

Terwillegar COMMUNITY LEAGUE Tribune

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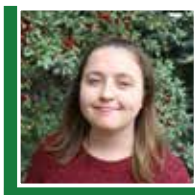
Deadline For Next Issue: Nov. 1
Delivery: Week Of Nov. 18

Issue 102

www.terwillegar.org

September 2024

Terwillegar Community League Update



Kathleen Mountford
TCL Vice President

Wow! What a busy summer the Terwillegar Community League has had! We had many events and fundraisers over the summer which required close to one hundred volunteers overall! If you put your hand up to volunteer this summer, we really appreciate it, as it helped to make community events and fundraisers be a huge success!

Canada Day was our first large event of summer. We had a great turnout with well over five hundred people at the event. Attendees enjoyed free watermelon, face painting, bouncy castles and more! We dressed up in our best red attire for the event (other than my own green TCL volunteer T-shirt) and had a fun day at Tomlinson Park.

Our next volunteer-intensive event was the TCL Casino fundraiser. This required over 30 volunteers over the course of two days. We really appreciate everyone who worked at the casino. Funds raised from the casino will go towards future infrastructure at South Terwillegar Park like the Ice Rink.

Our last large event of summer was the TCL Summer Carnival. This was a ticketed event to help raise funds for the community. We used some of the same fun items from Canada Day but added Carnival games for some extra activities. We allow sponsors to come out to the event to promote their businesses. The sponsors help to fund the cost of the Carnival (increasing our fundraising ability as apart of the event). Thank you to everyone who sponsored our event and



if you are a community member, please consider supporting the businesses that sponsor our event as they put money right back into our community.

Our last movie of summer will be on Community League Day, which is September 21st at South Terwillegar Park. We haven't decided on a movie yet but watch our Facebook page for more information.

Our "I'm Too Big for It Sale" is back on September 28th. If you would like to register for a table, please see [Terwillegar.org](https://www.terwillegar.org). If you like shopping, and want to attend, admission is free and tables will have a variety of baby, kids clothes, lots of toys and other household items to choose from. Please remember cash as most vendors only accept cash.

Later this fall, we plan to have the Halloween Fireworks and then we will host the Winter Craft Sale and Holiday Extravaganza events. As always, we need volunteers to support our events so please contact vicepresident@terwillegar.org for any volunteer opportunities. I hope everyone has a great fall!

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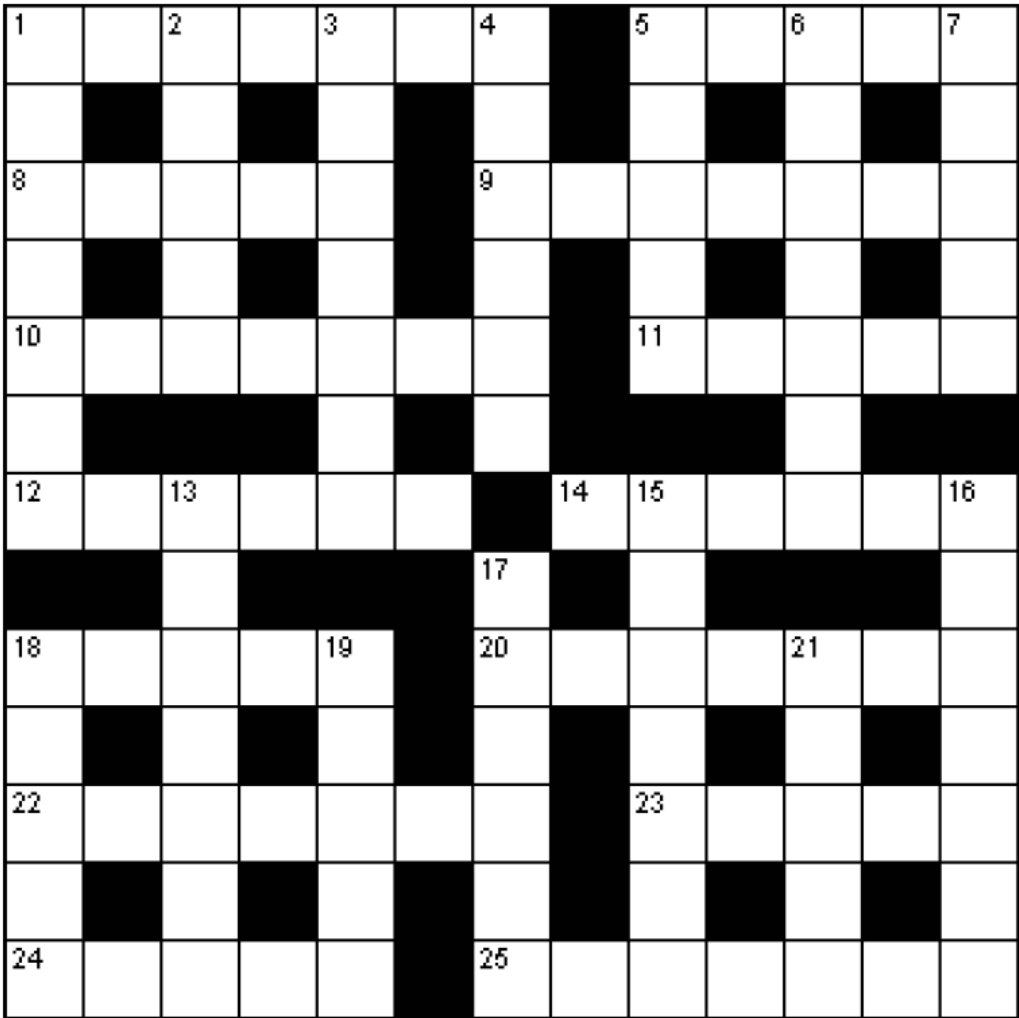
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What's Next

Next Submission Deadline:

Nov. 1

Next Issue:

Week of Nov. 18

Free Access!

With a Terwillegar Community League membership, you get access to the Terwillegar Community Recreation Centre's

- Fitness Area
- Aquatic Center
- Open Gymnasium
- Indoor Children's Playground (12 and under)

Saturday's from 5-7pm

Memberships are available online

www.terwillegar.org

Member of Parliament Update



Matt Jeneroux
MP Edmonton - Riverbend

As MPs will soon return to Parliament, I’m happy to provide a summary from summer, and what can be expected going back in September.

Looking to the Fall, Parliament will be quite busy as we continue to focus on the cost-of- living increase. This continues to be the top issue raised to our office. Just last month, CTV News, Global, and others reported on new studies showing Canadians pay more in taxes on average, than they do in food, clothing, and shelter. At the same time, the federal government continues to cut back on assistance to Albertans, most recently cutting out some \$70 million from the Labour Market Transfer Agreement (LMTA) that supports job programs in Alberta. Decisions like these are damaging, and something that my colleagues and I will focus on during the weeks ahead.

Each year I also share our annual summary from our office on the number of case files we attend to over the year. This year, we have assisted in nearly 800 cases, from CRA issues to passports to immigration files. Additionally, we continued to support countless community members with other various federal matters. More details on this breakdown can be found on my website.

Each year I sit down with Edmonton’s Southwest Police Division in Windermere to gather first-hand accounts of the issues that matter

most to our community. With crime being another key issue we often hear about in my office, these interactions are key as we head back to Ottawa.

Parliament is expected to return on September 16 and I look forward to providing further updates on my work as your MP, as well as some updates from the House of Commons. In the meanwhile, should you have any questions on these or any other federal matters, please do not hesitate to contact my office at matt.jeneroux@parl.gc.ca.



MP Jeneroux photo courtesy of MP Office



I’m Too Big For It Sale

Free admission to over 40 tables of gently-used clothes, toys, books, and everything else kid-related.
Table rentals are available.



Scan QR Code for details!

Terwillegar Community Church
Saturday, Sept. 28, 10am-1pm

TERWILLEGAR COMMUNITY LEAGUE’S

HALLOWEEN FIREWORKS

Tomlinson Park
October 31st @ 8:00pm



Councillor Update



Tim Cartmell
Councillor Ward pihêsiwin

I hope everyone had a wonderful summer and had a chance to relax and recharge.

Once again, the focus at City Council will be on budgets and property taxes. On August 14 Administration reported that the 2025 property tax increase was forecast at between 9 and 13%, pending adjustments this fall.

I share your frustration. Property tax increases have been far too high, and simply cannot continue to rise at this rate.

This discussion was NOT an approval of a tax increase. It was an initial report on where the City’s finances are headed. And while that report has many dark clouds contained within it, the good news(?) is that the discussion is starting early and all of Council has been made aware of the need to finally start making some tough decisions.

Actual budget deliberations and final decisions will be made in late December. The 2025 mill rate will be set in March 2025.

As I have said many times previously, for far too long, the City has simply taken the previous year’s budget and tweaked it. We need to completely rebuild the budget, and that means starting with a very deliberate examination of what services the City should offer, what investments and amenities the City should pay for, and what it should not. From there a new budget should be developed that supports only those critical services.

Ultimately this will not get better until we completely rebuild our budget.

On August 14th, the City announced the name sale of Terwillegar Community Recreation Centre. It will be renamed to “Booster Juice Recreation Centre”. The term of the agreement is for 10 years, and is the first name sale agreement of a city-operated recreation facility. More such sales are anticipated.

I understand Edmontonians may have concerns with this facility name sale. However the City continues to face financial difficulties and we need to consider other revenue sources. The proceeds from the name sale will be utilized to offset operating expenses of City owned and operated recreational services.

Property tax increases have been far too high, and simply cannot continue to rise at this rate

Should you have questions or comments regarding any municipal concerns, please feel free to contact by office by dialing 780-496-8130 or emailing tim.cartmell@edmonton.ca

WINTER CRAFT Sale

SATURDAY, NOV. 30 | 10AM-3PM
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Vending Machines And Healthy Food Choices



albertahealthservices.ca

From going to work, attending school, or running errands, having a busy schedule can lead to eating more meals and snacks away from home. Foods eaten out of the house may include homemade dishes and snacks brought from home, or foods purchased from places like vending machines, convenience stores, cafes, and restaurants.



Often many of the foods prepared in restaurants and cafes or packaged foods like those found in vending machines contain higher amounts of salt (sodium), fat (saturated), and added sugars. Consuming these types of foods frequently and in large amounts may increase your risk of developing health conditions such as hypertension (high blood pressure), Type 2 Diabetes and heart disease.

Planning ahead and being prepared for the days when you know you will be eating outside of the house can help support a healthy eating pattern. If you can, bring a packed meal from home and try to have easy and nutritious snacks on hand such as vegetable sticks with hummus or No Bake Trail Mix. For these and other healthy snack recipes, visit ahs.ca/recipes and search ‘snacks.’

We know sometimes it is not possible to bring snacks and meals from home. However, it is important to make sure you are eating and staying hydrated throughout the day to keep your body energized. To provide food options for many workplaces, schools, and recreational facilities will have food and beverages available to buy from vending machines or concession stands.

Making good choices!

If you find yourself in front of a vending machine in need of a snack, here are some tips you can use to help select healthier food choices:

- Look for foods that contain protein, fibre, or vegetables and fruits
- Protein helps rebuild muscle and keeps you feeling full for longer. Protein foods include, trail mix, protein bars, tuna kits, reduced sodium jerky and dry roasted nuts, seeds and chickpeas.
- Fibre can help reduce cholesterol and blood sugar levels, and may

improve gut health. Vending machine options that contain fibre include whole grain crackers, granola bars, popcorn, and dried fruit bars.

- Vegetables and fruits contain vitamins and minerals that help keep you healthy and often contain fibre. Vegetable and fruit choices include baked snap peas, dried fruit, apple chips, and unsweetened fruit cups or sauces.

- Consider how the food was prepared o Look for foods that were baked or roasted rather than fried such as baked crackers, potato, or rice crisps and roasted seaweed snacks.
- Select nuts or popcorn without added salt or sweet coatings.

Quenching your thirst

Try to make water your drink of choice, but if you are in the mood something different here are some healthier options you may find in a vending machine:

- Milk or fortified plant-based alternatives. Milk contains calcium, vitamin D, and protein which makes it a nutrient packed option. Some milk options have extra protein added.
- Flavoured sparkling water with no added sugars if you want something fizzy.
- Unsweetened tea or coffee.

Looking for healthier options?

Everyone can contribute to creating a healthy food environment. Alberta Health Services has put together the Healthier Vending Toolkit which provides resources for advocating for healthy food options in vending machines and guidance on implementing healthier vending and snacks on sites like workplaces and recreational centres. You can find this toolkit by going to ahs.ca and typing Healthier Vending Toolkit in the search bar.



If you are interested in learning more about healthy eating where you live, work, learn and play go to healthyeatingstartshere.ca for more information.



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Joy in Community!



Marni Mrazik
Director of Community Life at Terwillegar
Community Church

I grew up going to church camp in Saskatchewan every summer from grades 3 – 12. It was always a much-anticipated week filled with fun and adventure, and extra special because I could go with my cousins. It’s funny the things you remember. Besides the campfires, songs, speakers and games, I still remember taking a piece of toast outside and being unable to crack it. We threw it against the wall, we stepped on it, we tried to bend and break it, all to no avail...at least that’s how I remember it...the iron clad toast.

And now, all these years later, I’m writing this article the day before I head out to Camp Caroline, here in Alberta. It’s a beautiful camp nestled in the woods where folks come every summer to spend a week playing, praying, learning, crafting, singing, relaxing, being refreshed, strengthened, encouraged and generally having a blast. Each summer there is a theme, and this year the theme is ‘Endless Joy’ so I’ve been spending a lot of time studying, praying and pondering this topic since I’m not one of the campers this year, I’m a speaker.

There is so much that could be said about ‘Endless Joy.’ Afterall, God created us to be joyful. Our brains have a joy centre. You can study it, cultivate it, exercise it, grow it and enlarge it. One thing I’m talking about at camp is ‘Cultivating Joy.” While I believe that true and eternal joy, the kind of joy that keeps you strong even when you are suffering and enduring trials and pain, comes from a relationship with God, there are things we can do to indeed cultivate and protect our joy and we are well poised to do so right here in our community. Why? Well, to quote a Harvard Gazette study, “Harvard study, almost 80 years old, has proved that embracing community helps us live longer, and be happier”

So let’s embrace community. Research has proven that “close relationships, more than money or fame, are what keep people happy throughout their lives. Those ties protect people from life’s discontents, help to delay mental and physical decline, and are better predictors of long and happy lives than social class, IQ, or even genes.”

We live in a great community, so let’s ask ourselves, “What can we do to strengthen the ties we have?” I’m not saying that all our neighbours should be our best friends, but wouldn’t it be nice if we knew we could count on them and be counted upon when a need arose? Don’t you like it when you are known and know others? How can you invest time and energy into the relationships around you? Where can you go? What can you do?



Terwillegar Community Church invites you to

FRIDAY AT THE PARK

FREE BBQ!



JUMPY THING, FOOD, GLITTER TATTOOS

Tomlinson Common Park

September 6 | 5:30 -7:30 pm

New at 

TERWILLEGAR
COMMUNITY
CHURCH

2 SERVICE TIMES

Join us for church at

9:00 a.m. OR 11:00 a.m.

1751 Towne Centre Blvd NW

www.tcchurch.ca

Well, Terwillegar Community Church has an invitation for you. On Friday, September 6, we are hosting a free community BBQ at Tomlinson Common Park. Why don’t you join some neighbours and spend some time together? We’re making dinner and hope you’ll find some space to cultivate relationships which will ultimately produce much joy in your life. And if you’re interested in cultivating a relationship with God, the ultimate source of joy, then you are invited to join us on Sundays. We now have a service at 9:00 a.m. and 11:00 a.m. We would love to get to know you.

DID YOU KNOW?

Advertising with a minimum 1/8th ad (\$98 black and white) *ALSO* qualifies you to post to the Tribune Facebook page once a week, between relevent publication dates.

Contact Us Today!

SWEFM Market Hours

Wednesdays, Lot E at the Terwillegar Rec Centre

May 15 - October 9: 3:30 PM - 7:30 PM



Report From The Legislature



Rakhi Pancholi
MLA Edmonton - Whitemud

Another busy summer in Edmonton has drawn to a close! We are lucky to live in this beautiful Festival City. And right here in our community, there were multiple community events like Terwillegar’s Canada Day and Summer Carnival, the ground-breaking of the Oak Hills Community Hub, the rink fundraiser for Brookview Community League, the Southwest Edmonton Farmer’s Market and – one of my favourites – Simply Supper’s Lemonade Stand Day in support of Stollery Children’s Hospital.

While there was much to enjoy, there was also loss. Like many of you, I am reeling from the devastating impact of wildfires in Alberta this summer, particularly in Jasper. My family is not alone in having so many wonderful memories of time in Jasper. While we’re grateful the loss was not as widespread as originally feared, we all want to support our neighbours in Jasper who have lost their homes and businesses and work to rebuild. Donations made to the Red Cross in Alberta will be matched by both the provincial and federal governments.

I want to thank our wildland firefighters, first responders and community organizations for their work in this crisis. In particular, it is tragic that one young wildland firefighter lost his life protecting our province. Our hearts go out to his family, colleagues and friends.

I am more determined than ever to work with my colleagues in the legislature for changes that will provide more support for both fighting and preventing wildfires in the future. This means better

collaboration with federal agencies, all orders of government and Indigenous communities.

The need for wildland firefighters now exists year-round and these firefighters deserve access to the same occupational health and safety protections as their municipal counterparts, including presumptive cancer coverage. And of course, we must mitigate the growing implications of climate change which impact the effects of wildfires.

Now that school has started, it’s a busy time for parents, kids and school staff as we get back into the fall routine. As always, I look forward to my favourite part of my job - talking to students in their classrooms about my role as their MLA and the work of government. I love their questions and even more so, their ideas!

I continue to be concerned about the growing pressure on schools in our community from increasing enrollment and complexity without adequate funding or new schools. And I know many of you remain deeply concerned about the state of Alberta’s healthcare system. 700,000 Albertans do not have a family doctor and there have been some absolutely devastating stories of people right in our community who did not get the cancer care they deserved. These priorities are never far from my mind.

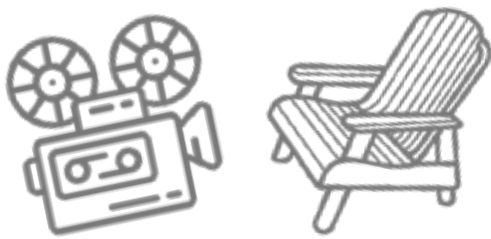
The work of connecting and listening will also be central to my new role as Deputy Leader of the Alberta NDP. I am excited to be taking a leading role in the work of the Official Opposition to connect with Albertans in every corner of our province.

As always, I want to hear from you. Please reach out to Edmonton. whitemud@assembly.ab.ca if you have any concerns.

TERWILLEGAR COMMUNITY LEAGUE PRESENTS

SUMMER MOVIE NIGHT 2024

COMING TO A SCREEN NEAR YOU THIS SUMMER



SHOWTIME

September 21st

MOVIES TO BE ANNOUNCED CLOSER TO THE SHOW DATES ON FACEBOOK. ALL MOVIES TO BE SCREENED AT SOUTH TERWILLEGAR SPRAY PARK. FILMS BEGIN AT SUNSET. BRING YOUR OWN SEATING AND BUG REPELLANT. PLEASE DRESS FOR THE WEATHER. SHOW WILL NOT PROCEED IF IT RAINS OR IF AIR QUALITY IS POOR.

Our Community,
Your Voice







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Edmonton.Whitemud@assembly.ab.ca

Volunteer Update



Kathleen Mountford
TCL Vice President

The Terwillegar Community League is seeking volunteer support for the events this upcoming fall and winter.

First up is our Halloween Fireworks on October 31st. We will need some “security” people to make sure people don’t get too close or cross the tape lines. The volunteer time is only about one hour total so please consider joining us for this event.

The other event we will require volunteers for is the TCL Holiday event on December 14th. Mark your calendars to consider supporting cookie decorating, colouring contest, and more.

In addition to our event volunteers, we have longer-term roles that still need to be filled. The roles available include: Volunteer Coordinator, Programs Aide, and Fundraising Aide. All support roles are non-voting board positions but play a critical role in the success of the Community League.

A brief overview of the roles is as follows:

Volunteer Coordinator

This role supports the Board by creating a list of volunteers to contact for events. They work with the Programs Director and Fundraising Director to provide volunteers for events including the casino fundraiser. They can come up with ideas for volunteer benefits such as a volunteer appreciation night and awards. This person can also attend board meetings.

Programs Aide

This role assists the Programs Director with planning and running of events. You can run smaller events without the Programs Director (with Board approval). The Program Aide may also attend monthly Board meetings.

Fundraising Aide

Assists the Fundraising Director with setting up new fundraising events. Helps out at fundraising events such as the I’m Too Big for It Sale. Could run smaller fundraisers independently (with Board approval). Can attend board meetings.

We encourage you to reach out if you are interested in one of these roles. Please contact vicepresident@terwillegar.org for more information. Thanks everyone!



Canada Day Festivities. Photos courtesy of TCL

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The Air in Here



Elizabeth Cayen
Certified Holistic Nutritional Consultant

The U.S. Environmental Protection Agency reports that indoor air pollution is among the top five environmental health risks to the public. In fact, it is estimated that the concentration of some pollutants can be 2 to 5 times higher than the typical outdoor concentrations. Considering we spend between 80-90% of our time indoors, this can result in some negative impacts to our health.

An easy solution to combat this is to keep your windows open; however, opening your windows when it is -30 degrees Celsius does not seem like a fun idea (IF you can even get your windows open!) And with frequent air quality advisories from forest fire smoke for many days in the summer – another extreme hazard to health – opening your windows is definitely not recommended. So, what can we do?

If opening windows isn’t an option, there are some simple steps we can take to improve the air quality in our homes (and our work spaces too), year-round:

1. Eliminate scented products in your environment (cleaning supplies, air ‘fresheners’ and sprays, scented candles, etc.) While they may smell nice, the scent is actually a concentration of various chemicals that do not even need to be disclosed on a label (if you see ‘fragrance’ or ‘parfum’, steer clear!) These chemicals are irritating to people who are sensitive to them and could have potential long term negative health impacts on everyone. You know what clean smells like? Nothing! The reality is, clean does not smell like pine or lemon or meadow breezes...

2. Dust and vacuum regularly. Another plug for more minimalist living here: the fewer décor pieces on surfaces, the easier it is to keep those surfaces cleared of dust. Many environmental toxins are heavier than air and can end up in the dust on surfaces and on your floor. Regular dusting and vacuuming can keep this stuff from recirculating into your air. And while you’re vacuuming anyway, be sure to vacuum those cold air return vents in the house!
3. Check with an HVAC professional and get the best furnace filter you can afford – and change it regularly. Something that can often be overlooked or be dismissed as not being super important, having a clean furnace filter will ensure that you are not blowing pollutants around your house every time your heat or AC comes on.
4. Don’t wear your outdoor shoes inside. As we walk through our beautiful neighbourhood, we are also walking through environmental pollutants, pesticides and herbicides, and probably a little bit of dog pee here and there. If you aren’t removing your shoes when you get into the house, you’ll then track that all over your floors.
5. Invest in some air cleaning plants. We know plants provide oxygen, but they are also great at purifying our indoor air. Even NASA has a list of the best plants for this purpose! Peace lilies, snake plants, spider plants, and aloe vera are all top performers, and typically don’t cost a fortune. But if you have littles in the house, or animals that like to chew on green things, make sure you check that the plants you choose won’t be toxic to them.

The fact is, we live in a world full of environmental toxins and our indoor air quality is often worse than what’s outside. It is sadly unreasonable for us to be able to open our windows every day to improve our indoor air quality, but even if we could these suggestions can improve things even more. Incorporating a few of these easy tips will help you breathe easier indoors.

Recipe: Slow-Cooked Lasagna

Canada's Food Guide



1. Lightly spray inside of slow cooker with cooking spray.
2. In a large non-stick skillet, brown beef breaking up with spoon. Scrape out beef into a colander and let drain. Wipe out skillet and return to medium heat; cook beef, onion, garlic, oregano and hot pepper flakes for 5 minutes or until softened. Add passata and water and remove from heat.
3. In a bowl, stir together ricotta cheese, spinach, basil and Parmesan cheese.
4. Spread some of the meat sauce over bottom of slow cooker. Lay lasagna noodles in a single layer, breaking as necessary to fit. Top with one quarter of the sauce and one third of the cheese mixture. Repeat layers twice ending with meat sauce on top. Cover and cook on Low for 6 to 8 hours or on High for 3 to 4 hours. About 15 minutes before serving lasagna, sprinkle mozzarella over top, cover and let cook on Low until melted.

Recipe developed by Emily Richards, P.H. Ec. for Health Canada and the [Heart and Stroke Foundation](#).

This heartwarming, delicious lasagna is exactly what you need on busy days. Let your slow cooker do the work and come home to a meal everyone will love. Serve with a salad.

Prep time 20 min

Cook time 360 min

Servings 8

Ingredients

- 225 g (½ lb) extra lean ground beef
- 1 onion, finely chopped
- 3 cloves garlic, minced
- 10 mL (2 tsp) dried oregano
- 1 mL (¼ tsp) hot pepper flakes
- 1 jar (700 mL) passata (strained crushed tomatoes)
- 250 mL (1 cup) water
- 10 whole grain lasagna noodles
- 1 tub (475 g) light ricotta cheese
- 1 container (142 g/5 oz) baby spinach, washed, chopped
- 60 mL (¼ cup) chopped fresh basil or parsley
- 30 mL (2 tbsp) grated Parmesan cheese
- 125 mL (½ cup) shredded part skim mozzarella

Tips

- Little chefs feeling adventurous in the kitchen? Ask them to help layer ingredients in the slow cooker.
- Don't have fresh basil or parsley? Use 15 mL (1 tbsp) dried basil and 30 mL (2 tbsp) dried parsley.
- Switch things up. Try lean ground turkey instead of lean ground beef. Try other cooked vegetables such as zucchini, mushrooms, eggplant or carrots.
- Do you have leftovers? Serve for lunch the next day or store in the freezer for up to 3 months. Defrost in the fridge overnight and heat when ready to serve.

Edmonton Public Schools: Embracing Growth and Excellence in the New Year



Ward F Trustee
Julie Kusiek

This will truly be an amazing year for students and for Edmonton Public Schools. We look forward to welcoming close to 122,000 students into the classroom! We continue to offer excellent regular programming and over 30 alternative programs. Our staff are professionals to their core and are hard at work getting the school year started. Staff are also being creative in finding ways to implement the best possible learning environment in schools that are increasingly full. Thank you to each and every staff member for your hard work and dedication - you are making a difference in the lives of children, families and our community everyday. The Board continues to tell Edmonton Public Schools’ story of unprecedented growth, advocating for an acceleration of new school construction and predictable, adequate, sustainable funding to support student learning. We are excited to open a new high school, Elder Dr. Francis Whiskyjack School this September. The Board also stands firm in promoting a strong sense of belonging for students and staff. Your children will receive an excellent education with Edmonton Public Schools.

Thank you to each and every staff member for your hard work and dedication - you are making a difference in the lives of children, families and our community everyday

I am proud of the direction approved by the Board of Trustees in June with our 2022-2026 strategic plan and the progress made so far, although there is still work to be done. You can find these results in the Annual Education Results Report available at epsb.ca or through the Board’s strategic plan updates, also available on the website.

This strategic plan has been guiding our work and will continue to focus the direction of Edmonton Public Schools this year: “Our commitment to high-quality public education serves the community and empowers each student to live a life of dignity, fulfillment,

empathy and possibility.” Major priorities center on maintaining outstanding learning environments for all students, continuing action towards anti-racism and reconciliation, and enhancing student and staff well-being and mental health. You can read more here: <https://www.epsb.ca/ourdistrict/results/strategicplan/>.

Finally, please keep in touch. You can reach me by email at trustee.julie.kusiek@epsb.ca or by phone at 780-429-8087. I also publish a regular newsletter and host Ward F events, with brief highlights to keep community members informed. All are welcome! Please sign up via my website at www.juliekusiek.ca.

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Washday Recollections



Colleen Crozier
SWESA Member



Do you remember the first time you did laundry by yourself? I do. What joy! What a challenge! What a wonderful sense of accomplishment when it was done!

My first time was in the basement of our city home. The family had deposited a week’s laundry on the floor in the appropriate pile: whites, colours, darks, really dirties. For washing, we had a tub wringer model on wheels, powered by an electric motor. For rinsing, a folding bench that held two large square water tubs. Rinso, Breeze, and Lux took turns in our home, depending on which soap offered a free piece of china, stainless steel cutlery or tea towel.

On my first solo “flight”, I pushed the washer close to the water taps and plug-in, and connected the hoses and wire. After filling the two rinse tubs with cold water, I added bluing to one, then filled the washer with hot water and added detergent.

I started with the least-soiled items, the whites. Pushing them under the water, I then flipped the agitator lever and watched as the “dolly” stirred and pummeled the clothes. Soon I stopped that action and turned on the wringer. With great trepidation, I held the edge of each piece against the space between the two wringer rolls, watching them “eat” the clothes, and praying that they would not eat my arm. Into the first rinse water, swing the wringer 90°, through the wringer again, into the second rinse, through the wringer once more and into the waiting laundry basket.

Whites done, I repeated it all, moving through the piles of lightly-soiled colours, ending with the darks, and the very dirty ones.

I recalled thinking about my farm relatives who had real dirt, the kind that earth, animals and machinery create. They had no electricity, so they coped with a gas-powered motor on the washer, hauling pails of water from the well and heating it on the stove.

I was 9 years old that first time. Now, considerably older, as I press the buttons on my washer and dryer, I think of the gazillion times I’ve done laundry. I’m grateful. And I still feel the joy, the new challenges that aging has brought, and that wonderful sense of accomplishment when the laundry is done!

Come join us at South West Edmonton Seniors Association (SWESA). You’ll find kindred spirits, fun activities, and learning opportunities. We’re housed in the William Lutzky YMCA. The laundry can wait.

South West Edmonton Seniors Association
1975-111 St. NW
Edmonton, AB
587-987-3200
email: info@swesa.ca
www.swesa.ca



SWESA members and board met in June for smiles, information sharing, and food at the Annual General Meeting

Check us out on Facebook!



Search: “Terwillegar Community League” under groups

Kid's Zone - Colouring Contest



Fall Colouring Contest

First Name: _____

Last Name or Initial:

Age: _____

Address: _____

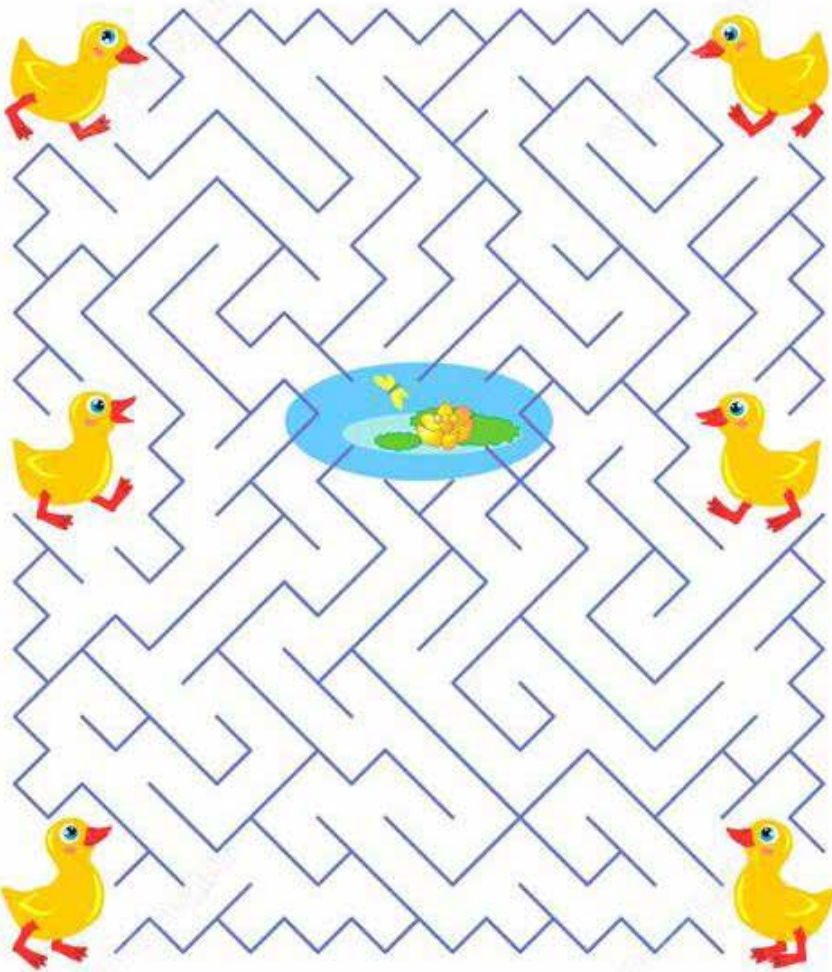
Phone: _____

Email: _____

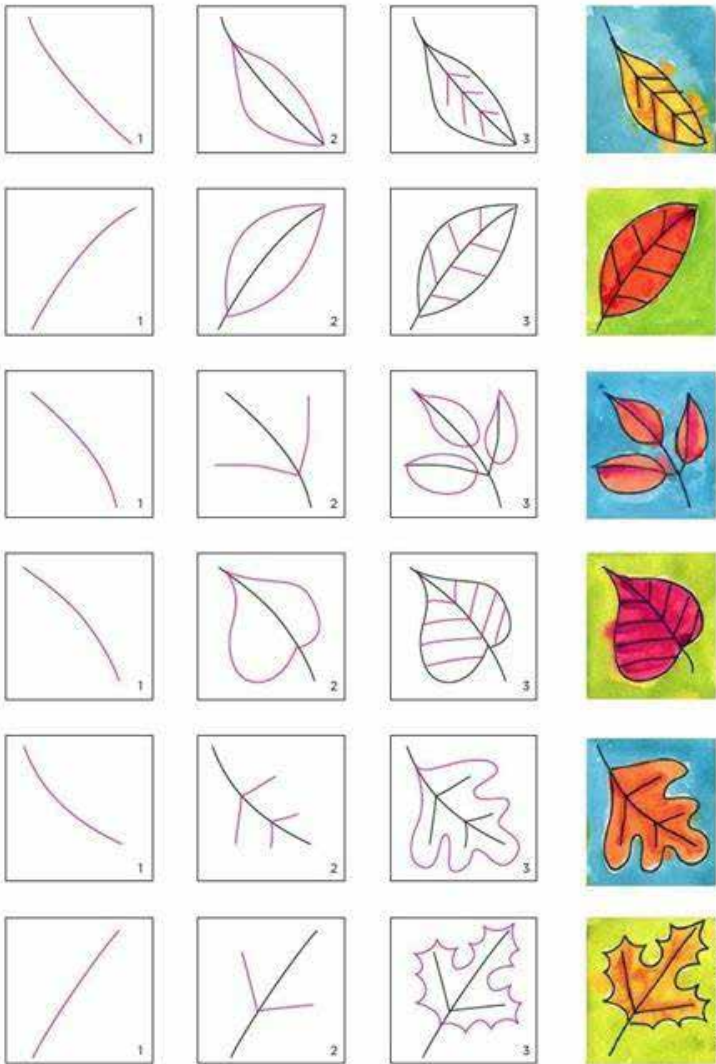
All entries must be received by November 1. One entry per child.
The contest is open to residents of the following areas:
Terwillegar, Magrath, South Terwillegar, and MacTaggart.

Age categories are;; 3-5; 6-8; and 9-11.
Entries should be mailed to:
Terwillegar Community League
PO Box 36508 , MacTaggart RPO
Edmonton, AB T6R 0T4
OR
Dropped off at the TRAC Office (by Multi-Purpose Room #6)
inside the Terwillegar Rec Centre.

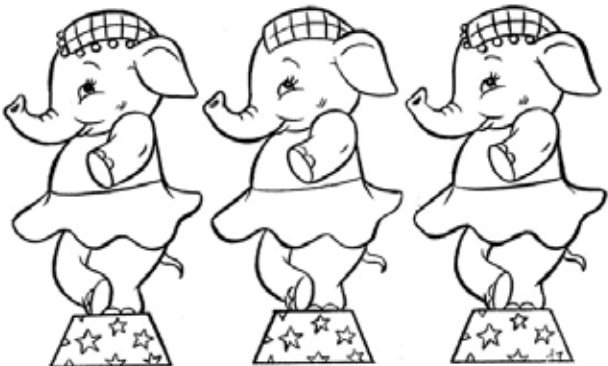
Kid's Zone - Fun & Games



What key has legs but cannot open doors?
A turkey!



What has ears but can't hear?
A cornfield!



FIND THE ONE THAT IS DIFFERENT.



Knock knock! Who's there?
ANITA
Anita Who?
Anita to borrow a pencil!



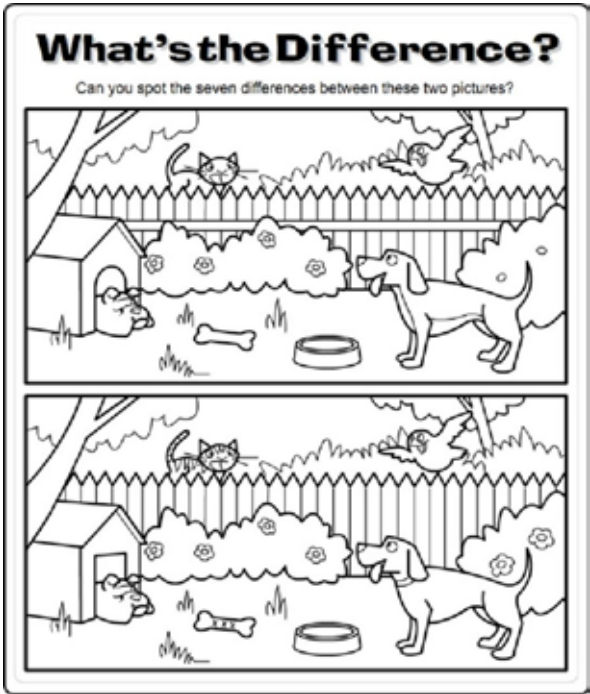
Summer Colouring Contest Winners!

Ages: 6-8
1st Place: Brynn M.
Runner Up: Evan C.

Ages: 3-5
1st Place: Scarlett K.
Runner Up: Dottie C.

Ages: 9-11
1st Place: Atticus O.
Runner Up: Audrey Y.

Thanks to every-
one for their
submissions and
making it
so difficult to
choose the
winners!



Prizes awarded to first place & runner up in each category are \$25 & \$10 gift certificates for Toys "R" Us
Honourable mentions will recieve a \$10 Toys "R" Us gift certificates.
Prizes will be mailed out the coming week!

Edmonton Neighbourhood Watch: Building Safer Communities Together



www.edmonton.ca

At the Edmonton Neighbourhood Watch Program Society (ENW), we are committed to fostering a sense of safety and community. Our vision is for every individual to feel secure in their neighbourhood. Our mission is to build safer communities by providing crime prevention information and supporting neighbourhood-level programs that encourage awareness, education, inclusion, and participation.

What We Do

ENW is a non-profit organization served by a Board of Directors and staff members. Our work would not be possible without our volunteer Board Members, Community Representatives, and General Volunteers.

How can you start a Neighbourhood Watch?

An official Neighbourhood Watch Program is established within a community or area with a volunteer serving as an ENW Community Ambassador Representative (ENW Rep). While some Community Leagues have a Neighbourhood Watch Coordinator or Safety Coordinator on their Board, it is not mandatory for an ENW Rep to be part of a Community League.

Becoming an ENW Rep is a straightforward process:

- Have a brief phone call with ENW to get acquainted.
- Complete a membership application and apply for an EPS Police Information Check.
- Attend an in-person training session at our office.

Interested representatives can contact ENW via email at admin@enwatch.ca or by phone at 780-433-7458 to start the free process.

What is expected of an ENW Representative?

ENW Representatives in each community are encouraged to:

- Get to know their neighbours and build strong relationships.
- Implement at least one ENW program in their community.
- Act as a point of contact for community residents and ENW.
- Participate in ENW's Annual General Meetings.
- Maintain membership in good standing

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WATCH PROGRAM SOCIETY

START A NEIGHBOURHOOD WATCH IN YOUR COMMUNITY



Becoming an ENW Rep is a straightforward process:

- Have a brief phone call with ENW to get acquainted.
- Complete a membership application and apply for an EPS Police Information Check.
- Attend an in-person training session at our office.

INTERESTED REPRESENTATIVES CAN CONTACT ENW VIA
ADMIN@ENWATCH.CA | 780.433.7458

What programs does ENW offer?

ENW offers a variety of FREE resources and programs designed to keep our communities safe and vibrant, including:

- Awareness: Social media campaigns on crime prevention strategies and cybersecurity workshops for all ages.
- Block Party: ENW supports block parties with crime prevention resources, fun activities, and invites law enforcement and government representatives.
- Door Sticker: Stickers for homes and businesses to demonstrate community commitment to safety and crime prevention awareness.
- New Home Development: Resources for new homeowners to address construction site-related crimes.
- Senior Safety and Fraud Prevention: Workshops to help seniors stay safe at home, on the street, in their vehicles and online
- Street Signage: Signs at neighbourhood entrances to deter crime and signal community vigilance.
- Walk Your Block: Encourages residents to familiarize themselves with their surroundings and report suspicious activity.
- Youth Perspectives on Safety (under development): Engages youth in crime prevention and community safety initiatives to reduce the potential for their involvement in crime.

ENW is continually developing new programs to address rising safety concerns in Edmonton. Stay connected with us to receive the latest updates.

Please note: ENW is not a patrol group and does not promote or support vigilantism. Volunteers who harass or discriminate against others based on ethnicity, age, sexuality, etc., will be removed.

New Pedestrian-Cyclist Bridge to Enhance Connectivity in Southwest Edmonton



edmontonrivervalley.org

Stage three of the project will include a new pedestrian bridge spanning Anthony Henday Drive between Terwillegar Drive and Rabbit Hill Road. https://www.edmonton.ca/projects_plans/terwillegar_drive/142-street-pedestrian-cyclist-bridge

New pedestrian and cyclist bridge will improve access to Whitemud Creek

Construction has begun on a new bridge as part of stage two of the Terwillegar Drive Expansion project. The 142 St pedestrian/cyclist bridge will improve access and connectivity for walking, cycling, and rolling in southwest Edmonton and beyond. Construction is underway and expected to be completed in 2025.

The bridge, located across Whitemud Drive near 142 St, will link Brookside and Brookview neighbourhoods to existing active transportation routes. It is a major component of a broader initiative to enhance pedestrian and active transportation infrastructure through the Terwillegar Drive Expansion project.

Key project upgrades include a new shared pathway along the east side of Terwillegar Drive, dedicated pedestrian and cyclist bridge adjacent to the westbound Rainbow Valley Bridge providing access to Whitemud Creek, and upgrades to the shared pathway from 122 Street to 142 Street.



Support Your Community!

Terwillegar Community League memberships are available online at www.terwillegar.org

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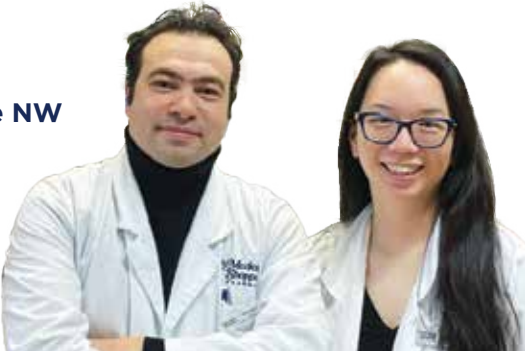
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Key Tools for Smooth Real Estate Transactions: RPR and Title Insurance



Sally Munro
Century 21 Masters

In my 44 years as a real estate agent in Edmonton and surrounding areas, I've noticed a recurring challenge that often surfaces too late in the transaction process—during closing. Both sellers and buyers find themselves grappling with compliance issues and the implications of holdbacks, creating unnecessary stress. It is paramount for both parties to engage in due diligence from the beginning of their transaction to navigate these challenges effectively.

The Significance of Selling or Purchasing a Home

Selling or purchasing a home represents a significant financial undertaking, typically the largest most people will encounter in their lifetimes. For buyers, understanding the property they intend to purchase is crucial, and for sellers, ensuring that the property complies with local regulations is equally important. Two indispensable tools in this process are the Real Property Report (RPR) and Title Insurance, each serving distinct but complementary roles.

Understanding Real Property Reports

A Real Property Report is a legal document prepared by a licensed surveyor that maps out the property's boundaries and all improvements relative to these boundaries. This includes houses, garages, fences, sheds, gazebos, decks, and hot tubs, as well as noting any easements, rights-of-way, or encroachments from adjacent properties. The primary benefit of an RPR is to verify that the property complies with municipal regulations.

For buyers, an RPR offers peace of mind by revealing any potential issues that could impact the property's value or future usability. For instance, if a deck or sunroom was built without the necessary permits, this could lead to significant complications at closing. Resolving such issues before finalizing the purchase helps avoid legal or financial surprises later on.

Homeowners who have made improvements such as adding fences, decks, or gazebos should ensure their RPR is updated to reflect these changes. Compliance with city permits is crucial, and failing to adhere can bring substantial repercussions.



The Role of Title Insurance

While an RPR focuses on the physical aspects of the property, Title Insurance protects against financial and legal risks associated with the property's title. This includes protection against fraud, forgery, unknown title defects, and errors in public records. Title Insurance also covers losses from certain undisclosed encroachments or municipal bylaw violations discovered after purchase.

For example, if a previous owner incurred debts leading to a lien on the property, Title Insurance would potentially cover these costs, ensuring the new owner is not held financially responsible. Additionally, if a property's setbacks were inaccurately reported and require modifications, Title Insurance might cover these expenses. However, it is crucial to note that Title Insurance does not cover known defects.

Complementary Benefits for Homebuyers and Sellers

Together, a Real Property Report and Title Insurance create a comprehensive safety net. The RPR ensures that the physical boundaries and improvements comply with local zoning regulations, while Title Insurance safeguards against unforeseen legal and administrative complications. This dual approach significantly reduces the risk of costly surprises that can affect property ownership and enjoyment.

For sellers, providing a current RPR with compliance—or a non-compliance if permitted by the municipality—is often stipulated in Alberta's real estate transactions. If improvements have been made, it's crucial to ensure these are reflected in the RPR or updated accordingly. A statutory declaration confirming the accuracy of an RPR can sometimes suffice, avoiding the need for an update.

Conclusion

Investing in both a Real Property Report and Title Insurance when buying a home is akin to conducting a thorough background check on a potential long-term investment. These tools offer substantial protection individually, but when combined, they provide a robust defense against common pitfalls in property transactions. For anyone engaging in real estate, whether buying or selling, understanding and utilizing these tools is essential for safeguarding their investment and ensuring peace of mind in this significant life milestone.

Happy selling and buying! For further details, feel free to contact me at your convenience or consult with your real estate professional.



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TRAC Community Run/Walk



TRAC Community Office

The TRAC Community Run/Walk was held Sunday, May 26th in partnership with The Running Room. The rain subsided for the event and it turned out to be just the perfect morning for the community to come together!

Huge thanks to Councillor Cartmell for emceeing the event and MLA Pancholi for assisting with medal presentations, and to Orange Theory Riverbend for leading the warm up and cool-down. Thanks to Justin Ng, event coordinator from The Running Room, and Kyle LaFontaine from Results Canada for taking care of the timing. Remax provided the Festival Tents and a bouncy castle which was enjoyed by the younger crowd. Reckie Lloyd & band members with Sangea Academy provided the musical entertainment with some African drumming!

Thanks to our incredible sponsors! We couldn't have made the event happen without your continued support.

Platinum Level Sponsors:

Miller Thomson LLP (Title Sponsor 10K), Better Player Inc. (Title Sponsor 5K), Brookview Dental (Title Sponsor 3K), AMB Wealth Management Group of RBC Dominion Securities (Title Sponsor 1K Kids Fun Run), Richardson Wealth (Title Sponsor Post Nutrition Station), & Booster Juice

Gold Level Sponsors:

REP Physio (Title Sponsor of a Water Station), A&W

Silver Level Sponsors:

Panago Pizza-Terwillegar, Pri-Med Medical Products, COBS-Riverbend Square

Bronze Level Sponsors:

Roberts McClure, Freson Bros.-Terwillegar, Orange Theory & Brookview Montessori

Copper Level Sponsors:

Second Cup-TCRC, Save-On-Foods Magrath, Vines Wine Merchants, LOHS Students, & The Running Room

The post nutrition station included coffee & hot chocolate courtesy 'Second Cup-TCRC', fresh fruit courtesy 'Freson Bros. & granola bars courtesy Save-on-Foods Magrath, delicious baked goods from 'COBS Bread-Riverbend' and tasty pizza provided by 'Panago Pizza-Riverbend/Terwillegar'! The Girl Guides, Emily Murphy District were on site to provide information on the program along with providing volunteers for the event. Orange Theory was also on site providing great fitness tips.

Veggie baskets for the children were provided by S4 Greenhouses Ltd., a Sprouts vendor participant at the Southwest Edmonton Farmers' Market. For more information on the Sprouts Program, please check www.swefm.ca

Of course, an event such as this could not be possible without the help of our many many dedicated volunteers – thank you to each and every one of you!

We hope everyone had a great time and we'll look forward to seeing you in 2025 for our 20th anniversary year!





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Golden Yellow Tambourines



Garth Paul Ukrainetz

Poet of the Blackmud Creek

The aspen trees are grooving
Golden yellow tambourines
Lightly lovely leaves are dancing
Joyful Blackmud Creek Ravine

Such a wonderful performance
Every fall their foliage fair
Hear the jingle and the jangle
Breezy colours fill the air

Little chickadees are swinging
All the bluejays love the beat
Pesky beavers getting hungry
Soon the instruments they'll eat


Yellow tambourines are shaking
Creekside spruce in gentle sway
Feel the rhythm of the Blackmud
On a gorgeous autumn day

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uab.ca/remember



UNIVERSITY OF ALBERTA
BOTANIC GARDEN

City Naturalization Survey



edmontonrivervalley.org

Naturalization is a process that transforms a manicured landscape into one reflective of the natural region. Responsible parkland care means sustainable practices that contribute to a healthy, climate resilient livable city for generations to come. Naturalization helps preserve and celebrate the natural plant and animal species found in our region.

For more than 25 years, Edmonton has been reverting sections of city green spaces to a more natural state through naturalization. The full naturalization process can take ten years or longer. Many of these open spaces are along arterial and collector roadways, around stormwater ponds and in parklands. These areas are not part of the regular mowing cycle, and may eventually be planted with trees, shrubs or wildflowers.

The goal of the city survey, which is open until October 20, is to understand resident awareness and perspectives regarding ongoing naturalization efforts.
https://www.edmonton.ca/city_government/environmental_stewardship/naturalization?utm_source=virtualaddress&utm_campaign=naturalization



Online Frauds & Scams



Michael Elliott
EPS Staff Sergeant, Southwest Division

As the summer draws ever close to the fall and the commencement of school and university is around the corner, I would like to bring attention to the ever popular online frauds and scams. These frauds are ever present via emails, text messages and social media. Examples include “you owe money to Revenue Canada” or receiving a random text from an unknown number asking you random generic questions such as are you coming to work tonight or calling you a random name to see if you will respond. They are always after your well earned money and/or your personal information. The simple rule for text messages which I follow: if I do not recognize the number, especially the area code, I delete it. It’s not worth the risk or headache.

Email compromise/hacking is the first step for fraudsters to steal your identity and your money. It is important to keep in mind that not all emails are from the sender indicated in the address bar. Many times, that information is ‘spoofed’ or written over to hide who the actual sender is.

Some things to consider when you are looking through your emails:

- Delete all messages from senders that you do not know. If you have a need to read the message, do not click on any links or attachments as they can contain malware or a key logger, which are used to get information off your computer.
- If you get mail from someone you know but the content doesn’t make sense or is not a message they would send you, call them to confirm if they sent it; don’t click on any of the attachments

or hyperlinks until you confirm that the message was sent by the person shown.

- Check the rules and alerts in your email account settings to ensure that no one has changed the settings or added a forwarding rule to send your emails to someone you don’t know.

If you've been a victim call the Edmonton Police Service immediately at 780-423-4567 or #377 from your mobile phone. If you're a victim of fraud, do not be afraid to come forward. You are not alone and the EPS can help you. If you did send money or share financial information, report it to the financial institution used e.g. your bank, Western Union, MoneyGram, Equifax and TransUnion.

- Equifax – 1-800-465-7166 or <https://www.consumer.equifax.ca>
- TransUnion – 1-800-663-9980 or <https://www.transunion.ca>

Gather all information pertaining to the situation, including the scammer’s profile name, how you made contact, social media screenshots, emails, etc. and contact your local police.

File a report with the Canadian Anti-Fraud Centre -1-888-495-8501.

Notify the buy/sell, dating website or social media site where you met the scammer. Scammers usually have more than one account. Be proactive; tell family, friends, coworkers and neighbours about your experience to warn them about online scams.

Back to School Safety



albertahealthservices.ca

Alberta Health Services EMS would like to remind parents and students of safety tips as the school year begins again this fall. Pedestrians and motorists both have a key role to play – road safety is a shared responsibility.



Motorists

- Distracted driving carries a \$300 fine and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise;
- No matter which direction you are coming from, STOP when

approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;

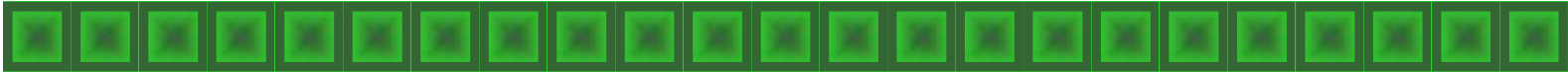
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

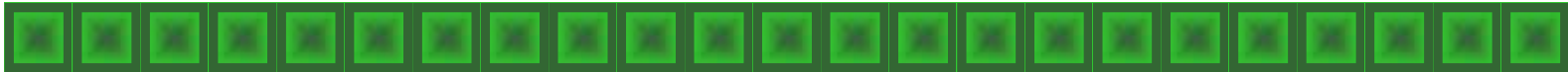
- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- Make eye contact with all drivers before crossing the street, and keep distractions to a minimum;
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop;
- Stay within the crosswalk lines;
- Obey pedestrian lights at intersections. Cross the street only when you see the ‘walk’ sign and only when all vehicles have come to a complete stop;
- If you are with young children or pets, hold your child’s hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

Summer Carnival

Thank you to our Gold Sponsors



Thank you to our Bronze Sponsors

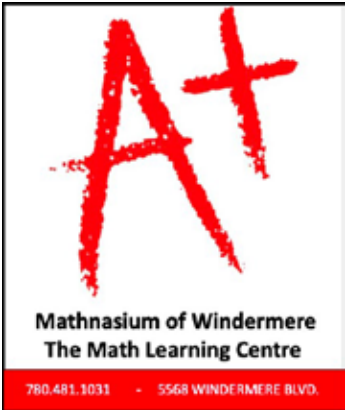


Thank you to our Supporters



Summer Carnival

Thank you to our Silver Sponsors



Ready, Get Set, Go!



Sodhi Pillay

The eager energy of 6-year-olds seemed to ooze out of every pore, as the smiling, excited group took to the start line of the 1km race. Parents, grandparents, neighbours, friends and community members cheered loudly as the signal of the start of the race blared through the air, and away they went. Little feet, quick feet, slow feet, stumbling feet pounding the pavement and pride filling their lungs.

The route that meanders through our Terwillegar community pathways and trails seem to come alive after the long winter. Friendly cheer squads of volunteers adding whoops of encouragement and offering much needed hydration.

The crisp May air, music, the aromas of post run treats wafting through the air all signals a vibrancy of our Terwillegar community. Brightly coloured race shirts dot the hub and surrounding fields for a couple of hours as the exhausted 10km runner’s finish.

Whether you leisurely walk or run, the community vibe and energy is a tonic in and of itself. I love the fact that our community volunteers through the years have worked to keep this amazing community race pumping. Sue Trigg and Karin Shott and their committee of volunteers, generous local business and private sponsors show up for our community in a way that fosters connection and delivering fun whilst doing it.

Community spirit, celebration activities and connection are what makes neighbourhoods thriving space for both young and mature families. The frenetic pace of our lives sometimes overwhelms us and it is easier to withdraw and not seek the community connections that can and does spark joy.

This year my husband and I, along with delightful local high school volunteer students, Brooklyn and Ariel were the cheer squad at the

2km mark. Loudly and enthusiastically cheering the runners and walkers, it was refreshing to see the young community volunteers delighting in their roles.

How wonderful to see that the host of young volunteers helping at the run event gave up their precious sleep in time on a weekend to wake up early and show up for their local community.

Community is not merely a place where you are from (or a postal code), it’s a place where you belong. Belonging starts with feeling part of something bigger and contributing in big or small ways to making others feel celebrated and welcomed. The TRAC run in 2025 will mark 20 years of staging this event. This shows tenacious determination of our community organizers to create thriving communities in which we all can benefit from. I look forward to our community coming out in force in 2025 to celebrate, take part in and cheer this milestone and remember “Strong Communities are born out of individuals being their best selves” -Leanne Simpson



Photo courtesy of Sodhi Pillay

Support your community!

Terwillegar Community League memberships are available online at www.terwillegar.org

Terwillegar Classifieds

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Community Contact Information

Join The TCL

Adult 1: _____ Date: _____

Adult 2: _____

Address: _____

Postal Code: _____ Phone Number: _____

Email: _____

Childrens Name & Age: _____

Membership Type:

\$35.00 ☐ Adult Single ☐ Adult Couple

\$35.00 ☐ Senior Single or Couple (65+)

\$45.00 ☐ Family

May we send you news by email?

☐ Yes ☐ No

Are you willing to volunteer?

☐ Yes ☐ No

Fee Paid: _____ Donation: _____

☐ Cash ☐ Cheque # _____

(_____ *Cheque payable to TRAC)

Total Paid: _____ # of Skate Tags required: _____

Mail completed form, along with payment to:

Terwillegar Community League
Terwillegar Riverbend Advisory Council
#5, 2051 Leger Road NW
Edmonton, AB T6R 0R9

*Please make sure the boxes are checked for email news,
and if you are able to volunteer. Thanks!*

You CAN make a difference by helping
out in this dynamic community of ours!



Board Contacts

- President:**
Darlene Reid, president@terwillegar.org
- Vice-President:**
Kathleen Mountford, vicepresident@terwillegar.org
- Treasurer:**
Monte Weber, treasurer@terwillegar.org
- Secretary:**
Jeff Nordstrom, secretary@terwillegar.org
- Community Advocate:**
Sue Trigg, advocate@terwillegar.org
- Membership Director:**
Kailey Hartman, memberships@terwillegar.org

Programs Director:
Sagar Lunawat, programs@terwillegar.org

Communications Director:
Heather Maitner, communications@terwillegar.org

Fundraising Director:
Marijke De Bruin, fundraising@terwillegar.org

Other Contacts

Community Garden:
Amanda Hunt, garden@terwillegar.org

Editor:
Karin Shott, editor@terwillegar.org

Neighbourhood Watch:
watch@terwillegar.org

Webmaster:
Alison Cairns, webmaster@terwillegar.org

Other Positions

TRAC Ambassador - MacTaggart:
Vacant

TRAC Ambassador - Magrath:
Vacant

TRAC Ambassador - South Terwillegar:
Ryan Barber

TRAC Ambassador - Terwillegar Gardens:
Sue Trigg

TRAC Ambassador - Terwillegar Towne:
Monte Weber

Crossword Solution

1	C	H	2	A	R	T	E	4	D		5	H	Y	6	M	N	7	S
	R		M		U				I		A		I				E	
8	U	P	P	E	R			9	T	H	I	N	N	E	R			
	I		L		B				H		R		A				F	
10	S	T	E	R	I	L	E			11	Y	A	R	N	S			
	E					N			R					E				
12	R	I	13	P	P	E	D			14	B	I	G	T	O	16	P	
			O						17	P		M					R	
18	S	Q	U	A	B				20	E	X	P	L	O	D	E		
	U		R		E				O		R		N				S	
22	S	T	I	R	R	U	P			23	O	A	S	I	S			
	H		N		E				L		V		E				E	
24	I	N	G	O	T				25	E	L	E	C	T	E	D		



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AVAILABLE

Brander Gardens \$4,495,000
Overlooking the North Sask river on over 2 acres. 8548 sqft, 7 beds and 9 bath. A rare beauty
ML# E4401232

AVAILABLE

Donsdale \$3,688,000
Nestled on 1.47 acres, private luxurious living in the city. 5318 sqft, 3 bedrms, 5 baths.
ML# E4392300

AVAILABLE

Old Glenora \$3,498,000
Live the dream in Old Glenora! Stunning custom built 7,567sqft, 4bed, beautifully appointed.
ML# E4396315

AVAILABLE

Glenora \$2,500,000
A premier 2-storey brick mansion. 3,621 sqft, 4 bed & 3.5 baths. 124' of frontage along the ravine!
ML# E4398634

AVAILABLE

Ravine in Windermere \$2,498,000
Estate on 1.247 acres. 4265 sqft + 2011sqft finished basement. 4 bed, 5 bath. Must See!!
ML# E4375136

AVAILABLE

Rural Parkland County \$1,998,000
On the North Sask. River. 4.87 7acres. 5,570 sq ft, 4 Bed, 4 Bath. Indoor pool. Must See!
ML# E4396791

AVAILABLE

River's Edge \$1,998,000
2.5-acre lot. Panoramic views. 4819 sqft Exec. 2-storey. 5 bed 5 bath. Must see!
ML#E4387016

AVAILABLE

Donsdale \$1,995,000
Prestigious Donsdale. Exquisitely renovated. 2,379 sqft, 3 bed Bungalow. Prime location
ML# E4389849

AVAILABLE

Lot in Brander Gardens \$1,995,000
Approx 1 acre in prestigious Ramsay Heights. Build the home you've always wanted
ML# E4401233

AVAILABLE

Jasper Ave \$1,988,000
5139 sqft 2 storey Plantation Style home. 6 bed, 5 bath + loft! Stunning river views.
ML# E4386046

AVAILABLE

Ramsay Heights \$1,899,000
1 min. walk to River Valley & Ramsay Park. Scandinavian style, aprox 5,000 sqft. 5 bed
ML# E4402480

AVAILABLE

Brookside \$1,398,000
16,000 square foot estate lot, opportunity for subdivision. 4000sqft Original bungalow
ML#E4401227

AVAILABLE

Windermere \$1,350,000
Premier Upper Windermere. 6252 sq ft, 7 bed, 4.5 bath. Beautiful executive home
ML# E4401914

AVAILABLE

Lots in Donsdale starting at \$1,100,000
Dream opportunity to choose your own builder. 73 ft Frontage on Donsdale Drive. Fully serviced
ML# E4366445

AVAILABLE

Belgravia \$1,299,000
2535 sqft, 4 bed 3 bath, bonus room, formal living and dining area. Unique European feel
ML# E4396540

AVAILABLE

Westbrook Estate \$1,200,000
3020 total sq ft home is move-in ready. 3bed, 3.5 bath. Great location!
ML# E4394666

AVAILABLE

Grandisle Point \$999,000
Premier 1.18 acre Estate. 2330 sq.ft. 4 bed 3.5 bath. Walk-out basement. Beautiful river valley
ML# E4380488

AVAILABLE

Oakmont \$899,900
3978 total sq ft walkout bungalow. Natural Light. 2 bed, 4 bath Exec style home
ML# E4389322