy man with things to do, places to go and people to see took the time to cross the road to help a man who found that his journey had left him close to dead. There are many who are right now experiencing the pains of a difficult journey. My prayer is that I have eyes to see and feet to walk across the road to join with them to a place of healing without worrying about how it might impact my time and plans. What road should I cross? Who needs a shoulder? Who needs time? Who needs an invitation? How about you? Is there a road to cross that will allow you to join with someone on their journey? Or perhaps, you need someone to join you on yours. If you are experiencing pain or struggles, we invite you to contact us at Terwillegar Community Church. Or perhaps you are interested in learning more about what it means to follow Jesus, we would be honored to be invited into your journey.

We are specifically reminded that we are entering a season when it can be a difficult time for those who are experiencing the loss of a loved one. On December 9 from 7-8pm at Terwillegar Community Church we are hosting a Blue Christmas event to walk shoulder to shoulder with those who are grieving. All are welcome and all are invited.

You and your family are invited to

Blue Christmas

A special evening to honor the memory of loved ones.



Terwillegar Community Church

Thursday, December 9 | 1751 Towne Centre Blvd
7:00 – 8:00 pm | Edmonton, AB

RSVP appreciated but not required at
TCCbluechristmas2021eventbrite.ca
or call 780-430-8389



Sunday Worship Service

Join us in person or online Sunday at 10 AM



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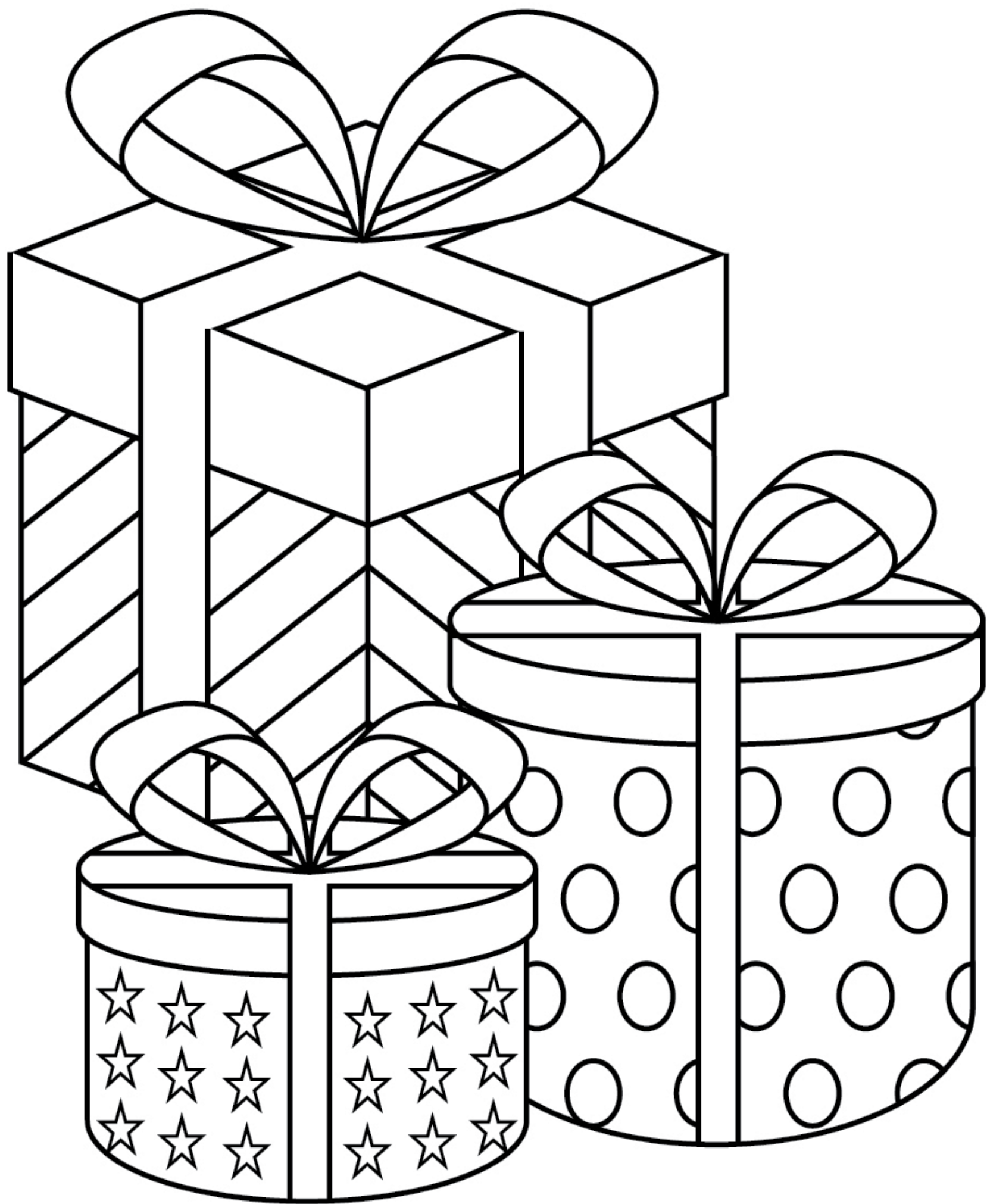
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Kids Zone - Coloring Contest



Winter Coloring Contest

Name: _____	All entries must be received by Jan 15th. One entry per child. The contest is open to residents of the following areas: Terwillegar, Magrath, South Terwillegar, and MacTaggart.
Age: _____	
Address: _____	Age categories are: 2-4; 5-7; and 8-11. Prizes awarded to first place & runner up in each category are \$25 & \$10 gift certificates for Toys "R" Us

Phone: _____	Entries should be mailed to: Terwillegar Community League PO Box 36508 , MacTaggart RPO, Edmonton, AB T6R 0T4
Email _____	

Kids Zone - Activities

ARE YOU AN ARTIST? SEND US YOUR WORK!

Email your GINGERBREAD drawing to
Editor@terwillegar.org by Jan 15, 2022.
A few selections will be included in the next issue
(space permitting)

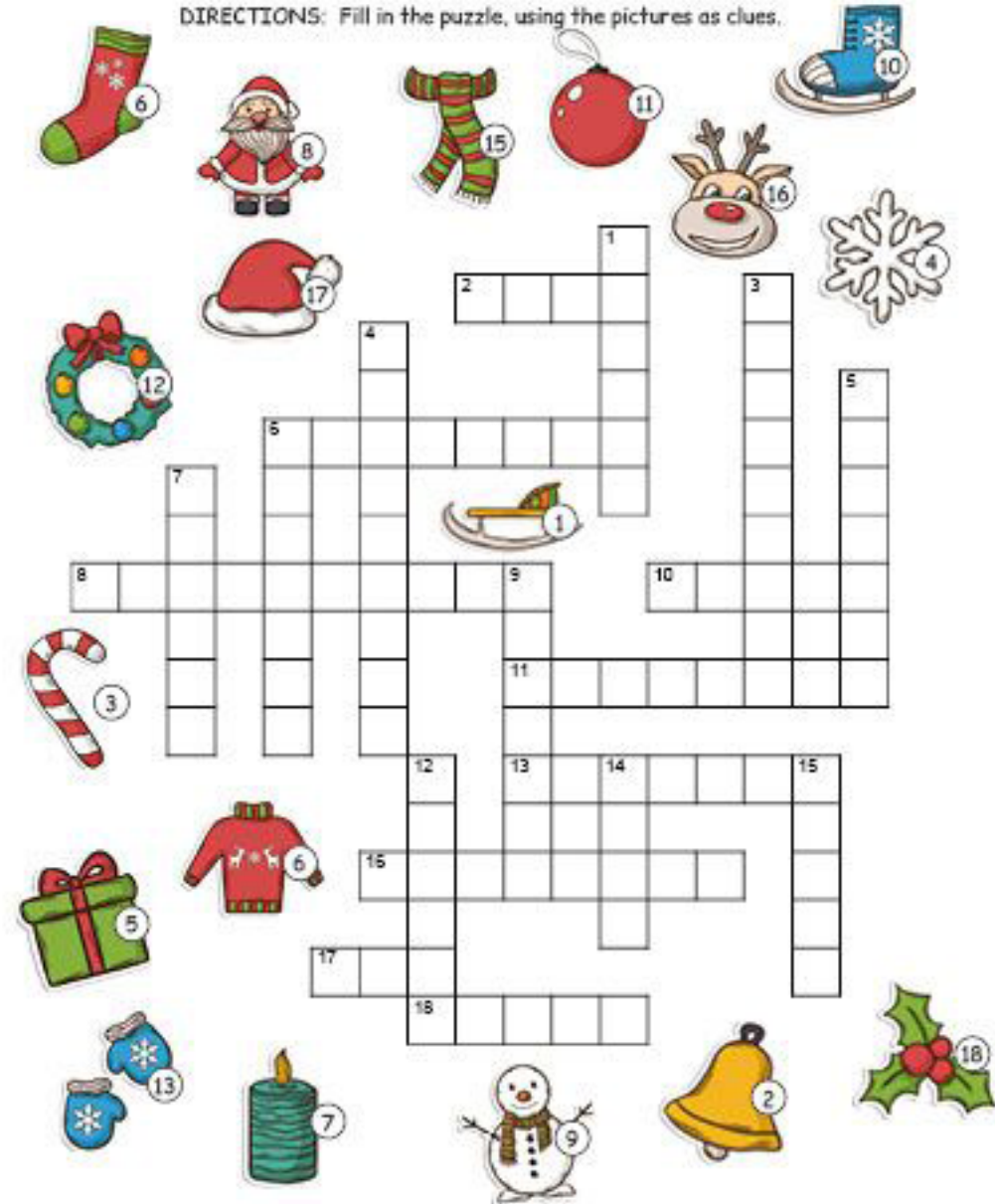


Christmas jokes

What did one snowman say to the other snowman? <i>Can you smell carrot?</i> 	What do you call an old snowman? <i>Water!</i> 
What do you have in December that you don't have in any other month?? <i>The letter D!</i> 	What do you call Santa Claus when he doesn't move? <i>Santa Pause!</i> 
How does a snowman lose weight? <i>He waits for the weather to get warmer!</i> 	What often falls at the North Pole but never gets hurt? <i>Snow!</i> 
What do monkeys sing at Christmas? <i>Jungle bells, jungle bells!</i> 	What goes: now you see me, now you don't? <i>A snowman on a zebra crossing!</i> 
Which Christmas carol do parents like best? <i>Silent Night!</i> 	What's white and goes up? <i>A confused snowflake!</i> 

Christmas Crossword

DIRECTIONS: Fill in the puzzle, using the pictures as clues.



Autumn Colouring Contest Winners!

Ages 2-4

1st Place: Brynn M.
Runner Up: Isaac S-W.

Ages 5-7

1st Place: Victoria P.
Runner Up: Maleia R.

Ages 8-11

1st Place: Maya R.
Runner Up: Finleigh M.

Thank you to everyone
who participated!

Halloween



Halloween Houses Winners were:
2053 Tanner Wynd, 4599 Turner Square, 5578 Stevens Crescent,
8428 Sloane Crescent, 2805 Terwillegar Wynd
Honorable Mention: 4511 Turner Square

EPL

Hello From The Riverbend Branch Of EPL

Sarah Foy
Community Librarian, Riverbend Branch

We would love you to check us out online and in person!

EPL is offering virtual Early Literacy classes at various times every day – Join us online for Baby Laptime (birth- 12 months), Sing Sign Laugh and Learn (birth – 3 years) and Family Storytime (all ages). You and your little ones can enjoy fun live classes led by library staff. Head to epl.ca and select What's On.



Our Book Clubs have gone virtual and we would love you to join in our discussions. They are happening at various times on different days of the week so you can easily find one that works for you. Browse our Book Clubs and register for free today! epl.ca/book-clubs/

Check out our Personal Pick Packs for Kids and Adults - we would love to find your next great read! Fill in our Personal Picks Pack form with a brief description of what you're looking for and we'll select items that match your interests. epl.ca/epl-picks/



Looking for work? EPL can help! Job hunting, planning your professional future or making your next career move can be a daunting task. EPL has a wealth of information to assist you in taking the next step in your job search. Check out our Job Seekers page for loads of interview tips, resume and cover letter help, and great resources like Brainfuse JobNow. epl.ca/job-seekers/



Discover the Undiscovered.
We'll pick you a new favourite.

We are also so happy to be welcoming customers into our space! We ask customers to observe Covid-19 protocols including masking, physical distancing, and refraining from eating or drinking. Please come in to browse for materials for reading, watching, and listening. Enjoy our magazines and newspapers, get some studying in, surf the internet, and use our fax, photocopier, scanner and printer. See you soon!

Check out our Book Bites page! Every month, we'll preview newer books for elementary-aged children and pair them with fun literacy activities that help your family boost the way you enjoy a book together. You might just see Riverbend Library staff favourites Lori and Tiffany sharing some new fantastic reads and fun activities! epl.ca/book-bites/



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Contact us for your immigration needs.

Festive Spirit

Merry And Bright! Christmas Light Displays

What do you love about the holidays? One of my favourite things is the abundance of Christmas lights that help cast off the gloom of cold, dark days! Read on for where to find Christmas Light Displays in neighbourhoods around Edmonton.

Williams Winter Wonderland – Just outside Gibbons is a special spot, filled with Christmas magic!

Address: 23115 Sec Hwy 643

Website: www.facebook.com

Christmas in Edmonton – This impressive light show is choreographed to the music you can find on your radio at 107.9 FM.

Address: 9532 167 St NW, Edmonton

Website: www.facebook.com

Christmas at Bob's – All lovingly hand crafted, this Christmas light display near Old Strathcona takes the term “labour of love” to a whole new level! There is even a soundtrack (88.5 FM) to add to the magic.

Address: 7421 108 St NW, Edmonton

Website: www.christmasatbobs.ca

Spruce Grove's Central Park – Spruce Grove's Central Park is bright and beautiful thanks to more than 150,000 lights! Bring your skates and enjoy the display while you take a spin on the skating oval!

Address: 450 King Street, Spruce Grove

Website: www.sprucegrove.org

Griswold House Recreation – If you love National Lampoon's Christmas Vacation, check out this house in Stony Plain decorated to pay homage to the Griswold family.

Address: 63 Briarwood Point, Stony Plain

Website: www.ctvnews.ca

Winter Wonderland Walkway – Knowing that we're all feeling the gloom of Covid, this neighbour went the extra measure to decorate the walkthrough next to their house for all to enjoy. Digital donations to Alberta Critical Incident Advisory Council are being accepted.

Address: 1616 Hector Rd, Edmonton

Website: www.facebook.com

St. Albert Sturgeon Hospice Association Light Display – This light display raised money for end of life care. Go view the beautiful display and pay respect to loved ones!

Address: 1 St Vital Ave, St. Albert

Website: www.edmonton.ctvnews.ca

Edmonton Area Christmas Lights – Check out this Facebook page to see user-submitted neighbourhood displays around Edmonton.

Website: www.facebook.com



FamilyFun EDMONTON **MERRY & BRIGHT: CHRISTMAS LIGHT DISPLAYS**



Plus, be sure to check out some of these other major light displays and attractions around the city!

- **Alberta Legislature Grounds** – Marvel at the 200,000 twinkling lights and the 40 ft Christmas tree!

- **McIntyre Park** – As the central part of Winter Whyte Light Up, McIntyre is decked out in a beautiful display of lights.

- **Candy Cane Lane** – Take a festive drive down Candy Cane Lane... and don't forget your food bank donation!

- **Zoominescence** – See the Zoo in a whole new light! Light displays brighten up the Edmonton Valley Zoo.

- **Magic of Lights** – Sit in your toasty warm car and enjoy over 2 kilometers of beautiful light displays.

- **Leduc Country Lights** – Walk through a winter wonderland shining with the lights of some 3 million bulbs!

- **Enchanted Forest** – Local organizations and businesses create unique Christmas trees that are set up in four locations – the Dow Centennial Centre, Shell Theatre, City Hall and Fort Saskatchewan Public Library.

Family Fun Edmonton is your go-to resource for all things fun and local. From the biggest festivals to the hidden gems, we are on the move and on the lookout for the very best #YEG has to offer! You can stay up to date by liking us on Facebook and signing up for our monthly newsletter.



Local

TCL Summer BBQ Program Event



Photos Courtesy Marni Mrazik

Seniors

He's Makin' A List

Colleen Crozier

Dear Santa,

We seniors here at South West Edmonton Seniors Association (SWESA) know that you are busy getting ready for your whirlwind trip around the world. We know that you are getting toys and goodies ready for the children. We are sure you are checking out your sleigh, and making sure your reindeer are fit and ready to pull it on Christmas Eve.

We also know that children are excitedly making lists of the wondrous things they would like you to bring them...the toys and goodies they long for.

Santa, we aren't children anymore, but we've made a list, too. The things we'd like probably won't fit into your bag of toys. But maybe, just maybe, could you bring SWESA some of the things we long for?

Here's our list:

1. An end to COVID restrictions. We'd love to be able to gather in large groups again, to go on bus trips, attend plays, have a bunch more people in our fitness classes, learn from really interesting speakers in person, be in close contact with others without worry, take off our masks.
2. Donations. We won't ask you to bring us money, Santa, but could you inspire people to donate to SWESA? As a grassroots organization, SWESA works hard to secure funding from a number of different sources - grants, membership fees, fundraising events - and our fall Annual Appeal. The Annual Appeal is an opportunity for both members and the public to support this resource for seniors in southwest Edmonton. We'd put the funds to good use, we promise.
3. More seniors 55+ to join us. SWESA's mission is akin to other major seniors centres you might know in Edmonton, like the WestEnd Seniors Activity Centre and the Millwoods Senior and Multicultural Centre. SWESA is the 'youngest' seniors activity centre, formed in 2011. We provide interesting, affordable programming and a variety of social events that make it easy to meet people and develop new

Would you consider donating to support seniors programs in SW Edmonton?

Donations to the SWESA 2021 Annual Appeal go directly to providing affordable programming and social opportunities for people 55+ living in southwest Edmonton.

All donations are appreciated.

Use the **Donate Now** button on our website (www.swesa.ca) to donate online or print out the donation form and mail it in or drop by.



friendships. Our focus is on enhancing the quality of life for people 55+ living in southwest Edmonton.

SWESA currently leases space at a number of community sites to bring programming closer to where people live. Our office is at the Blue Quill Community Centre. While the pandemic put quite a damper on what we could do, programming is getting back up to speed and our membership is surging back up to 600 and counting. If you would like to know more about SWESA or the Annual Appeal, contact us (info@swesa.ca) and we will get in touch.

4. A very busy Home Support Program. We'd love to have more excellent service providers on board, and more members becoming aware of the help they can get in order to live independently for longer. Can you help get the message out to them loud and clear? And maybe give them Barb Newell's phone number so she can refer providers to them? Oh, yes, she's at 780-860-2931.

Santa, that's a pretty long list. We hope you can help us with a few of the items. We've been very good this year. Nobody's been naughty. Honest.

And we'll set out some milk and cookies for you Christmas Eve.

Thanks, Santa.
The gang at SWESA

SWESA Office
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Cleaning Out Your Closet

Elizabeth Cayen

Embracing minimalism? Dealing with decision overwhelm because you have too many clothes? A good closet declutter can be super rewarding and help you fall back in love with what you already own. Set aside a good chunk of time, grab a cup of something warm, and put on your favourite tunes - instead of a chore, decluttering your closet can actually be fun and inspiring!

If you have a lot of time, the best way to get started is to actually get every item of clothing you own out and into one area (the bed is great for this), placing them in categories (t-shirts in one pile, sweaters in another, etc). This will give you a good idea of what you actually own. You may find it eye opening to see how much excess you have (15 white t-shirts...probably not necessary). If your time doesn't allow you to tackle all your clothes in one go, break it down into categories (shirts one day, sweaters the next).

Get rid of anything that is worn out, has holes, is uncomfortable, or does not fit. Be both non-judgmental and focused here. Our bodies change and holding on to anything that no longer fits – especially if that makes us feel bad about ourselves in any way – is not worth it. If you're unsure, try the items on. Then ask yourself: do I even love this? Make three piles – one for clothes to go, one for clothes to keep, one for clothes you're not quite sure of.

Realistically consider how you live your life, and be aware of your 'fantasy self'. Are there items that you bought for some other image of your self you imagine? Perhaps your closet is full of dresses and you only wear pants. Think about how you spend most of your time and determine what clothing suits that time - those are the items

you want to keep. In curating your closet and keeping only the clothes you love and wear, you'll feel great, comfortable, and have a new appreciation for those items.

Once you have your three piles (go, keep, unsure), immediately clear away your go pile from the rest. Then reevaluate your keep pile and start putting together outfits within that pile. Do these items mix and match with the other items in your closet? If you have that one random article of clothing that really only goes with jeans, you may want to think about that. Unless you absolutely love it, wear it at least once a week, or can figure out another 3-5 outfits you can make using that one piece, it may be time to let it go. At the very least, put it in your unsure pile.

Take all your keep items and put them away, enjoying the new space in your closet! Take your unsure items, pack them away, and place them well out of your sight. Give yourself a time limit – 3 to 6 months – and if you don't reach for them in that time, you can let those go too. Be mindful about how you dispose of the items you're letting go of. Sell or consign them, have a clothing swap with your friends or family, or look at mindfully donating.

Just imagine how great you'll feel opening up your closet and seeing only things you love! You gain more than space in your closet, you gain a freedom and ease in your wardrobe and life too. No more decision overwhelm! You know exactly what you'll wear.

Have something would you like to write about?
Contact the Editor at editor@terwillegar.org

Connect On Facebook!
Search: “Terwillegar Community League” under groups

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Magrath Thirst Quenchers



Pikachu



Kids Drawing



Migrating Birds to South
by Husain A. (age 5)



Do You Have A Recipe You Would Like To Share?

Please submit your favorite recipe and we will select one to share with our readers!

Bon Appetit!

Caprese muffin-tin frittatas

This recipe is convenient for breakfast, lunch or dinner. Make a large batch and freeze them for busy days. Serve alongside fresh fruit and whole grain toast!

Kid-friendly

Vegetarian

Freezer-friendly

30 minutes or less

PREP TIME
12 min

COOK TIME
15 min

SERVINGS
6

Ingredients

- 6 eggs
- 85 mL (½ cup) skim milk or unsweetened fortified plant-based beverages
- 2 mL (½ tsp) salt

- 2 mL (½ tsp) pepper
- 2 tomatoes, chopped finely
- 5 mL (1 tsp) dried basil
- 125 mL (½ cup) grated low fat mozzarella cheese

Directions

1. Preheat the oven to 200 °C (400 °F). Lightly spray or paper-line 6 muffin tins.
2. In a large bowl, whisk together eggs, milk, salt and pepper. Add tomatoes and basil and whisk well.
3. Using a 125 mL (½ cup) measuring cup, scoop batter into muffin tins until divided evenly. Add 15 mL (1 tbsp) of grated cheese on top of each frittata.
4. Cook frittatas in the oven for about 15 minutes. Use a **digital food thermometer** to check that the eggs have reached an internal temperature of 74 °C (165 °F).
5. Let cool for 3 – 5 minutes before removing from muffin tins.

Tips

- ✓ Looking for a lunch idea in a snap? Cut the frittata horizontally in half and tuck into a whole grain pita halves or roll into a whole grain corn tortilla.
- ✓ Use up leftover vegetables you have in your fridge to help reduce food waste. Try adding sautéed spinach or kale, or finely chopped broccoli, cauliflower and onions at step 2.
- ✓ If you do not have a 6-tin muffin pan, use a 12-tin pan and fill the empty tins with a small amount of water. This can help protect your pan.
- ✓ Little chefs can help mix the ingredients and then scoop the batter into the muffin cups, while older kids grate the cheese.
- ✓ Make a double batch and refrigerate extras for 3 – 4 days or freeze for up to 2 – 3 months. Warm in the microwave when ready to eat.

Constables Corner

EDMONTON POLICE SERVICE

Vehicle theft and theft from vehicles is just as a big problem in **WINTER as it is in **SUMMER**, and seasoned thieves couldn't care less what time of the year it is.** Vehicle and valuables from a vehicle get stolen in the cold months too. You need to protect your ride.

In the winter, vehicles that are left running and unattended is one of the most common reasons why they are stolen. All a thief needs is a brief window where they can slip in before the driver returns. Even if you need to step back in the house for just two minutes, **turn it off**. Your desire to be toasty and warm when you pull out of the driveway makes it that much easier for a thief to steal your vehicle.

Time to Get Defensive:

- **Never leave your car running and unattended** -Turn it off and take the key
- Never leave valuables in your vehicle.
- Lock your doors and close all windows
- Guard your key fob –Never leave spare keys or key fobs in the vehicle
- Use a club (steering wheel lock)
- Park in a well-lit area
- Don't leave a garage door opener in your vehicle
- Park in a garage

Remain vigilant against thieves. Make an effort to cut out the habits that could draw them to your car in the first place, and start embracing the tools and practices that will keep your vehicle safe.

Terwillegar Classifieds

Tutoring: Literacy/Reading.

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Contact Monica 780-886-7983.

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Adult #1: _____	Date: _____	Mail completed form, along with payment to:
Adult #2: _____	Membership Type:	
Address: _____	\$35.00 <input type="checkbox"/> Adult Single <input type="checkbox"/> Adult Couple	Terwillegar Community League Terwillegar Riverbend Advisory Council #5, 2051 Leger Road NW Edmonton, AB T6R 0R9
Postal Code: _____	\$35.00 <input type="checkbox"/> Senior Single or Couple (65+)	
Phone Number: _____	\$45.00 <input type="checkbox"/> Family	
Email: _____	May we send you news by email?	Please make sure the boxes are checked for email news, and if you are able to volunteer.
Childrens Name(s) Y/M/D M/F	<input type="checkbox"/> Yes <input type="checkbox"/> No	
_____	Are you willing to volunteer?	
_____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
_____	Fee Paid : _____ Donation: _____	You CAN make a difference by helping out in this dynamic community of ours!
_____	Total Paid _____	
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_____	Cheque payable to Terwillegar Community League	
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Terwillegar Community League memberships are available online at www.terwillegar.org

Check us out on Facebook!



Search:
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under groups



Check in with
www.epl.ca for
updates

Terwillegar Community League mailing address:
PO Box 36508 MacTaggart RPO
Edmonton, AB T6R 0T4

How to contact the Terwillegar Community League

www.terwillegar.org

Board Contacts

- President** - Kathleen Mountford, tcldpresident@terwillegar.org
Vice-President - Darlene Reid,
vicepresident@terwillegar.org
Treasurer - Monte Weber, treasurer@terwillegar.org
Secretary - Vacant, secretary@terwillegar.org
Community Advocate - Sue Trigg, advocate@terwillegar.org
Memberships - Sam Saini,
memberships@terwillegar.org
Programs - Vacant, programs@terwillegar.org
Communications - Heather Maitner ,
communications@terwillegar.org
Fundraising - Vacant, fundraising@terwillegar.org

Other Contacts

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Neighbourhood Watch - Kathleen Mountford,
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Programs Aide - Vacant, programaide@terwillegar.org
MacTaggart Rep - Vacant, advocate@terwillegar.org
Magrath Rep - Vacant, dalm@terwillegar.org
South Terwillegar Rep - Ryan Barber, dalst@terwillegar.org
Terwillegar Gardens Rep - Sue Trigg, daltg@terwillegar.org
Terwillegar Towne Rep - Monte Weber, treasurer@terwillegar.org

Seasons Greetings

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"It's beginning to look a lot like Christmas" it warms our hearts to say thank you to our clients and business partners for their continued support and philanthropic efforts to improve the lives of countless people in our city. With love and gratitude from our family to your family we wish you a safe and happy holiday season....

Sally



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Grand Centurion

CENTURY 21
Masters

 Brander Gardens	 Wolf Ridge	 Donsdale River Lot
 Donsdale Estate	 Cameron Heights	 Bulyea Heights
 Downtown Penthouse	 Windermere	 Rhatigan Ridge
 Donsdale Vacant Lot \$3,498,000 Dream Street! Last opportunity to own & build. 2.64 acres on the river's edge on Donsdale Drive. ML# E4238160	 Keswick \$1,548,000 Keswick on the River! 4879 sq ft of total finished space. Chef Kitchen, home office and more! ML# E4249494	 Brander Gardens \$1,498,000 Timeless classic! 3800 sq ft plus a fully finished basement. Cul de sac location. ML# E4262784
 Terwillegar Park Estates \$1,198,000 Custom built executive 2 storey. 3345 ft. plus 1782 sf fully finished basement. ML# E4268977	 Downtown Penthouse \$998,000 Rare 2 Storey Penthouse in Fox One. 3 bedrooms 2 full baths. Chef kitchen ML# E4269247	 Falconer Heights \$528,000 Design & build on the last undeveloped lot. (9000+ sq ft) walk out pie shaped. ML# E4238601

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