

Terwillegar Community League News

Serving the Communities of Terwillegar Towne, Terwillegar Greens, Terwillegar Gardens, South Terwillegar, Sandalwood and Magrath

Come join the fun at the Green Shack Program

By Karey Steil

The Green Shack Program will be starting May 20 on a part-time basis. The City of Edmonton leaders will be on-site at the Terwillegar Towne playground to lead stories, crafts, songs and games.

The purpose of the program is to provide a structured and safe environment for children in the community to play.

Kids can look forward to daily activities in the park lead by enthusiastic leaders.

Mornings will be dedicated to the Moms and Tots program with programming geared to three to five-year-olds. After school hours will include a variety for all ages. Parents do not have to accompany children over the age of seven.

Please check the 'shack' for hours of operation. Starting July 3, we will have two full-time leaders on-site for the rest of the summer.

Last year, kids and parents raved about the program and Terwillegar Towne is one of the best-attended Green Shack Programs in the city.

Any questions or concerns, please contact ksteil@telus.net.

(Right) Hallie Lyons, five, enjoys a slush drink in Terwillegar Towne. Bring your kids to the Terwillegar Towne Park where they can have fun in the summer with program leaders, join a Canada Day Parade and waterfights. More details about summer events inside.



(Above) A clown entertains kids at the Terwillegar Community Church's spring carnival at the Terwillegar Towne Park in early May. The church organized games, crafts and other activities for children in the neighbourhood. The carnival has become a popular yearly event and draws hundreds of parents and kids for about four hours of fun.

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Water fights to kick off and wrap up to summer

By *Teressa Krefting*
Program Director

Summer events start with a splash when a water fight breaks out at the playground in Terwillegar Towne (Tomlinson Common) on June 24 from 3 to 4:30 p.m.

Children can come out with their water guns, sponges and buckets and plan to get wet! You must bring your own water to the event, but cool treats will be supplied for the families.

We wrap up the summer with a second water fight on Aug. 26.

Canada Day Bike Parade

Our annual Canada Day Bike Parade is taking place on July 1 from 10:30 a.m. to noon.

Children can decorate their bikes with supplies

provided by the Terwillegar Community League at the playground in Terwillegar Towne (Tomlinson Common). Children will ride to the Mac's store located on Towne Centre Blvd. Families will enjoy a cool treat at the end of the parade.

Last year we had the parade take us into Terwillegar Gardens, which proved a bit long for some of the little kids, so we will return to our original location.

Over 100 families came out and decorate bikes, wagons and strollers. Edmonton Police Services directed traffic, which was very exciting for some of the children. The parade appears to draw more people each year!

We are in need of volunteers for the day of the

event to help set up the bins of supplies and to clean up after the event. If you are able to spend an extra 15 minutes before or after the event to help us out, please contact me at programs@terwillegar.org.

If you live in any of the surrounding neighbourhoods such as Terwillegar Gardens, Magrath or South Terwillegar and would like to organize a Canada Day parade in your neighbourhood, the Terwillegar Community League is happy to help by providing the supplies for decorating bikes. You are also welcome to join the parade in Terwillegar Towne.



(Left and above) Last year's Canada Day Parade attracted all ages and all forms of wheeled transportation from wagons to bikes. Kids enjoyed decorating in the theme of Canada's birthday and were proud to show off their work around Terwillegar Towne.



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City abandons P3 for new recreation centre

Following extensive review and assessment, the City of Edmonton has discontinued P3 negotiations for the design, build, finance, operation, and maintenance of the Southwest Community Recreation Centre (SCRC).

An acceptable agreement on price and program could not be reached with the P3 proponent.

On April 16, Edmonton city council unanimously approved a recommendation that the city enter into an agreement with Stuart Olson Construction for construction management services to build the recreation centre component based on the existing design prepared by Sahuri and Partners Architects. Brisbin Brook Beynon Architects will now begin to design the arena component and focus on integrating it with the design of the recreation centre component to achieve maximum design efficiencies.

imum design efficiencies.

Within six months, the administration will bring forward to City Council a report that will outline the design and financing plan for a four-pad arena complex, as part of the city's next three-year capital plan.

The construction boom in Edmonton has impacted the costs of the project, which have increased to \$106.4 million for the construction of the recreation centre component and the design of the arena complex. As a result, city council also approved a recommendation that the SCRC budget be increased to \$106.4 million, using tax-supported debt as the source of funding.

Work could start as early as May on the construction of the recreation centre component and could be completed by Spring 2010. Upon completion of construction, city staff will operate and maintain the SCRC.

For future updates, please go to www.edmonton.ca/scrc.

- as reported in the Riverbend Rag-Times

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An architect's design of the future Southwest Recreation Centre to be located on 23 Ave. near Terwillegar Drive.

Help clean up your neighbourhood

By *Teressa Krefting*
Program Director

The Terwillegar Community League held a very successful neighbourhood clean up last year. We were happy to see many families come out and help pick up garbage around the area.

Participants collected over 15 bags of garbage! Capital City Clean Up donated garbage bags, gloves and few t-shirts to some lucky children.

This year we are planning a larger Neighbourhood Clean Up. We will be having bins to take those items that you need to get out of the garage.

We will be holding our Neighbourhood Clean Up on June 21 from 10 a.m. to 1 p.m. and are looking at a location that would be central to all of the Terwillegar Community League neighbourhoods. We are also hoping to have a bottle drive at the same time. We encourage you to help clean up your street on this day and bring any larger unwanted items to the bins that will be provided. Look for flyers that will detail the information about this event.

If you are interested in helping with this event, please contact me at programs@terwillegar.org. Please help us tidy up our neighbourhood!



This family was one of many who rolled up their sleeves to pick up garbage around Terwillegar Towne during last year's clean up. The program is expanding to other neighbourhoods in the Terwillegar Community League this year. The event takes place on June 21.

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Healthy Home 2008!

This Healthy Home for 2008 partnership between Burke Perry Master Builder and a team of trades takes place every two years and results in funding for the Royal Alexandra Hospital Foundation. This year's proceeds from the sale of the home are designated to the Lois Hole Hospital for Women. This 2 storey home is the popular Williamsburg floorplan. Features include 1873 sqft of living space, hardwood flooring throughout the main floor, ceramic tile, a formal dining room, a den and a large great room with a gas fireplace with a custom mantle. The kitchen boasts stainless steel appliances, an island, a corner pantry and a breakfast nook. Upstairs the master bedroom boasts a lavish ensuite with a corner jetted tub, separate stand up shower and a walk in closet. There are 2 other bedrooms, a 4 piece bathroom and laundry room also on the upper level. There is also a rear deck perfect for entertaining! Don't miss out on this fantastic opportunity to help build hope for the Lois Hole Hospital for Women and to help support a great cause! This home is located in Terwillegar Towne at 1822 Towne Center Boulevard. \$449,000



6112 Stinson Way

Burke Perry custom home, 3 bedrooms, 2.5 bathrooms, hardwood, granite countertops, gas fireplace, den, dining room & lots more upgrades! \$459,000



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Burke Perry custom home. 3+1 bedrooms, 3.5 bathrooms, fully finished walk out basement, hardwood, lots of upgrades & a 3 car garage! \$899,900

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This year I have teamed up with the Second Chance Animal Rescue Society (SCARS) to help raise awareness and hope for those animals who are in need of a second chance in life. I will be donating a portion of each sale directly towards this organization. By listing or purchasing a home through me you are helping in supporting SCARS. SCARS is a volunteer-run, not-for-profit organization that provides veterinary care and foster homes for animals in need until a permanent home can be found. SCARS relies solely on money raised through memberships, donations, sponsorships and other fundraising efforts, therefore every dollar counts. In the past 5 years SCARS has found homes for more than 1600 animals and with your help they will continue to give animals this second chance! For more information on this organization or to start the search for a new addition to your family, go to www.scarscare.org today! Thank you for our support!



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Trustee sees impact of language in kids



by Catherine Ripley

Edmonton Public Schools, Ward H trustee

¡Saludos! Grüße! Salutations! Greetings! I wonder how many languages you can speak and understand.

I am limited to being fluent in English and in a pinch, I can get by in French. When I meet people who grew up in Europe and can speak four to five languages, I am envious.

For today's students, in an era of globalization, a second language has many advantages. Alberta Education lists positive impacts in five areas: 1) intellectual potential (for example, superiority in divergent thinking tasks and in memory ability and attention span), 2) scholastic achievement (eg. higher test scores in reading, language and mathematics), 3) citizenship (greater cultural sensitivity), and 4) good economic job prospects.

The fifth area of positive impact is one that made me ask at an April board meeting why all children aren't taking a second language in our schools!

"Second language education significantly strengthens first language skills..." states Alberta Education, and "the earlier the start, the greater the positive effect on the first language."

But first things first! In addition to offering immersion and bilingual programs in Spanish, Arabic, Hebrew, Ukrainian, French, German, and Mandarin, Edmonton Public Schools is busy implementing its commitment to ensuring that all Grade 4 - 9 students will have the opportunity to study another language (which is not yet the case in other parts of Alberta).

This new requirement came into effect last September and will roll out one year at a time in schools that are not already offering a second language, and by 2014, the district estimates that 65,000 students will be exposed to a second language. Given the list of positive impacts above, isn't this wonderful?

I am also proud that the district is unique in North America in providing internationally recognized language assessments as authorized by government authorities in China, Germany, Spain, France, Japan, and the Ukraine, and that last September, it launched the Institute for Innovation in Second Language Education (IISLE).

As the first comprehensive language institute in North America, IISLE's purpose is to develop excellence in second language education. Finally, on May 4, Edmonton Public Schools was delighted to celebrate its new partnership with the prestigious Confucius Institute of China, which will operate out of the Alberta School for the Deaf.

The institute allows us to significantly enhance our ability to support Chinese language and cultural education, provides new opportunities for exchanges for teachers and students, and is a resource on Chinese language and culture for all Edmontonians (including business people).

The options for second language education in Edmonton Public Schools are diverse and plentiful, including immersion or bilingual opportunities for French, German, and Spanish right within Ward H (southwest Edmonton).

I encourage you to celebrate, support, and take advantage of these opportunities. If you have questions about second languages or any other issue, please feel free to contact me at 887-1002 or Catherine.Ripley@epsb.ca ¡Gracias! Danke! Merci!

Transit service to improve, says Iveson



By Don Iveson

Edmonton City Councillor, Ward 5

A frequent topic on the doorsteps last fall, and an issue close to my heart, is improving Edmonton's transit service across the city, but especially in the southwest.

The LRT is coming to Southgate and Century Park by 2010, which will represent a significant step forward for transit in this end of the city. However, given that there are no plans for park and ride at Southgate nor Century Park, and little

likelihood of a feasible option emerging, our challenge remains to make bus feeder service relevant and usable to get residents to the LRT.

Edmonton Transit has engaged ENTRA Consultants of Toronto to prepare a Transit Growth Strategy, which will make suggestions for strategic service improvements.

It will also consider the needed changes in service in the southwest required to complement the south extensions of the LRT that will come into service in 2010.

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Councillor explains how tax bills work



By Councillor
Bryan Anderson

A citizen's property tax bill is based on this:

- a) the market value of their property (or the "assessment"), and
- b) the tax rate approved by city council

So, property assessment (market value) X property tax rate = property tax

The whole picture

There has been a dramatic increase in market value for homes in the City of Edmonton, on average 65 per cent from July 1, 2006 to July 1, 2007 (the valuation date for 2008 taxes). This may raise concerns amongst property owners, but, wait...this doesn't mean your property taxes will be going up 65 per cent. In fact, the average tax increase is 7.5 per cent, a combination of the municipal budget requirement and the provincial education tax requirement.

Your change in taxes depends upon: whether your home's market value increased by more than, less than, or equal to the average market value increase in Edmonton, and the budget increase approved by city council.

Market value assessment
The annual 2008 property assessment assigned to a home is based on a combination of factors: the real estate market in Edmonton as of July 1 of the previous year
the market value of your home as compared to other similar homes in your area, and
the characteristics of your home (including improvements made until Dec. 31 of the previous year).

If the market value of your home increases at a higher rate than the average increase for homes in Edmonton, the tax increase percentage will be higher than the average.

Note: Annual property assessments are based on actual real estate sales of similar homes.

Property tax rate

Some people think that the city raises the market values of properties so it can collect more money.

This is not true and that's where the second part of the equation comes into play, the tax rate.

The same tax rate is applied to all single family residences. The tax rate is adjusted yearly so that the city takes in the same amount of money it did in the previous year plus the tax increase approved by council. For example, in 2007, the tax rate for single family homes was .0052016. In 2008, it decreased to .0035394. This means that even though a property may have been assessed higher than last year, it's being multiplied by a lower tax rate (see property tax formula), thus, property taxes do not in fact increase just because the market value assessment of a home increases.

For example, a home that was assessed at \$243,500 in 2007 and then increased in market value to \$400,000 in 2008 (the average increase of approximately 65 per cent), would see its tax bill increase from \$2,028 to \$2,182. This represents the 7.5 per cent increase approved by city council.

If you have any questions, please contact me at the office at 496-8130 or via e-mail: Bryan.Anderson@edmonton.ca.

Councillor expects bus routes 35, 36 and 37 to increase service times in Terwillegar area

...continued from Page 6

The ENTRA report will come before the transportation and public works committee on June 10, and I will be scrutinizing it in terms of how it meets the evolving needs of the southwest.

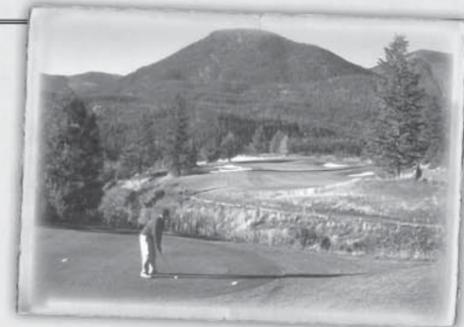
Two weeks later the transportation and public works committee will see a number of reports on LRT planning, including information on a park and ride strategy for the south LRT.

I will continue to push for the extension of the LRT south of Anthony Henday Drive and into Heritage Valley, and for a significant park and ride installation near the Henday and 127th Street to serve commuters from Ter-

willegar and eventually Windermere.

In the short term, council has recently released funds to improve off peak service on the 35 (late night, early morning and weekend evening service to Terwillegar Towne), the 36 (early evening service and Sunday midday service to Haddow), and the 37 (weekday midday and Saturday midday service to South Terwillegar) starting this September. Check the Edmonton Transit website for detailed schedules.

Delivering effective and sustainable transportation options for Riverbend-Terwillegar residents will take time, but I'm hopeful that we can make significant progress in the coming months and years.



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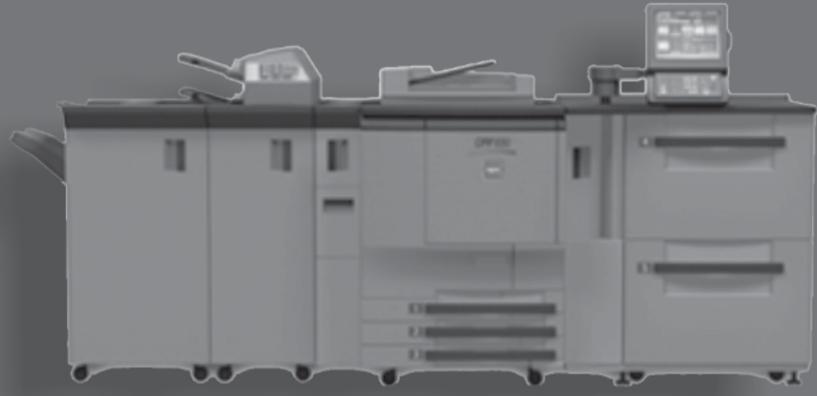
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Catholic board sets priorities for division



*By Marilyn Bergstra
Ward 5 Catholic trustee*

The past several months on the Edmonton Catholic School Board have been busy. Our main focus has been

identifying our priorities as a new board, and dealing with those priorities. I would like to highlight some of these.

One of the main areas where I have been working is on our board advocacy committee, a committee made up of several trustees (myself included) and the superintendent. Our goal is to identify priorities for the district, and to develop strategic plans for implementation. So far, the issues at the top of the list are funding for special needs students, First Nations, Métis, and Inuit (FNMI) programming, transportation, and infrastructure.

Our goal for special needs students is to have adequate funding in place so that programming and staffing can support all of our special needs students including mild and moderately handicapped as well as our gifted students. We are

currently working with both staff and parents to build our strategic plan.

FNMI programming is another initiative that we have recognized based on a growing student body requiring culturally sensitive programming. The focus is on improving high school completion rates and preparing student for success in Alberta's workforce. Both the board and our administration have been creative in our collaboration with stakeholders to develop what could be groundbreaking work in this area.

In terms of infrastructure, student population continues to grow at Edmonton Catholic Schools, and in Ward 5, many of our schools are operating at capacity. The province will follow through with a previous commitment to one elementary (opening 2010), one elementary/junior high (opening 2010), and one high school (opening to be confirmed). We look forward to these new schools, but in the meantime, we are working to ensure that we have adequate space, which includes securing sufficient portables.

The issues for transportation include escalating fuel costs, staffing shortages, safety, and drive times. This is an ongoing concern for our

district and we are dialoguing with various groups, including the City of Edmonton to manage our students' transportation in the best possible way.

In addition to my work on the advocacy committee, I brought forward two notices of motion for consideration by our board. Both relate to health and wellness. The first was a request to review our student nutrition policy in hopes to reduce the in-school availability of foods of low nutritional value. The second was to address excessive vehicle idling on and around our school grounds, as this has been acknowledged as a health issue for school children.

Finally, I recently initiated the possible introduction of an advanced science module by inviting a representative from Alberta Ingenuity to present to our board. Alberta Ingenuity is a government fund for innovation and technology that also works toward enriching curricula at the high school level.

All in all, we have lots to work on. If you have any comments on any of these issues or would like to share other viewpoints, please feel free to contact me at bergstram@ecsd.net.

New Terwillegar Catholic school is named

Edmonton Catholic Schools recently decided the names of four new schools.

Three of the schools, announced by the provincial government last year, are scheduled to open in September of 2010.

The fourth, a high school in Terwillegar was announced by the provincial government earlier this year and is scheduled to open in 2011 or 2012.

Sister Annata Brockman Catholic Elementary/Junior High

Location: The Hamptons in West Edmonton
Approximate address: Hemingway Road and Hardy Point
Capacity: 500 students

Highlights of Sister Annata Brockman's life: Teacher and Administrator in the District for 21 years; she was the last religious principal in the District; Sister Annata continues to work today with the sick and terminally ill.

Monsignor William Irwin Catholic Elementary

Location: Terwillegar Towne in southwest Edmonton
Approximate address: East of Taylor Green and Tompkins Way
Capacity: 500 students

Highlights of Monsignor William Irwin's life: Founder and Chief Executive Officer of Catholic Social Services in 1961; touched the lives of every Catholic in the Edmonton area; appointed by the Governor General of Canada as an Officer of the Order of Canada in 1995; died at the age of 76 in 2004.

Monsignor Fee Otterson Catholic Elementary/Junior High

Location: Rutherford in southwest Edmonton
Approximate address: 114 Street and 14 Avenue
Capacity: 500 students

Highlights of Monsignor Fee Otterson's life: Graduate of Edmonton Catholic Schools; teacher/administrator with the District for over 30 years; continues after 45 years to celebrate the graduation mass at Austin O'Brien High School.

Mother Margaret Mary Catholic High School

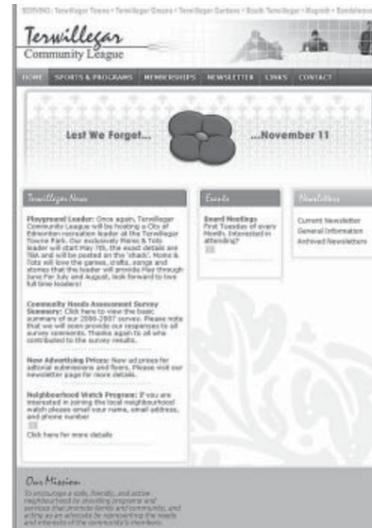
Location: Terwillegar in southwest Edmonton
Approximate address: Terwillegar Drive and Leger Road
Capacity: 750 students

Highlights of Mother Margaret Mary's life: Born Laura Hickey in 1890, Mother Margaret Mary became a member of the Faithful Companions of Jesus (FCJ) congregation in 1910. The FCJ sisters were the first community of religious women who taught in Edmonton Catholic Schools, beginning in 1888; Mother Margaret Mary taught in the District for 50 years. The new schools naming committee received over 130 submissions from the Catholic community for a total of 78 suggested names for the new schools. The committee consisted of: Board Chairperson Cindy Olsen and the entire board of trustees, Superintendent Joan Carr and the Director of Religious Education Services, Heather Jamieson.

"I'd like to offer a sincere thank you to everyone who submitted names for the schools," said Olsen. "We had such wonderful names submitted and it was a difficult decision for the committee to make but we are thrilled with the names chosen for our new schools."

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League searches for traffic solutions



By Steve Simala-Grant
TCL President

There are always lots of issues on our Terwillegar Community League board meeting agenda; in the last few months one of the big topics has been traffic.

We've all experienced having to pull over between parked cars for on-coming traffic, high volumes on narrow streets, corners that are difficult to see around because of parked vehicles, concerns about limited access to South Terwillegar and Sandalwood, and speed.

Your community league board has been discussing solutions with city planners. We've made them aware of some of the trouble spots, and have asked them to examine how to improve the safety and efficiency of access and traffic in our neighbourhoods.

The first response from the traffic department has been "have patience... the infrastructure is not yet complete, and we're confident that when it is your traffic situation will improve."

Specifically, traffic planners are talking about the connection between Rabbit Hill Road and Anthony Henday Drive. Projections are for that connection to be completed in two phases – by this fall, we should have "right-on, right-off" access: this simply means that we will be able

to turn "right" – "on" to the Henday from Rabbit Hill Road (so only heading west towards the river), and "right" – "off" of the Henday onto Rabbit Hill Road (so only being able to turn onto Rabbit Hill if you've been heading west on the Henday from 111 St.). A full interchange is the responsibility of the provincial government, and is targeted for completion in three years (2011).

Other suggestions, such as connecting 156 St. to Toane Wynd (in Terwillegar Towne) have been suggested and opposed by the community league. We continue to search for positive alternatives to current problems.

We've created a working group of the community league board to look at these issues in more detail. This group will aim to stay on top of developments, communicate with planners and with city council, consider suggestions and make recommendations to improve the current situation (such as partial parking bans on one side of busy streets), and communicate with residents. Please contact Richard Pangrass, our vice-president, for more information (vicepresident@terwillegar.org).

Of course, there is much more... our summer programs are starting soon, especially the "green shack" at the park in Terwillegar Towne (which is being named "Tomlinson Park", since it is on Tomlinson Common); our soccer posts for two fields have been installed in that park; the city

and school boards have just about completed the footprint for the public k-9 school and the Catholic school (located in the large open green space between Terwillegar Towne and Terwillegar Gardens); construction began on the new public senior high north of 23 Ave.; the Rec Centre continues to move ahead; our February casino funds should arrive soon; membership sales are at record levels; and we have a healthy cash balance. There is much going on for about 10 volunteers!

All of these steps are possible only thanks to the volunteer efforts of the board of directors and the many community members working together to achieve our vision. To encourage a safe, friendly, and active neighbourhood by providing programs and services that promote family and community, and acting as an advocate by representing the needs and interests of the community's members.

VOLUNTEERS REQUIRED

The Terwillegar Community League is looking for volunteers for upcoming registration days. Volunteers would be asked to sign up residents as league members. The following registrations are: SWAT Hockey one day only in person registration is June 14 from 10 a.m. to 3 p.m. at Riverbend Community Hall, Confederation Hockey is June 14 from 10 a.m. to 3 p.m. in person registration at Providence Centre, Indoor Soccer and Community Basketball, Sept. 6 from 10 a.m. to 2 p.m. and Sept. 10 from 6:30 to 8:30 p.m. Contact Kim at memberships@terwillegar.org if you are interested.

WHO'S A GOOD
NEIGHBOUR?
DO YOU KNOW
OF SOMEONE
WORTHY OF
MENTION?

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EDITOR@TERWILLEGAR.ORG

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Finding ways to enjoy the summer season



By Pastor Ken MacDonald
Terwillegar Community Church

Of all the seasons, most people like summer the most. In fact we seem to savour summer, extracting every last ounce of its pleasures. The truth is we get very calculated as to how we are going to spend the summer. We jealously guard the time so we can thoroughly

take delight in this favourite time of year. We don't want to miss a minute.

There are a host of ways that we can enjoy the summer of 2008 but let me remind you of a few.

First, stop to smell the flowers. Summer is a stunning time to slow the pace and absorb the handiwork of God. What an awe-inspiring designer! This is an incredible world wherever you go. There is something very relaxing and inspiring about inhaling the beauty that is splendidly displayed around us. It's in that stroll in the River Valley, that walk around the golf course, that hike in the mountains that refreshes and renews the body, mind and soul. Carve out creative time this summer to observe beauty, allowing the external to refresh the internal. Experience rest and renewal!

Second, fire up the barbecue. The barbecue is a symbol of community in our culture. Perhaps more clearly said, "invest in your relationships this summer." Summer is a great time to build relationships with family, friends and new neighbours. We may feel a little intimidated to have our neighbours over

for a formal supper, but a barbecue sounds very doable. Everywhere you go, strive to make relational deposits into the people who live around you. Take time to encourage people by giving them a lift, a little encouragement, a little affirmation. We can view our relationships as "emotional bank accounts." I have an account with every person with whom I have a relationship, whether a family member or colleague or friend, or person I interact with at the gas station or restaurant. How do you make a deposit in someone's account? It might be as simple as taking the time to walk over and shake that person's hand. "How are you doing today? Good morning. Great to see you!"

Third, if it doesn't have your name on it, don't pick it up. Perhaps this summer would be the opportune time for us to stop assuming responsibilities that aren't ours. Stress comes from micromanaging others and taking on responsibilities that we weren't intended to carry. Perhaps many of us will be away for some vacation time. We can trust that life and work will carry on well even when we are away. This is a great time to establish healthy boundaries and allow people to develop under your care and leadership.

Enjoy your summer. Every minute of summer is to be inhaled and enjoyed.

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Children's Church

Infant and Toddler Classes

Solicitor General Staff College

1568 Hector Road

Wednesday 7:30 p.m.

Adult Bible Study

Youth Group

www.upstreamband.ca

5503 143 Street

www.newandlivingway.ca

info@newandlivingway.ca

438-6333



Riverbend Lutheran Church



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www.riverbendlutheran.com

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Kathy Cornish Dir. of Youth & Parish Services

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Activities abound for mothers and babies

By *Connie Peters*

Modern motherhood demands that moms take care of ourselves and our interests in addition to the endless demands of motherhood itself.

Gone (long gone) are the days that mom sits at home all day folding the laundry, tending to the baby, watching soap operas and preparing a feast and a cocktail for 5 p.m.

Women want more than that, we need more. We take baby out to stimulate him/her, meet other moms, learn new things about motherhood, go for a run (they did not even have jogging strollers not-so-long ago!).

Here are some suggestions on what to do with baby around Edmonton, within reasonable proximity to Riverbend:

Gymboree

It's 10 minutes from the heart of Riverbend (Terwillegar & Rabbit Hill Rd) and geared for ages 0-5.

Gymboree was created by a mom over 30 years ago and has since grown to more than 500 franchised locations in 26 countries. All of its programs (art, gym and music) are researched and developed by early childhood educators with a focus on developmentally appropriate activities. Its gym is colourful, stimulating and safe.

There are good class leaders who are enthusiastic and well-trained. The gym equipment and layout changes with each new theme (about every two weeks) and they offer a broad range of class types and times – which easily accommodates families with more than one preschool aged child. Mascot 'Gymbo' the clown keeps the kids coming back. Start anytime – there are no set semesters or session dates.

The cost is \$160 for 10 classes and there's a free trial class. The program also offers a discount for



concurrent sibling enrollment and is eligible for Alberta's Stay-at-Home Parent Support program (this could be free based on your family income).

Rhythm, Rhyme and Story Time

It's an eight-minute drive and geared for ages 0-5.

This homegrown program combines songs, musical instruments, dancing, crafts and free play.

It's a wonderful combination for little ones under six, an especially nice class for siblings. The class is offered around town – the closest to Riverbend being Greenfield Recreation Centre, but also in Sherwood Park, the Jewish Community Centre and Ardrossan.

A local mom put this program together and it has since been taken over by Joy Burkinshaw. Joy is a very musical leader engaging the kids in every song and rhyme. She brings different, interesting and unique musical instruments to every class.

After a nice 45 minute class time we break into the gym and do a craft – generally for about 10-15 minutes. It's then time for free play on the various ride-on toys, play dough, pretend toys and mats and puzzles. Joy reads a story while the children have a quick snack and then it's parachute and time to go home.

It's a great value at \$103 for a 90-minute class – 10 weeks long. It's eligible for Alberta's Stay-at-Home Parent Support program (this could be free based on your family income).

YMCA

It's a nine-minute drive and for all ages.

This North American mainstay offers various programs for moms and babies including babyitting so that mom can attend that much needed yoga class.

The drop-in playground offers a chance to get out and play on an otherwise indoor day, and swimming in the wonderfully warm shallow pool offered for mom and baby as young as six months. It's great for multi-sibling families due to the plethora of options.

Non-member prices are \$43 for mom & baby swimming, \$4 for drop-in play, \$4.50/hr for child-minding and \$71 for yoga class.

Check the next issue of the Terwillegar News for more reviews on what's happening for parents in the Riverbend-Terwillegar area.

Connie Peters is a mother to two pre-school-aged children in Riverbend and founder of www.modernmama.ca.

Know of a good story
about your community?
Feel free to let us know!
Terwillegar Community League
needs your voice!
editor@terwillegar.org

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with the chic who clix

Dear Reader...

To my valued clients,

For over 13 years you trusted the times of your life to me. **Thank You**

Through my store and portrait studio in Riverbend, I have always enjoyed sharing your memories and we always had so much fun creating new ones! Whether it was enjoying your photos with you, sharing a laugh over a funky greeting card, or shooting a portrait while doing my "MONKEY" imitation to make you and your families laugh... it was always the time of my life!!

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Welcome to Cindy Gannon Photography. Contemporary, fun, funky portraits and all in the heart of our City. Our cool new studio allows us to focus on what we do best by serving our clients in the ways only we know how. The studio is centrally located, the space itself is VERY cool and everything that we have put together was done to make YOUR experience that much more enjoyable.

You can drop by anytime and see what we now have to offer; **A FULL SERVICE** portrait, wedding and commercial photography studio that is second to none. Come in and lets have a coffee or a glass of wine so I can show you how much your business has meant to me. Looking forward to your next visit.

Sincerely,

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President & Owner
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Meet your neighbour - Nicole Tull

By Terri Saunders

When Nicole Tull and her husband, Russell, moved from British Columbia, they bounced around a few different Edmonton neighbourhoods before settling down in Terwillegar Towne. They were looking for a safe, family-oriented neighbourhood for their young family and found great success.

"We can't believe how many people we've met that are in the same boat as us!"

Nicole has since enjoyed the Family Day event, skating on the pond, and going to the local park with her kids, four-year-old Reid and two-year-old Kaitlin.

She's even taken the initiative to organize her area's first annual block party – a successful venture.

"I just wanted to meet people," said Nicole.

So a few flyers were delivered, tickets were sold, and the event quickly came together with contributions from Carma, CTV, and Burke

Perry. Nicole has also extended these organizing abilities to family gatherings and other functions.

When not attending or organizing festivities, Nicole spends much of her time at the YMCA. There, she's able to drop Reid off at playschool, Kaitlin at a babysitting service, and head to the gym for her regular tune-up.

"We find that's a good place to meet people," she said.

In addition to swimming lessons and going to the play gym at the YMCA, Nicole also has the kids enrolled in gymnastics, music class, hockey, and soccer throughout the year. Moderation is key though.

"I cannot overbook us – it just gets to be too much," added Nicole.

Amazingly, Nicole still finds time to delve into her own activities. She is quite involved in quilting, serving as the first vice-president for the Edmonton and District Quilters' Guild. In this role she organizes two retreats a year, as well as a

12-hour "UFO" or "Unfinished Objects" day. "It's good networking and you get to meet lots of different people who do the same thing you do," she said.

She even has her own quilting website, www.nicolescollections.com, where she shows some of her work, and provides others the opportunity to special order one-of-a-kind quilts by her hand.

So what do we see in her future? Well, in the long term Nicole is looking to provide nutritional advice for a healthy lifestyle. She wants to help people "pick out healthy food . . . prepare meals that are healthy, so that somebody can make their own choices."

This may mean returning to school to finish her degree in nutrition to supplement the human kinetics degree she's already obtained. In the meantime, watch for Nicole's new bundle of love in October!

Like to nominate a neighbour for an article? Contact the editor at editor@terwillegar.org.

Letter to the editor A comment on crime prevention

To the Editor:

I thought I would write a letter in response to Teresa Krefting's article in the March 2008 edition, "Crime prevention needs all eyes" as my family was recently a victim of vandalism.

At around 12:30 a.m. of April 26, someone attempted to break into our house. The individual broke the glass in the back door, reached in and turned the deadbolt. Thankfully, she or he didn't enter the house – only opened the door and then left – but it was still an unsettling experience, especially since I am in my last trimester of pregnancy.

Since living in Terwillegar, I've had a false sense of security. I never really believed something like that would happen here. Granted, we and the police believe it was just a kid causing mischief, but nonetheless, there was an invasion that took place.

There are a few things we've learned since this happened that we've adopted to try to ensure that this doesn't happen again, as despite having an alarm system sticker on the door, the individual decided to break the glass anyway and take his or her chances.

We have no hope that the person who did this will be caught. But, I thought it was important to communicate what happened to us so that people will seriously start thinking about their own security in order to take steps to reduce their chances of this happening to them. 3235

That's why I believe now more than ever that a Community Neighbourhood Watch Program needs to be instituted, as it's my understanding there still is not one in place.

I tell you, it's not a fun feeling to be woken up to sounds of shattered glass, to realize someone has invaded your sanctuary, to call 911 and to wonder at the same time if that person is hiding in your house somewhere. I'll never look at this neighbourhood the same way again.

Chantal Patenaude

The Terwillegar Community League thanks Campers' Village for its support of our ski night.



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- ADULTS (ages 14 and up)
Tuesdays & Thursdays 6:30 - 8:00 pm



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Spring Playground Program

Moms, Dads, Tots, & Kids!

@Tomlinson Park

(Located on Tomlinson Common)

Mon, Tues, Wed, Fri.: 9:30 a.m. to 4 p.m. – Starts May 20

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The summer programs are open to any child wishing to participate. The leader will ensure participants play safely. Parents are responsible for their children at all times and must be available in case of emergency.

For further information regarding summer programs and day camps:
Call 496-4999 or check our website: www.edmonton.ca

JOIN THE LEAGUE

Name #1: _____	Date: _____
Name #2: _____	Membership Type:
Address: _____	Senior: <input type="checkbox"/> Single: <input type="checkbox"/> Other: <input type="checkbox"/>
Postal Code: _____	Adult: <input type="checkbox"/> Family: <input type="checkbox"/>
Res. Ph.: _____ Bus Ph.: _____	Member interested in participating in activities?
Email: _____	Yes <input type="checkbox"/> No <input type="checkbox"/> (See Over)
Children's Names: _____ Y/M/D _____ M/F _____	Member willing to volunteer?
_____	Yes <input type="checkbox"/> No <input type="checkbox"/> (See Over)
_____	Fee Paid: _____
_____	Donation: _____
_____	Total Paid: _____
Terwillegar Community League	# of Skate Tags: _____
	Cash: <input type="checkbox"/> Cheque: <input type="checkbox"/> Cheque#: _____

Volunteer Interests	Comments
Activity Interests	



Coming events

June 14: SWAT Hockey
Registration, one day only
Location: Riverbend Community Hall
10 a.m. - 3 p.m.

June 21: Capital City Clean Up
Location: TBA 10 a.m.- 1 p.m.

June 24: Summer Kick Off
Water fight
Location: T Towne Playground
3 p.m.- 4:30 p.m.

July 1: Canada Day Bike Parade
Location: T Towne Playground
10:30 a.m. - noon

Aug. 26: Summer Wrap Up
Water fight
Location: T Towne Playground
3 p.m.- 4:30 p.m.

Sept. 6 and 10: Registration for indoor soccer and community basketball
Location: TBA

If you know of any upcoming events and would like to list them in the newsletter, please contact editor@terwillegar.org.

MEMBERSHIP FEES: FAMILY, \$40,
SENIOR/SINGLE/ADULT, \$30

MEMBERSHIPS EXPIRE ANNUALLY ON AUG. 31.

SEND MEMBERSHIP FORMS TO:
TERWILLEGAR COMMUNITY LEAGUE
BOX 84031, TOWNE CENTER RPO
T6R 3A0

PLEASE MAKE CHEQUES PAYABLE TO:
TERWILLEGAR COMMUNITY LEAGUE

Free swim time

Don't forget that with a community league membership, you get free swim time at the Confederation Leisure Centre at 11204 43 Avenue on Sundays from 4 to 7 p.m.



Please bring your membership card; admission may be declined without presenting your card.



(Left to right) City councillor Bryan Anderson, Tim Cartmell, Monique St. Louis, MLA Dave Hancock and daughter participated in the TRAC Fun Run on May 25.

TERWILLEGAR CLASSIFIEDS

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Nanny (live out) or Home Daycare Needed

We are looking for a nanny to come into our home to care for our 2 children (14 months and 10 yrs). We would also consider a day home if you have availability. Please contact Jean at 433-6809.

Do your spring cleaning without using any chemicals!

Book your Norwex party today by calling Priya @ 439-9953 or e-mail priyanelson@gmail.com.

Babysitter Wanted – 2 mornings/week in my home (new Riverbend). July and August only. Two girls aged 2 and 4. Call 222-2950.

*Classified ad - \$10 for 25 words or less!
Send to editor@terwillegar.org*

TRAC Fun Run draws over 200 participants

by Rob Agostinis

A chilly and overcast Sunday morning didn't prevent over 225 walking and running enthusiasts from enjoying the third annual Terwillegar Riverbend Advisory Council (TRAC) 10K Fun Run on May 25. Presented by TRAC and the Running

Room, participants convened at Archbishop Joseph MacNeil School for a three km family walk, and a five km or 10 km fun run.

Everyone was keen to stay active and warm including a few entrants with jogger strollers and the odd biker joining in the fun. Post race ac-

tivities featured face painting, breakfast snacks, prize draws and the medal ceremonies. Please see the results below. This event was a fundraiser for elements of the Southwest Community Recreation Centre, to be completed at the northeast corner of Terwillegar Drive and 23 Ave. in 2010. The project begins construction this month.

TRAC would like to thank all the major sponsors for this event. They include: Running Room Ltd., Walking Room, Miller Thomson LLP, Cindy Gannon Photography, Melcor Developments Ltd., Strategy Summit, Scotiabank and Infinite Fitness Personal Training.

TRAC would also like to thank all the local Terwillegar/Riverbend sponsors, volunteers and especially the TRAC Fundraiser Coordinator, Dave Rumbold.

RESULTS FOR 10K RUN:

- MEN Sebastian Cabezas 43:56
Gerry Salm 44:42
Ken Unruh 45:14
- WOMEN Ashleigh Evaniew 45:21
Roberts Jones 46:54
Anne Halpin 47:38

RESULTS FOR 5K RUN:

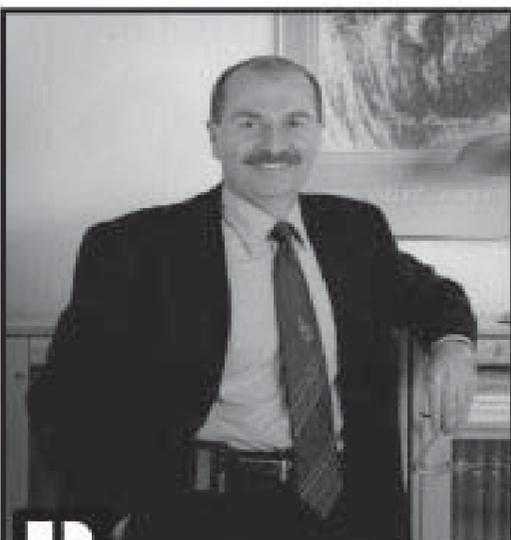
- MEN Marvin Severson 25:13
Filip Radulovic 26:56
Matthew Van Dolder 28:38
- WOMEN Karen Kosior 27:21
Karey Steil 27:25
Kim LaFrance 28:17



This photo from the Running Room captures last year's TRAC Fun Run as participants take off from the start line.

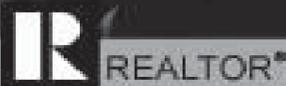
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